



May Newsletter

VOLUME 44 ISSUE 5



Weather is getting warmer! The flowers are blooming and the sun is shining!

So many fun runs coming up this spring/summer check out [Run calander](#)

To see all the runs coming up.

Don't forget to send in your stories/reviews about the runs!

April Mileage Challenge

The results of the April Mileage Challenge are in and it looks like the Maturity team beat the Yutes again. "Oh, excuse me Your Honor, the Youths." (Aologies to Joe Pesci.) Maybe next time we will have to raise the age of joining the Maturity team from 55 to 60. The final mileage was Youth team 1105.98, Maturity team 1513.69.

Maybe we need to come up with a new challenge to spike the interest in the challenge. We've done Guys vs Girls, Youth vs Maturity. We've also done a challenge where everybody worked towards a donation goal. We've discussed the idea of doing total minutes of any kind of exercise instead of miles. If you have any ideas, let us know at krrclub@gmail.com



WARRIOR RUCK

A FUNDRAISER FOR
VETERAN SUICIDE PREVENTION AND AWARENESS



20 MILE RUCK MARCH TO HONOR OUR FALLEN

SATURDAY MAY 28, 2022
VFW POST 1493
Frankfort, IL

Following the ruck, join us at the after party for drinks,
food, and live music by

CADILLAC GROOVE

STEP #1

SIGN UP HERE:



STEP #2

ARRIVAL

CHECK IN: 0900-1030
NATIONAL ANTHEM & 21 GUN
SALUTE: 1030-1100
RUCK STEP TIME: 1100

STEP #3

AFTER PARTY:

6:00PM -MIDNIGHT



Questions? Contact us at
info@beacontraininggroup.org

[Warrior Ruck link](#)

I Got Your Six 5K

A run honoring our local police officers and bringing awareness of the dangers police officers face everyday. Sunday May 22nd, 8:30 AM at Perry Farm in Bourbonnais

[I Got Your Six 5K Link](#)





2022 Springfest runners getting ready to start



Boy Scouts (troop 382) post the colors at Springfest.

Bourbonnais Friendship Festival 5K Run/1.5 Mile Walk

The next club race is the Bourbonnais Friendship Festival 5K Run/1.5 Mile Walk, coming up on Saturday, June 25th at 7:30 AM. It starts near the corner of William Latham Drive and Stratford Drive East. A printable mail-in entry form is available here: [Link to Entry Form](#) Online registration will be set up soon and will be available at: [Link to Online Registration](#)

This is the third race of the club's Classic Series. For details on the Classic Series go to: [Link to Classic Series details](#)



May Birthdays

05/01 Phil Newberry 60

05/03 Debbie Dye 50

05/16 Laura Loica 53

05/19 Theresa Golwitzer 60

05/23 Jennifer Clary 42

05/27 Rick Loving 52

05/31 Bob Welsh 71