



THE PAPER RACE

THE NEWSLETTER OF THE KANKAKEE RIVER RUNNING CLUB SINCE 1979



JANUARY 2002 KRRC NEWSLETTER, 5223 N PIN OAK TURN, BOURBONNAIS, IL 60914 ISSUE 167



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**2002 MEMBERSHIP DUES ARE DUE--PLEASE USE ENCLOSED RENEWAL FORM
SINGLE \$15—FAMILY \$20
IF YOU BECAME A MEMBER AFTER 8-1-01 YOU NEED NOT RENEW UNTIL 1-2003
(If you do not intend to renew, please let me know.)
Marcia Lonergan (815)933-1695 or run4fun@daily-journal.com**

I'D LIKE TO SAY, "THANK YOU" TO ALL THE MEMBERS WHO HAVE CONTRIBUTED TO THE PAPER RACE AND TO THE KRRC IN THE YEAR 2001. LOOKING BACK THROUGH THE YEAR'S NEWSLETTERS, I SEE THAT WE HAD A PRETTY GOOD YEAR. FIRST OF ALL I'D LIKE TO AGAIN THANK DAN WEBER FOR BEING SO GRACIOUS TO TAKE THE TIME AND EFFORT TO RUN OFF THE COPIES OF OUR NEWSLETTER. HE HAS BEEN DOING SO SINCE SEPTEMBER AND I CAN ALREADY SEE OUR BANK ACCOUNT LEVELING OFF INSTEAD OF DECREASING. MORE IMPORTANTLY THOUGH, AS SOMEONE ONCE SAID, "THE PAPER RACE IS THE GLUE THAT HOLDS OUR CLUB TOGETHER." AND THE WEBERS HAVE BECOME A VITAL PART OF THAT PROCESS.

FUNCTIONS ARE ALSO AN IMPORTANT PART OF KEEPING OUR CLUB TOGETHER. THANK YOU TO HENRY & JANET SHELLY FOR HOSTING A FANTASTIC RUN & BRUNCH AT THEIR HOME IN APRIL. AND THANK YOU TO JEFF LONERGAN FOR PLANNING THE POOL AND PIZZA PARTY IN JULY AND TO LINDA LINN FOR ARRANGING THE USE OF THE BBCHS FACILITIES AND FOR BEING OUR LIFE GUARD. IT WAS A SPLASH! ALSO, THANKS TO PAT BALDWIN, DAVE BARRETT & JANET SHELLY FOR THEIR WORK ON THIS YEARS CHRISTMAS PARTY.

THROUGHOUT THE YEAR SEVERAL MEMBERS SENT IN ARTICLES FOR THE NEWSLETTER. THE TWO PRIMARY CONTRIBUTORS TO KEEPING OUR NEWSLETTER INTERESTING ARE CHARLIE GROTEVANT AND DAN GOULD. BASED ON THE ARTICLES THEY SUBMIT, IT IS APPARENT THAT THEY BOTH INVEST A LOT OF TIME WRITING QUALITY STORIES, WHICH I'M SURE EVERYONE ENJOYS READING. ALSO, DAN AND CHARLIE ALONG WITH JOHN AND IRMA HICKEY, AND DAVE MERRILAT DO A GREAT JOB OF KEEPING US POSTED ON THEIR RACE RESULTS.

OTHER MEMBERS WHO CONTRIBUTED EXCELLENT ARTICLES FOR THE NEWSLETTER IN 2001 ARE JOHN BEVIS, PHIL NEWBERRY, MARK MCDERMOTT AND GERRY KILBRIDE. I EVEN WROTE A THING OR TWO. I'D ALSO LIKE TO THANK PAT PIERCE FOR ALWAYS BEING READY TO LEND A HELPING HAND AND FOR WRITING DOWN OTHER CLUB MEMBER'S RACE RESULTS AT MANY OF THE RACES.

2001 HELD MANY GOOD TIMES FOR KRRC, HOWEVER THERE WERE A FEW BAD TIMES. ONCE AGAIN THE NUMBERS WERE DOWN FOR OUR CLUB RACE THE KANKAKEE RIVER 10K. 2002 MAY BE IT'S LAST YEAR. IF ANYBODY HAS ANY SUGGESTIONS TO INCREASE THE NUMBERS, PLEASE LET ME & JEFF KNOW. WE CANNOT FIGURE OUT WHY WITH SUCH GREAT PIZZA, BEAUTIFUL SCENERY AND NICE AWARDS MORE PEOPLE DON'T SHOW UP. ON A MORE SAD NOTE, WE ALSO LOST ONE OF OUR FOUNDING FATHERS IN 2001, DOC BALDWIN. WE SURE MISS HIM BUT KNOW THAT HE IS RUNNING WITH THE ANGELS. I WONDER IF HE'S RUNNING PR'S?

AS NEWSLETTER EDITOR, I REALLY APPRECIATE ALL THE ARTICLES OUR MEMBERS HAVE WRITTEN THIS YEAR. I HOPE EVERYONE WILL MAKE AN EFFORT, MAYBE A NEW YEAR'S RESOLUTION OF SORTS, TO SUBMIT AT LEAST ONE ARTICLE, EVEN JUST A PARAGRAPH. I KNOW IT'S HARD TO BELIEVE BUT PEOPLE REALLY DO FIND YOU INTERESTING AND ENJOY READING ABOUT YOUR RUNNING EXPERIENCES SO SEND THEM IN! HAPPY RUNNING IN 2002! MARCIA LONERGAN

January B-days!

HAPPY BIRTHDAY TO...

| NAME | B-DAY | AGE |
|-----------------|---------|-----|
| DAVID CAGLE | 1/26/67 | 35 |
| DEBBI COX | 1/01/63 | 39 |
| RAY FEELEY | 1/27/47 | 55 |
| DAN GERBER | 1/05/59 | 43 |
| LINDA GRACE | 1/26/62 | 40 |
| JOYCE GROTEVANT | 1/28/42 | 60 |
| KEVIN GUM | 1/09/75 | 27 |
| ERMA HICKEY | 1/24/28 | 74 |
| PETER KERSHAW | 1/20/56 | 46 |
| BRETT LINN | 1/26/82 | 20 |
| RICK LIVESEY | 1/12/53 | 49 |
| JAMES MARTELL | 1/25/55 | 47 |
| DON MCCARTY | 1/29/71 | 31 |
| GABRIEL NOFFKE | 1/30/88 | 14 |
| SAMANTHA RAHRIG | 1/26/85 | 17 |
| RANDY RIEGEL | 1/31/55 | 47 |
| JAY SAMUEL | 1/22/63 | 39 |
| JOHN SHOUP | 1/23/50 | 52 |
| DIANNE STRUFE | 1/29/40 | 62 |

FINISH LINE

Nov. 4 Bull Run 5K Tampa FL

John Hickey 26.41 2nd AG

Erma Hickey 38.03 1st AG

Nov. 17 Lake to Lake 5K Lakeland FL

John Hickey 27.14 1st AG

Erma Hickey 38.46 1st AG

Dec. 1 City of Palms River Run 5K Ft Myers FL

John Hickey 26.55 1st AG

Dec. 8 Hidden River Classic 5K Tampa FL

John Hickey 27.34 4th AG

Erma Hickey 38.24 2nd AG

Dec. 8 Deer Run, Run 8K X-C, Hudson, IL

Doug McWilliams 40.59

Jan. 5 Siberian Express 7.6 Mile Trail Run

Dave Merrillat 1:06:21

Dec. 2 Frostbite Festival 10 Miler Springfield, IL

Charlie Grotevant 1:15:50 1AG 55-59

Dec. 9 Jingle Bell 5K Kankakee, IL

Charlie Grotevant 21:34 1AG 55-59

Dec. 31 Hardcore Run 5K Kewanee, IL

Charlie Grotevant 22:36

FAST-N-FIT FOODS

BY JANET SHELLY

CHICKEN TACO DIP

2 cans 10oz. white chicken-drained

1 small package taco seasoning

32 oz. mild taco sauce

32 oz. medium taco sauce

12 oz. shredded cheddar cheese

1 can small black olives, drain & slice

green onions, sliced

Nacho chips

Spread chicken on the bottom of a 13 x 9 pan. Coat chicken with taco seasoning, while shredding with a fork. Mix in rest (except onions & chips). Bake at 350 degrees for 40 minutes or until cheese is bubbly. Top with onions, serve with chips.

Great for your Super Bowl Party!

WELCOME NEW MEMBERS

**THE HORN FAMILY
OF BOURBONNAIS**

**BEVERLY SMITH
OF KANKAKEE**

KRRC OFFICERS

President, Phil Newberry (815)936-0186
V-President Dave Barrett (815)937-4668
Treasurers Marcia Lonergan & Dave Barrett

KRRC NEWSLETTER EDITORS

E-MAIL RUN4FUN@DAILY-JOURNAL.COM

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Phil Newberry (815)936-0186

ACTIVITIES DIRECTOR

Pat Baldwin (815)932-2950

KRRC WEBSITE

WWW.KEYNET.NET/~KRRC

THE STARTING LINE

KRRC MEMBERS OF ALL ABILITIES MEET AT THE KANKAKEE RIVER STATE PARK(PARKING LOT ACROSS FROM HEATED BATHROOMS) AT 8A.M. FROM MAY THRU OCTOBER AND 9A.M. FROM NOVEMBER THRU APRIL TO RUN AND SOCIALIZE ON OFF-RACE SUNDAYS. INDIVIDUALS MAY VARY THE STARTING TIME BASED ON DISTANCE THEY INTEND TO RUN AND THEIR PERSONAL OBLIGATIONS. BRING A RUNNING BUDDY AND JOIN US!

Jan. 19, Sat., 1:00pm, Chilly Chili 4.5 Miler, Lake Bloomington, IL

Jan. 27, Sun, 10:00am, The Midwinter Cruise 5K, Forest Trail Middle School at 215 Wilson in Park Forest, call PFRPC (708)802-2759

Feb. 3, Sun., 1pm, Winterfest 5K Run & Fitness Walk, Small Memorial Park, Kankakee, IL PSSR Circuit
Charlie or Joyce Grotevant (815)949-1551 or Ken Klipp (815)937-1958 krcc@keynet.net

Feb. 10, Sun., 1pm, Frosty Five Miler, Channahon, IL Ben Ragle (815)467-7275

Mar. 17, Sun., March Madness 1/2 marathon and 10K Mark Francis (815)477-9165

Mar. 23, Mountain Goat 15K & 3 Mile, Danville, IL www.kennekuk.com

THE FINISH LINE

12-09-01 Jingle Bell 5K - 2 pages (over ->)

Race Results BY OVERALL FINISH

| AgeGroup | Ovral1 | GrpPlace | Time | Bib# | Name | Pace/M1 |
|-----------|--------|----------|-----------|------|-------------------|---------|
| M 15 - 18 | 1 | 1 OA | 0:16:15.4 | 151 | Michael Uskali | 05:14.6 |
| M 25 - 29 | 2 | 2 OA | 0:16:34.9 | 104 | Troy R Walker | 05:20.9 |
| M 40 - 44 | 3 | 3 OA | 0:16:36.0 | 1 | James Acklin | 05:21.3 |
| M 35 - 39 | 4 | 1 AG | 0:16:38.6 | 30 | Patrick D Koerner | 05:22.1 |
| M 19 - 24 | 5 | 1 AG | 0:16:53.0 | 131 | Matthew R Hinze | 05:26.8 |
| M 15 - 18 | 6 | 1 AG | 0:16:59.7 | 25 | Larry H Huffman | 05:28.9 |
| M 35 - 39 | 7 | 2 AG | 0:17:24.3 | 27 | Rod Kahl | 05:36.9 |
| M 25 - 29 | 8 | 1 AG | 0:17:47.2 | 137 | Bryce M Baker | 05:44.3 |
| M 25 - 29 | 9 | 2 AG | 0:17:51.8 | 116 | Mahesh Narayanan | 05:45.7 |
| M 15 - 18 | 10 | 2 AG | 0:18:11.1 | 46 | Jon M Perry | 05:52.0 |
| M 15 - 18 | 11 | 3 AG | 0:18:15.0 | 178 | Jim Sulzberger | 05:53.2 |
| M 15 - 18 | 12 | 4 AG | 0:18:16.0 | 127 | Paul Bailey | 05:53.5 |
| M 25 - 29 | 13 | 3 AG | 0:18:23.3 | 191 | Jassen Strokosch | 05:55.9 |
| M 15 - 18 | 14 | 5 AG | 0:18:29.6 | 64 | Nick Wyatt | 05:57.9 |
| M 30 - 34 | 15 | 1 AG | 0:18:31.1 | 72 | David W Cagle | 05:58.4 |
| M 25 - 29 | 16 | 4 AG | 0:18:35.2 | 124 | Kevin L Gum | 05:59.7 |
| M 15 - 18 | 17 | 6 AG | 0:18:37.4 | 33 | Matt Larson | 06:00.5 |
| M 25 - 29 | 18 | 5 AG | 0:18:43.6 | 88 | Alan Standley | 06:02.5 |
| M 15 - 18 | 19 | 7 | 0:18:50.3 | 165 | Adam Randles | 06:04.6 |
| M 15 - 18 | 20 | 8 | 0:19:00.7 | 155 | Jody M Stuckey | 06:08.0 |
| M 15 - 18 | 21 | 9 | 0:19:17.6 | 126 | Trent Wilking | 06:13.4 |
| M 30 - 34 | 22 | 2 AG | 0:19:22.4 | 150 | Jose L Jimenez | 06:15.0 |
| M 50 - 54 | 23 | 1 AG | 0:19:26.5 | 28 | Ken P Klipp | 06:16.3 |
| M 15 - 18 | 24 | 10 | 0:19:38.4 | 473 | Brennan O'Connor | 06:20.1 |
| M 40 - 44 | 25 | 1 AG | 0:19:42.8 | 15 | Jim Grace | 06:21.5 |
| M 15 - 18 | 26 | 11 | 0:19:44.8 | 162 | Nick Randles | 06:22.2 |
| M 35 - 39 | 27 | 3 AG | 0:19:47.6 | 185 | Phil R Newberry | 06:23.1 |
| M 30 - 34 | 28 | 3 AG | 0:19:48.1 | 79 | Peter Bernsdorf | 06:23.3 |
| M 35 - 39 | 29 | 4 AG | 0:19:49.1 | 183 | Doug Walter | 06:23.6 |
| M 35 - 39 | 30 | 5 AG | 0:20:01.9 | 186 | Rody Dodd | 06:27.7 |
| F 19 - 24 | 31 | 1 OA | 0:20:09.6 | 115 | Amy Kleinheksel | 06:30.2 |
| M 40 - 44 | 32 | 2 AG | 0:20:17.2 | 147 | Dean R Hartman | 06:32.6 |
| M 15 - 18 | 33 | 12 | 0:20:22.7 | 478 | Ian Schmeckpeper | 06:34.4 |
| M 35 - 39 | 34 | 6 AG | 0:20:26.8 | 108 | John J Bevis | 06:35.7 |
| F 19 - 24 | 35 | 2 OA | 0:20:28.8 | 187 | Karen Nagel | 06:36.4 |
| F 50 - 54 | 36 | 3 OA | 0:20:38.7 | 113 | Que Harbor | 06:39.6 |
| M 25 - 29 | 37 | 6 AG | 0:20:40.3 | 91 | Steve J Toth | 06:40.1 |
| M 15 - 18 | 38 | 13 | 0:20:42.2 | 125 | Brian Delahr | 06:40.7 |
| M 25 - 29 | 39 | 7 | 0:20:47.7 | 171 | Michael G Wolfe | 06:42.5 |
| M 25 - 29 | 40 | 8 | 0:21:05.0 | 468 | Jay Scroggins | 06:48.1 |
| M 15 - 18 | 41 | 14 | 0:21:10.7 | 163 | Nathan Bell | 06:49.9 |
| M 45 - 49 | 42 | 1 AG | 0:21:19.2 | 38 | Jeff Martin | 06:52.6 |
| M 40 - 44 | 43 | 3 AG | 0:21:24.2 | 133 | Jim Burke | 06:54.3 |
| M 15 - 18 | 44 | 15 | 0:21:25.5 | 31 | Erik Kunsch | 06:54.7 |
| F 40 - 44 | 45 | 1 AG | 0:21:29.6 | 134 | Debra Lowell | 06:56.0 |
| M 55 - 99 | 46 | 1 AG | 0:21:34.6 | 19 | Charlie Grotevant | 06:57.6 |
| M 40 - 44 | 47 | 4 AG | 0:21:46.0 | 197 | Daniel R Gerber | 07:01.3 |
| F 15 - 18 | 48 | 1 AG | 0:21:48.0 | 143 | Erica Batkiewicz | 07:01.9 |
| M 30 - 34 | 49 | 4 AG | 0:21:48.8 | 123 | David K Merillat | 07:02.2 |
| M 45 - 49 | 50 | 2 AG | 0:21:49.8 | 14 | Mike Goodwin | 07:02.5 |

| AgeGroup | Ovral1 | GrpPlace | Time | Bib# | Name | Pace/M1 |
|-----------|--------|----------|-----------|------|-------------------|---------|
| F 19 - 24 | 51 | 1 AG | 0:21:55.9 | 114 | Jamie L Zullo | 07:04.5 |
| M 50 - 54 | 52 | 2 AG | 0:21:56.7 | 21 | Mike Hickey | 07:04.7 |
| M 50 - 54 | 53 | 3 AG | 0:21:57.5 | 148 | Juan Gomez | 07:05.0 |
| M 55 - 99 | 54 | 2 AG | 0:22:00.4 | 50 | Robert E Pool | 07:05.9 |
| M 40 - 44 | 55 | 5 AG | 0:22:04.1 | 129 | Chuck R Maw | 07:07.1 |
| M 35 - 39 | 56 | 7 | 0:22:07.7 | 6 | Benoit Collard | 07:08.3 |
| M 35 - 39 | 57 | 8 | 0:22:14.4 | 9 | Andy W Furbee | 07:10.5 |
| M 45 - 49 | 58 | 3 AG | 0:22:16.8 | 458 | Mike C Cichon | 07:11.2 |
| M 30 - 34 | 59 | 5 AG | 0:22:31.2 | 158 | Brian Werner | 07:15.9 |
| F 15 - 18 | 60 | 2 AG | 0:22:32.0 | 59 | Amanda N Uribe | 07:16.1 |
| M 35 - 39 | 61 | 9 | 0:22:33.9 | 477 | Daniel E Hall | 07:16.7 |
| F 1 - 14 | 62 | 1 AG | 0:22:35.6 | 476 | Taylor Bennett | 07:17.3 |
| M 19 - 24 | 63 | 2 AG | 0:22:39.9 | 456 | Josh W Zelhart | 07:18.7 |
| M 50 - 54 | 64 | 4 AG | 0:22:52.0 | 149 | Wendell D Provost | 07:22.6 |
| M 55 - 99 | 65 | 3 AG | 0:22:55.6 | 49 | John F Pool | 07:23.7 |
| M 50 - 54 | 66 | 5 AG | 0:22:57.1 | 193 | Rich W Olmstead | 07:24.2 |
| F 40 - 44 | 67 | 2 AG | 0:23:00.9 | 472 | Theresa C Burgard | 07:25.5 |
| M 25 - 29 | 68 | 9 | 0:23:10.5 | 181 | Chris Fowler | 07:28.5 |
| M 25 - 29 | 69 | 10 | 0:23:12.6 | 130 | Michael Heilmon | 07:29.2 |
| M 19 - 24 | 70 | 3 AG | 0:23:13.5 | 170 | Casey Holohan | 07:29.5 |
| M 1 - 14 | 71 | 1 AG | 0:23:14.3 | 32 | Joseph Kunsch | 07:29.8 |
| M 30 - 34 | 72 | 6 AG | 0:23:15.4 | 90 | Dana Swisher | 07:30.1 |
| M 40 - 44 | 73 | 6 AG | 0:23:16.1 | 141 | Bill J Batkiewicz | 07:30.4 |
| M 30 - 34 | 74 | 7 | 0:23:19.6 | 47 | Jay Peterson | 07:31.5 |
| M 40 - 44 | 75 | 7 | 0:23:24.5 | 63 | Dan F Weber | 07:33.1 |
| F 19 - 24 | 76 | 2 AG | 0:23:25.3 | 85 | Theresa Feltes | 07:33.3 |
| M 50 - 54 | 77 | 6 AG | 0:23:27.4 | 145 | Chuck Parsons | 07:34.0 |
| F 25 - 29 | 78 | 1 AG | 0:23:30.3 | 68 | Shannon Boudreau | 07:34.9 |
| F 19 - 24 | 79 | 3 AG | 0:23:31.5 | 57 | Sara Ucherek | 07:35.3 |
| F 19 - 24 | 80 | 4 AG | 0:23:32.4 | 70 | Emily Martin | 07:35.6 |
| F 30 - 34 | 81 | 1 AG | 0:23:35.4 | 117 | Joy Sobczak | 07:36.6 |
| F 45 - 49 | 82 | 1 AG | 0:23:43.3 | 45 | Dee M Osenglewski | 07:39.1 |
| M 1 - 14 | 83 | 2 AG | 0:23:44.3 | 182 | Griffin Nykaza | 07:39.5 |
| M 40 - 44 | 84 | 8 | 0:23:45.6 | 184 | Henry J Nykaza | 07:39.9 |
| M 30 - 34 | 85 | 8 | 0:23:51.0 | 103 | Kevin W Brown | 07:41.6 |
| M 25 - 29 | 86 | 11 | 0:23:51.9 | 457 | Peter Walter | 07:41.9 |
| M 45 - 49 | 87 | 4 AG | 0:23:52.6 | 168 | Ted Heinrich | 07:42.1 |
| F 35 - 39 | 88 | 1 AG | 0:23:56.3 | 180 | Debra Cox | 07:43.3 |
| M 1 - 14 | 89 | 3 AG | 0:23:57.1 | 179 | Nicholas Cox | 07:43.6 |
| F 15 - 18 | 90 | 3 AG | 0:23:57.9 | 17 | Alison Gremer | 07:43.8 |
| M 30 - 34 | 91 | 9 | 0:24:01.1 | 78 | Craig Anderson | 07:44.9 |
| F 15 - 18 | 92 | 4 AG | 0:24:02.4 | 43 | Casey Nugent | 07:45.3 |
| M 19 - 24 | 93 | 4 AG | 0:24:03.4 | 44 | Jason O'Connor | 07:45.6 |
| M 45 - 49 | 94 | 5 AG | 0:24:05.3 | 35 | Jeff P Lonergan | 07:46.2 |
| M 25 - 29 | 95 | 12 | 0:24:11.5 | 128 | Tim Markland | 07:48.2 |
| M 15 - 18 | 96 | 16 | 0:24:14.7 | 95 | Aaron Stewart | 07:49.3 |
| M 40 - 44 | 97 | 9 | 0:24:15.4 | 94 | Tim Stewart | 07:49.5 |
| F 1 - 14 | 98 | 2 AG | 0:24:20.6 | 18 | Katie Gremer | 07:51.2 |

Continued 12-09-01 Jingle Bell 5K results

Race Results BY OVERALL FINISH

| AgeGroup | Ovrrall | GrpPlace | Time | Bib# | Name | Pace/M1 |
|-----------|---------|----------|-----------|------|---------------------|---------|
| M 30 - 34 | 202 | 14 | 0:34:50.3 | 120 | Nathaniel Mack | 11:14.3 |
| F 55 - 99 | 203 | 3 AG | 0:34:54.0 | 111 | Judy Kilbride | 11:15.5 |
| M 40 - 44 | 204 | 17 | 0:35:40.2 | 192 | Brad Phillips | 11:30.4 |
| M 1 - 14 | 205 | 12 | 0:35:45.2 | 12 | Justin Giacchino | 11:32.0 |
| F 40 - 44 | 206 | 6 AG | 0:35:46.4 | 13 | Kim Giacchino | 11:32.4 |
| M 1 - 14 | 207 | 13 | 0:35:48.2 | 98 | Christopher Wilkens | 11:33.0 |
| F 15 - 18 | 208 | 20 | 0:36:19.9 | 157 | Julie Strand | 11:43.2 |
| F 25 - 29 | 209 | 4 AG | 0:40:39.4 | 81 | Els Cote | 13:06.9 |
| M 19 - 24 | 210 | 5 AG | 0:40:40.3 | 82 | Ken Cote | 13:07.2 |
| M 35 - 39 | 211 | 15 | 0:42:34.4 | 176 | David Heninger | 13:44.0 |

Happy!

Race Results BY OVERALL FINISH

| AgeGroup | Ovrrall | GrpPlace | Time | Bib# | Name | Pace/M1 |
|-----------|---------|----------|-----------|------|---------------------|---------|
| M 50 - 54 | 151 | 10 | 0:27:20.3 | 121 | Ellis S Stephens | 08:49.1 |
| F 45 - 49 | 152 | 4 AG | 0:27:27.0 | 73 | Barbara Schnell | 08:51.3 |
| M 50 - 54 | 153 | 11 | 0:27:35.9 | 160 | Mike Biernat | 08:54.2 |
| F 15 - 18 | 154 | 14 | 0:27:36.9 | 4 | Peggy R Baldwin | 08:54.5 |
| F 30 - 34 | 155 | 3 AG | 0:27:39.4 | 166 | Tammie Meier | 08:55.3 |
| F 15 - 18 | 156 | 15 | 0:28:27.3 | 40 | Lauren Messina | 09:10.7 |
| F 15 - 18 | 157 | 16 | 0:28:28.6 | 142 | Andrea Pitts | 09:11.2 |
| F 50 - 54 | 158 | 1 AG | 0:28:30.3 | 16 | Marilyn L Graham | 09:11.7 |
| F 55 - 99 | 159 | 1 AG | 0:28:34.5 | 190 | Lynn A Troost | 09:13.1 |
| F 40 - 44 | 160 | 3 AG | 0:28:38.3 | 80 | Kathleen Bone | 09:14.3 |
| F 40 - 44 | 161 | 4 AG | 0:28:41.4 | 75 | Donna Worth | 09:15.3 |
| M 50 - 54 | 162 | 12 | 0:28:48.6 | 74 | Mike Schnell | 09:17.6 |
| M 30 - 34 | 163 | 10 | 0:28:51.0 | 53 | Mike Stroud | 09:18.4 |
| M 50 - 54 | 164 | 13 | 0:28:52.2 | 5 | Dan G Bullock | 09:18.8 |
| F 35 - 39 | 165 | 5 AG | 0:28:54.2 | 20 | Bernadette Henriott | 09:19.4 |
| F 1 - 14 | 166 | 6 AG | 0:28:55.6 | 60 | Kate Wajda | 09:19.9 |
| F 15 - 18 | 167 | 17 | 0:28:57.3 | 188 | Ellen Worth | 09:20.4 |
| M 50 - 54 | 168 | 14 | 0:29:00.3 | 37 | Richard Manthei | 09:21.4 |
| M 50 - 54 | 169 | 15 | 0:29:02.3 | 135 | Dwight Udelhoven | 09:22.0 |
| M 30 - 34 | 170 | 11 | 0:29:12.5 | 39 | Dr. Robert Martin | 09:25.3 |
| M 40 - 44 | 171 | 14 | 0:29:18.3 | 3 | Patrick J Baldwin | 09:27.2 |
| M 45 - 49 | 172 | 13 | 0:29:22.7 | 153 | Dean A Nelson | 09:28.6 |
| F 1 - 14 | 173 | 7 | 0:29:24.7 | 100 | Elizabeth Wilkens | 09:29.3 |
| M 1 - 14 | 174 | 9 | 0:29:35.5 | 52 | Lucas Stroud | 09:32.7 |
| F 15 - 18 | 175 | 18 | 0:29:37.9 | 11 | Juliane Giacchino | 09:33.5 |
| F 30 - 34 | 176 | 4 AG | 0:29:41.2 | 66 | Kris D Duchene | 09:34.6 |
| F 30 - 34 | 177 | 5 AG | 0:30:01.2 | 22 | Rebecca Hodyuk | 09:41.0 |
| F 30 - 34 | 178 | 6 AG | 0:30:30.6 | 54 | Shelly Stroud | 09:50.5 |
| F 19 - 24 | 179 | 8 AG | 0:30:49.5 | 139 | Julie Boyd | 09:56.6 |
| F 1 - 14 | 180 | 2 AG | 0:30:50.2 | 138 | Jennifer Regnier | 09:56.8 |
| F 25 - 29 | 181 | 2 AG | 0:31:03.6 | 67 | Kristie Hofbauer | 10:01.2 |
| M 40 - 44 | 182 | 15 | 0:31:04.4 | 65 | Gregory Brenneisen | 10:01.4 |
| F 40 - 44 | 183 | 5 AG | 0:31:20.1 | 173 | Marianne Surprenant | 10:06.5 |
| F 25 - 29 | 184 | 3 AG | 0:31:30.3 | 89 | Julie Standley | 10:09.8 |
| M 40 - 44 | 185 | 16 | 0:31:32.4 | 159 | Thomas Feltes | 10:10.5 |
| F 35 - 39 | 186 | 6 AG | 0:31:42.8 | 62 | Rasa Weber | 10:13.8 |
| F 30 - 34 | 187 | 7 | 0:31:50.9 | 455 | Shelli Thomas | 10:16.4 |
| F 35 - 39 | 188 | 7 | 0:31:52.0 | 199 | KelLee Hill | 10:16.8 |
| F 30 - 34 | 189 | 8 | 0:31:53.8 | 87 | Deanna Oliver | 10:17.4 |
| M 55 - 99 | 190 | 5 AG | 0:32:41.0 | 112 | Gerry Kilbride | 10:32.6 |
| M 1 - 14 | 191 | 10 | 0:32:44.8 | 175 | Pat Lavelle | 10:33.8 |
| F 30 - 34 | 192 | 9 | 0:32:52.4 | 198 | Sandra Schulte | 10:36.3 |
| M 1 - 14 | 193 | 11 | 0:33:00.3 | 96 | Elliott Stewart | 10:38.8 |
| F 50 - 54 | 194 | 2 AG | 0:33:03.4 | 51 | Beverly A Smith | 10:39.8 |
| M 30 - 34 | 195 | 12 | 0:33:16.1 | 69 | Chris Deschand | 10:43.9 |
| M 45 - 49 | 196 | 14 | 0:33:24.0 | 76 | Steven Worth | 10:46.5 |
| M 30 - 34 | 197 | 13 | 0:33:25.3 | 56 | Jon Toepfer | 10:46.9 |
| M 50 - 54 | 198 | 16 | 0:33:31.0 | 470 | Bob Fennema | 10:48.7 |
| F 55 - 99 | 199 | 2 AG | 0:33:33.5 | 2 | Edith Aisvig | 10:49.5 |
| F 15 - 18 | 200 | 19 | 0:34:06.5 | 7 | Katherine A Dorn | 11:00.2 |
| F 35 - 39 | 201 | 8 | 0:34:19.5 | 26 | Natalie Iliff | 11:04.4 |

Race Results BY OVERALL FINISH

| AgeGroup | Ovrrall | GrpPlace | Time | Bib# | Name | Pace/M1 |
|-----------|---------|----------|-----------|------|-----------------------|---------|
| F 1 - 14 | 99 | 3 AG | 0:24:21.1 | 105 | Allison L Clapp | 07:51.3 |
| M 1 - 14 | 100 | 4 AG | 0:24:30.5 | 101 | Patrick Wilkens | 07:54.4 |
| M 15 - 18 | 101 | 17 | 0:24:39.6 | 164 | Stanley Czajkowski | 07:57.3 |
| M 35 - 39 | 102 | 10 | 0:24:41.7 | 161 | Rob Pulver | 07:58.0 |
| F 35 - 39 | 103 | 2 AG | 0:24:48.5 | 156 | Debbie Barks | 08:00.2 |
| M 35 - 39 | 104 | 11 | 0:25:01.6 | 475 | Keith Holderman | 08:04.4 |
| M 1 - 14 | 105 | 5 AG | 0:25:04.8 | 479 | Micah Dorn | 08:05.4 |
| M 40 - 44 | 106 | 10 | 0:25:06.2 | 93 | Steve Wilson | 08:05.9 |
| M 1 - 14 | 107 | 6 AG | 0:25:08.3 | 29 | Colin Koerner | 08:06.5 |
| F 35 - 39 | 108 | 3 AG | 0:25:10.0 | 461 | Kathleen Kennedy | 08:07.1 |
| F 19 - 24 | 109 | 5 AG | 0:25:10.9 | 196 | Mariame Warman | 08:07.4 |
| M 45 - 49 | 110 | 6 AG | 0:25:11.8 | 8 | Chris DuVal | 08:07.7 |
| M 40 - 44 | 111 | 11 | 0:25:17.7 | 459 | Joe Giacchino | 08:09.6 |
| M 40 - 44 | 112 | 12 | 0:25:19.6 | 467 | Marty J Whalen | 08:10.2 |
| M 25 - 29 | 113 | 13 | 0:25:20.8 | 55 | Jeff Surprenant | 08:10.6 |
| F 15 - 18 | 114 | 5 AG | 0:25:23.2 | 58 | Andrea Uhtzsch | 08:11.4 |
| M 15 - 18 | 115 | 18 | 0:25:24.0 | 152 | Cody McDade | 08:11.6 |
| M 15 - 18 | 116 | 19 | 0:25:30.3 | 469 | Chris Prairie | 08:13.6 |
| M 35 - 39 | 117 | 12 | 0:25:33.6 | 41 | Chad Miller | 08:14.7 |
| M 50 - 54 | 118 | 7 | 0:25:34.4 | 474 | Mark J McDermott | 08:15.0 |
| F 45 - 49 | 119 | 2 AG | 0:25:35.1 | 24 | Patricia A Horn | 08:15.2 |
| F 35 - 39 | 120 | 4 AG | 0:25:36.1 | 102 | Bonnie Brown | 08:15.5 |
| M 45 - 49 | 121 | 7 | 0:25:37.2 | 122 | Randy Riegel | 08:15.9 |
| M 1 - 14 | 122 | 7 | 0:25:38.3 | 144 | NoJan Grace | 08:16.2 |
| M 15 - 18 | 123 | 20 | 0:25:39.0 | 146 | Tyler Grace | 08:16.5 |
| M 45 - 49 | 124 | 8 | 0:25:42.3 | 154 | Steve Reising | 08:17.5 |
| M 45 - 49 | 125 | 9 | 0:25:43.7 | 61 | Russ Wajda | 08:18.0 |
| M 25 - 29 | 126 | 14 | 0:25:46.8 | 83 | Keith Demers | 08:19.0 |
| M 50 - 54 | 127 | 8 | 0:25:48.6 | 172 | Paul L Surprenant | 08:19.5 |
| M 55 - 99 | 128 | 4 AG | 0:25:49.5 | 92 | Richard Weeks | 08:19.8 |
| M 15 - 18 | 129 | 21 | 0:25:53.6 | 174 | Andy Lavelle | 08:21.2 |
| M 45 - 49 | 130 | 10 | 0:25:57.9 | 460 | David R Scherke | 08:22.5 |
| F 15 - 18 | 131 | 6 AG | 0:25:59.0 | 167 | Kathleen Heinrich | 08:22.9 |
| F 15 - 18 | 132 | 7 | 0:25:59.9 | 169 | Charlei Butterfield | 08:23.2 |
| F 15 - 18 | 133 | 8 | 0:26:03.2 | 471 | Lynn Fennema | 08:24.3 |
| M 1 - 14 | 134 | 8 | 0:26:05.6 | 119 | Alex Brinkman | 08:25.0 |
| M 40 - 44 | 135 | 13 | 0:26:18.7 | 84 | John D Everly | 08:29.3 |
| F 1 - 14 | 136 | 4 AG | 0:26:24.5 | 480 | Hayley Mohr | 08:31.1 |
| F 15 - 18 | 137 | 9 | 0:26:25.2 | 109 | Lindsey Grace | 08:31.4 |
| F 30 - 34 | 138 | 2 AG | 0:26:30.4 | 140 | Dawn Finley | 08:33.0 |
| F 15 - 18 | 139 | 10 | 0:26:33.5 | 132 | Sarah Hinze | 08:34.0 |
| M 35 - 39 | 140 | 13 | 0:26:35.1 | 110 | Marshall C Grace | 08:34.5 |
| F 15 - 18 | 141 | 11 | 0:26:36.5 | 10 | Jenna Marie Giacchino | 08:35.0 |
| F 15 - 18 | 142 | 12 | 0:26:38.1 | 136 | Tiffany Ciaccio | 08:35.5 |
| F 1 - 14 | 143 | 5 AG | 0:26:41.0 | 118 | Jessica Brinkman | 08:36.5 |
| M 25 - 29 | 144 | 15 | 0:26:43.3 | 194 | Bryan S LaRoche | 08:37.2 |
| M 35 - 39 | 145 | 14 | 0:26:55.2 | 86 | Adam L Menard | 08:41.4 |
| F 45 - 49 | 146 | 3 AG | 0:26:56.3 | 48 | Pat M Pierce | 08:41.4 |
| M 45 - 49 | 147 | 11 | 0:27:08.4 | 189 | Gary Toomire | 08:45.3 |
| M 45 - 49 | 148 | 12 | 0:27:09.7 | 177 | Terry Lavelle | 08:45.7 |
| F 15 - 18 | 149 | 13 | 0:27:14.7 | 107 | Lindsay Johnson | 08:47.3 |
| M 50 - 54 | 150 | 9 | 0:27:18.9 | 23 | Andrew Horn | 08:48.7 |