



live to Run...  
Run to live

# Winterfest 5K Run or 1.6M Fitness Walk

## 40<sup>th</sup> ANNUAL

### Saturday, February 8, 2025

### Small Memorial Park, Kankakee, IL



live to Run...  
Run to live

**Sponsored By**  
Court Street Ford  
Kankakee River Running Club



**Contributing Sponsor**  
The Chicago Dough Company

**Course Description**  
The 5K run is a 2-loop course run on the city streets following the perimeter of Small Memorial Park and Kennedy Upper Grade School. The 1.6 Mile walk is 1 loop of the same course. The finish will be computerized.

**Race Directors**  
Rich Olmstead 815-549-9633  
E-mail [talkinglvs1@comcast.net](mailto:talkinglvs1@comcast.net)  
Ken Klipp 815-937-1958

**Shirts are only guaranteed to those who pre-register by February 1, 2025 and select the shirt option.**

**Registration and Staging Area**

The Civic Auditorium, located at 8th Street and Charles Street, is the staging area. Take I-57 or Rt 45 to Rt 17 (Court Street), and go west across the river to Wall Street (1st light). Go south on Wall Street to Water Street (stop sign, T-intersection). Turn right, and go two blocks. Race day registration will be from 11:30 a.m. to 12:30 p.m. The race begins at 1:00 p.m.

**NOTE – Changed last year and effective again in 2025**

- 1) The walk will be 1 loop around the course, making it 1.6 miles. This will facilitate an earlier start on the awards. The 5K run will be 2 loops around the course.
- 2) Choice of Dri-Fit or cotton shirt

**NOTE -** Due to problems getting our preferred venue date, we are on the same date as Frosty 5 in Channahon. Anyone doing both races will be placed in a drawing for a \$50 cash prize.

**Pre-Registration Mailing**

Mail check to KRRC  
690 S. Wildwood Ave.  
Kankakee, IL 60901  
by February 4, 2025

**Entry Form**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Age on 2/08/25 \_\_\_\_\_  
Phone \_\_\_\_\_  
Email address \_\_\_\_\_  
Gender: M \_\_\_\_\_ F \_\_\_\_\_  
Race: 5K Run \_\_\_\_\_ 1.6 Mile Walk \_\_\_\_\_

**Registration Fee**

Pre-Registration **No Shirt** \$15.00 \_\_\_\_\_  
Pre-Registration **With Shirt** \$30.00 \_\_\_\_\_  
Race Day Registration **No Shirt** \$25.00 \_\_\_\_\_  
Age 18 and under or KRRC and PSRR  
Members: Deduct \$2.00 \_\_\_\_\_  
Shirt type (circle one) Dri-Fit Cotton  
Shirt size (circle one)  
Women's Sizes (May run small): S M L XL  
XXL Add \$2:00 \_\_\_\_\_  
Men's Sizes S M L XL  
XXL Add \$2:00 \_\_\_\_\_  
**Amount Enclosed** \_\_\_\_\_

You may also register online at: <https://runsignup.com>

**Waiver of Liability**

In consideration of acceptance of this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, my executors, and administrators, waive and release any and all rights and claims for any damages, loss, liabilities, claims, demands, costs and expenses, which I may now or in the future have against the Winterfest 5K, the City of Kankakee, the County of Kankakee, the Kankakee City Police, Kankakee Valley Park District, Kankakee River Running, the Race Directors, and any and all sponsors. Further, I hereby grant full permission to any and all of the foregoing to use any photograph, video, recording or any other record of this event for any purpose whatever.

Signature (Parent or Guardian, if entrant is under 18) \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

## Charity

A portion of the proceeds from the Winterfest 5K will be donated to The Salvation Army. Please bring a canned food or non-perishable donation for the food pantry.

## Awards

**Running division:** Top 3 overall male and female, top male and female masters (40 and over), proportioned awards in 5-year age groups for male to age 75+ and female to age 75+.  
**Walking division:** awards to the first 10. **Please note:** The fitness walk is on the honor system and for **walkers only**. If you are going to run any part of the course, you must register as a runner.

## T-Shirts

Long-sleeved shirts (either Dri-Fit or cotton) guaranteed to all pre-registered by February 1, 2025, who select the shirt option.

## Refreshments

Pizza from The Chicago Dough Company

## KRRC's Classic Series

Winterfest 5K is Kankakee River Running Club's first club-sponsored race of the year, and is a qualifying race for the Classic Series. See the club website [www.KankakeeRiverRunningClub.com](http://www.KankakeeRiverRunningClub.com) for details on the Classic Series.

KRRC  
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