

Volume-41 Issue 12 December 2019 Kankakee River Running Club



→ <u>Facebook Group</u> ←

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Online registration is open at:> Race sign up link here <



Course Description

The Winterfest 5K Run and Fitness Walk is a 2-loop course run on the city streets following the perimeter of Small Memorial Park and Kennedy Upper Grade School. The accuracy of the course is certified by USA Track & Field, and the finish will be computerized.

Registration and Staging Area

The Civic Auditorium, located at 8th and Charles Street, is the staging area. Take I-57 or Rt 45 to Rt 17 (Court Street), and go west across the river to Wall Street (1st light). Go south on Wall to Water Street (stop sign, T-intersection). Turn right, and go two blocks. Race day registration will be from 11:30 a.m. to 12:30 p.m. The race begins at 1:00 p.m. Feb 2nd



Run or Walk and Win \$100!

The area high school with the most participants-teachers, students, and staff- will receive a \$100 donation for its athletic department. Tell your teachers, students, and staff- February fitness, fun, and funding or your athletic department. Be sure to list your school and whether you are a teacher, student, or staff member on your entry form. (\$2 discount for ages 18 and under.)

Charity

A portion of the proceeds from the Winterfest 5K will be donated to The Salvation Army. Please bring a canned food or non-perishable donation for the food pantry.

Awards

Running division: Top 3 overall male and female, top male and female masters (40 and over), proportioned awards in 5-year age groups for male to age 70 and female to age 65.



Walking division: awards to the first 10. Please note: The fitness walk is on the honor system and for walkers only. If you are going to run any part of the course, you must register as a runner.



T-Shirts

Long-sleeved shirts guaranteed to all pre-registered by January 25, 2020, who select the shirt option.

Refreshments

Pizza from The Chicago Dough Company
Early Start Available

For our slower walkers or runners, we will offer an early start at 12:30 p.m. This will facilitate an earlier start on the post-race awards ceremony. Your finish time will be adjusted accordingly. You should only take this option if your anticipated finish time is 45 minutes or more.



Manteno Military Warriors Vets Day School and Village Jog – Dan Gerber



Military, Veterans, and first responders ran 4 miles on Veterans Day to the 3 Manteno schools and downtown and students and businesses came out to honor and celebrate



Navy Vet Daniel Gerber at the Middle school



Army Vet Mark DuFrain at the Middle school



5 KRRC Veterans braved the blizzard; Daniel Gerber- Navy, John Schimmel- Army, Mark DuFrain- Army, Michelle Lagacy- National Guard, and Brook Beaupre Payne- Kankakee County Sheriff's deputy.





All the school kids and faculty at all 3 schools were out in force!



Bourbonnais buisinessman Jojo Sanyon, drove the battle cruiser with 50 cal machine gun with WWII Pacific Campaign Veteran, Ray Olley and other Vets.

Looking to get more KRRC Veterans to run with us next year! - Dan Gerber

The Dash at Davis

Free No-Frills 7-Mile Race November 23, 2019

Thirty-six
people showed
up to
participate in
this first-time
event at Davis
Creek





All finishers received one of these numbered tiles.





Get your crew together and come run around the neighborhoods of Bourbonnais/Bradley while taking in the holiday decorations. Those attending will be divided into even numbered teams drawn at random. Teams will then be given a scavenger hunt list of holiday decorations to find. Teams will have 90 minutes to run around town (on foot only) to locate the items. Find an item? Then snap a selfie as proof and head off to find the next. Teams may stay together, or split up to cover more ground.

At the end of 90 minutes teams will meet back up, tally up their selfies and see who came out on top and declare bragging rights! Afterwards we will head to a yet to be chosen location for food and either warm, or cold drinks. Your choice! But everyone buys their own.

All kiddos must be with an adult. It will be dark, and we do want to be mindful of safety. That being said, we also recommend everyone wears a headlamp, vest, or a blinker for visibility.

We still have a few details to work out, but I know how busy it gets around the Holidays and I wanted to get this date out way in advance.

Hope to see you all there!

Bourbonnais Municipal Center, 700 Main St NW Saturday December 7th 2019 5pm



The KRRC Christmas Party will be on Saturday, January 4th, 2020, 6:00 PM at the Knights of Columbus, 187 S Indiana Ave, Kankakee, IL. Because it's always hard to find a date in December that works for many people, we moved the party into January.

We will be in the same room as last year. There will be great food, drink and delicious cupcakes!

We will have music, so trade in your running shoes for dance shoes. The Super 7 Series awards will be given out as well as a few raffle prizes. We will also vote on board positions (see details on the next page.)

The cost is \$10 for KRRC members and \$20 for non-members. You must sign up in advance because we have to let the caterers know how many people we will have. Please go to the club website to get signed up, Once you fill in your information you will be forwarded to PayPal so you can make your payment. You can pay there with either a PayPal account or a credit card. Payment/reservations can also be sent to KRRC, 202 Tiverton Rd, Kankakee, IL 60901

Election of Officers

Each year we have an election of club board members, if needed. This takes place at the Christmas party. Our current board members and their intentions for the new year are:

President - Steve Anderson - Remaining Vice President: Chris Snider – Vacating

Secretary: Jackie Skrobot - Remaining. Will take the Vice President

position if that position is not filled via election.

Treasurer: Dave Bohlke – Remaining Trustee: Craig Alberts – Remaining Trustee: Dan Bullock – Remaining Trustee: Debbie Dye - Remaining Trustee: Rhonda Hubert – Vacating Trustee: Patrick Koerner – Remaining

Any of these positions can be challenged by anyone in the club. If you would like to be on the board, let us know. As things currently stand, we will need a secretary and a trustee for 2020. Please forward nominations to krrclub@gmail.com. Before you nominate another person, please check with them to make sure they are OK with it.

Fantastic Four

The Super 7 Series will be replaced by the Fantastic Four in 2020. The Fantastic Four being the four club races. There will be no charge for participating, except your entry fees for the races. Just complete all four club races and receive a special award. No need to sign up, no need to send in race reports, no spreadsheet to track. The four club races are Winterfest (2/2/20), Bourbonnais Friendship Festival (6/27/20), River Rat Race (7/11/20) and Herscher Hare & Tortoise (9/6/20).