

THE PAPER RACE

THE NEWSLETTER OF THE KANKAKEE RIVER RUNNING CLUB SINCE 1979



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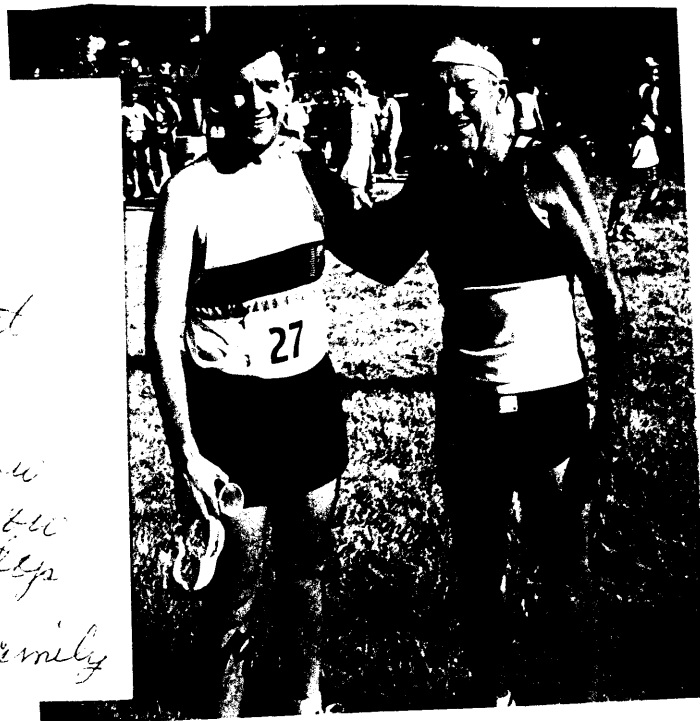
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A Tribute to Doc Baldwin, a KRRC Founding Member

After my dad, Tom Baldwin, (most people called him "Doc") passed away on August 31st, my family and I were going through old photo albums and scrapbooks to remember all the good times we had with our dad and grandpa and to celebrate his life when I found this huge scrapbook that read on the front "Running Achievements". Inside was a sort of a time capsule of my dad's running career. Old race numbers, entry forms from local races that no longer exist, newspaper articles about local races and photographs of runners. Some of these races were going on before I started running in 1983. When my dad started running, he ran with Dr. George Peterson, a local dentist and my dad's best friend. They would do laps around Cobb Park wearing Chuck Taylor Converse All-Star Basketball Shoes. In the winter, they would put boots over the basketball shoes to keep warm. When my dad first challenged me to run around the park with him, I laughed because even though I smoked at the time, I thought I could still beat him. Wrong! He left me in a trail of dust. After Michelle and I quit smoking in 1983 and took up running, we joined the running club and I began to run local races. Then I knew why my dad was so excited about running. It was great! We ran races together and our relationship became closer. My dad stopped running races in the mid-1990's but still kept active playing tennis and playing senior citizen softball in Florida. As his health got worse he had to start giving up some of the sports he loved to play. This was very hard on him. He and my mom would still come to Peggy's cross-country meets, Amy's tennis matches and Andy's baseball games. The Tuesday before he died, he came to watch the Irish Conditioner at Small Park. He got the chance to cheer on all the runners and to visit with some running club members he hadn't seen in awhile. It meant a lot to him. I still run and continue to run til I can't run anymore. At that time I will cheer on the next generation of runners just as my dad did. Dad, thanks for showing me the way. I miss you. Your son, Pat.

Thank you so much for being with us at the visitation for Tom. The lovely floral arrangement from the Club was a welcome touch.

*Most of you know how he loved running and how he regretted having to stop a few years ago.
Barbara Baldwin's family*



Remembering Doc. Baldwin

I can't remember exactly when I met Doc, but that's probably because one minute after you met him, it was like you had known him all your life. He was the consummate Irishman - open, friendly, feisty, and full of life. I remember when we founded the Kankakee River Running Club at the Bourbonnais Municipal Center. Dave Dyer advertised the first meeting, and to the best of my recollection, the following people were there: Dave, me, Doc, Jack Dalton, Lynn Troost, and Mike Berz. There may have been others, but those are the ones I remember. You couldn't start a running club in the Kankakee area without Doc. He was a one-man advertisement for running - an infectious advocate for a sport that was just catching on in this area. He was everything that is good about the sport - a fierce competitor who ran because he loved it - a fact you couldn't miss if you spent even a minute talking to him after a race. He showed the way for the rest of us, and we would do well to follow his example. We were all blessed to have known him, and he'll be dearly missed. I'm sure he is running and playing tennis pain-free in a better place - and probably talking St. Peter's ear off too. Thanks for the memories, Doc. --Ken Klipp

Dear Ken, It was good to hear from you although sad to hear about Doc Baldwin. My wife and I visited Kankakee the summer before last, staying with the Raiches, and one morning we saw him walking around Cobb Park with his wife, apologizing that he wasn't running. He was looking thin then but still full of enthusiasm about running, people and life. He was always one of our favorites. Your memory is pretty good about the founding of the Running Club. I remember, after meeting at the Municipal Center, having a second meeting at the Mike Berz house. I'd like to think that I had some impact but I feel Jack Dalton and then you were more instrumental in starting the club. Doc was important, however, because he helped get people interested and excited about the Club. How? Everyone liked him and wanted to be around him. So he sold the Club without even trying. Plus, newcomers could tell that this was not a Club of elites. Everyone loved Doc and he was symbolic of what was great about the running boom: generally, people interested in running, good health and good friendship. --Dave Dyer

Kankakee River 10K

The Kankakee River 10K was held on September 23rd and although we were low in numbers, overall it was a very successful event. We were blessed with a cool morning, the best kind of temperature for running. And, even though it rained, the weather wasn't near as bad as the downpours and windy conditions that had been forecasted. I considered it a good fall day for a 10K run.

Everyone who participated was treated to a nice run or walk and a fun post-race gathering with plenty of food. Our number one sponsor, **Chicago Dough Company**, treated all of the participants and helpers to their delicious pizza. A huge "Thank you" to owners **Glen and Cindy Grant** for getting up extra early to prepare a wide variety of pizzas for us to feast on. Also, a big "Thank you" to **Robin Hylbert of Culligan** for providing the water and cups for our water station and finish area and for encouraging the runners out on the course. We had plenty of fruit to offer thanks to **Rebecca McWilliams** and **Richard Gates** of the **Town Market** in Momence. **Commonwealth Credit Union** and **Martin Whalen Office Solutions** also deserve recognition for their support of our race with monetary contributions, which help out with the expenses. We also appreciate that **CLIF BAR** sent us samples of their bars and **Runners World** sent the race numbers and boxes of **Wheaties** cereal for every runner to try.

Jeff and I really appreciate the support the Kankakee River 10K received from so many of the club members who came out to help and /or run. It's always a great race with a lot to offer so we can't figure out why the numbers continue to decrease from year to year. If anyone has any idea why this is happening and has any suggestions, please let us know because we are sure baffled by it. Thanks again to our wonderful sponsors, helpers, runners and walkers for making our event so enjoyable for all in attendance. Marcia

ON DAN'S RUN

By Dan Gould

"Run 'til you puke!" Among the joys of running is being able to depend on your friends and fellow-competitors to cheer you on. Sometimes they say "Looking good!" or "Hang in there!" Charlie Grotevant is an original and his cry of "Run 'til you puke!" was original. These encouraging words came as I sprinted off the starting line at the Kankakee River 10K, catching Charlie and a number of others by surprise. Actually, I was pretty surprised myself.

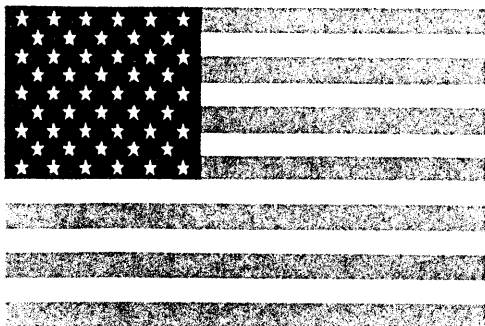
A week earlier, I had ridden to Channahon with Pat Koerner to run the NHC 25K. I expressed to Pat that what I was about to do was proof of the old adage that "there is no fool like an old fool." My longest run in months had been ten miles and my weekly mileage has been pretty consistently between sixteen and twenty-five miles. That is not a great base for racing fifteen and a half miles. While I ran respectably, everything considered, my calf, ankle and shin muscles spoke to me in angry tones in the following week.

That foolishness came a week or two after the 6th Annual Ag in the Classroom bicycle ride, a three-day, 240-mile adventure. My gluteus maximus spoke to me in angry tones after that one. Have you ever been called a gluteus maximus by your gluteus maximus? That foolishness was instituted by and participated in by Charlie Grotevant. Leon Malone participated and Shirley Malone, Joyce Grotevant, and Pat Gould were witnesses. I had only biked 233 miles in the three weeks preceding the ride. I turned 57 the last day of August and apparently became the proverbial old fool..

Back at the Kankakee River State Park, I briefly ran with Pete Kershaw, Dave Cagle, Rich Olmstead and John Bevis, who are Chicago Marathon bound. I haven't been a marathon man since '97. I was over my head, knew it, and didn't want to run 'til I puked. With Charlie Kerley in attendance, Charlie Grotevant and I were simply battling for second place in age group. I would later tell Charlie that my starting line sprint was psychological warfare. My legs were still feeling the 25K. Charlie, of course, was "fresh" from the Dwight 5K the day before. I think John and Bob Pool also "doubled" that weekend.

There were only 72 of us across the finish line this year. I don't know if that was a record low, but it is hard to understand. We have a beautiful venue, nice awards, decent shirts and that great Chicago Dough pizza served up by Glen and Cindy Grant. The rain held off for most of us. I guess it is all relative. News coverage of the 1982 Governor's 10K reported that over 600 participated, a "great improvement over last year's disappointing turnout of 387." Our club's signature race is but a shadow of its former self.

As we huddled in the pavilion when the rain came after the race, I wondered how many runners had come and gone in the 20 years that I had been part of it. I felt a touch of nostalgia (us old folks get that frequently) as I noted the absence of Doc and Dorothy Baldwin. Doc, a charter member of the Kankakee River Running Club in 1979, died August 31st at age 81. He loved to run, but always paid his dues when there was work to be done. He was a man of intelligence, integrity and good humor. As I glanced through a 1991 album of the Governor's 10K, I found a picture of a smiling Doc and Dorothy. The world is a better place because he was here. Ken Klipp, another charter member, has worked the finish line and announced the awards for as long as I can remember. He, Lynn Troost, and Howard Strassenburg are the remaining charter members of our club and we haven't seen much of either Lynn or Howard recently. Have we seen you lately? You know who you are and we miss you. Send your newsletter editor - Marcia - a note about some race or running adventure you've had. Hope to see you on Dan's run!



**GOD BLESS
AMERICA.**

THE STARTING LINE

KRRC MEMBERS OF ALL ABILITIES MEET AT THE KANKAKEE RIVER STATE PARK(PARKING LOT ACROSS FROM HEATED BATHROOMS) AT 8A.M. FROM MAY THRU OCTOBER AND 9A.M. FROM NOVEMBER THRU APRIL TO RUN AND SOCIALIZE ON OFF-RACE SUNDAYS. INDIVIDUALS MAY VARY THE STARTING TIME BASED ON DISTANCE THEY INTEND TO RUN AND THEIR PERSONAL OBLIGATIONS. BRING A RUNNING BUDDY AND JOIN US!

Oct. 13, Sat., 8am, 12th Annual Shoreline Classic 15K, 5K run/walk & 1 Mile Run/Walk, Nelson Park, Decatur, IL
(217)422-3340 N or (217)422-9300 D

Oct. 13, Sat., 8am, Dirt Duathlon, 8 mi. bike, 3 mi. run, East Peoria, IL (309)266-8033 www.dirtduathlon.com

Oct. 13, Sat., 9am, IVCC Cross Country 4 Miler, Oglesby, IL (815)224-0466

Oct. 14, Sun., 1PM, DARE Katie Maguire Memorial 5K & 1/2 Mile Kid's Run, Bloomington, IL
Angie or Denny (309)662-2139

Oct. 20, Sat., 9am, Hit the Road for Habitat 5K run/3K walk Bloomington, IL (309)661-0939

Oct. 20, Sat., 10am, Omni 41 Pumpkin Prance 5K, Schererville, IN Tom Bainbridge (219)865-6969 ext.370

Oct. 20, Sat., 10am, 1st Annual Aspire. Inspire 5K run/walk & 1/2 or 1 mile kid's run @ 9:15am Thomas Jefferson School, 2651 Glenwood Ave, Joliet, IL (815) 725-0262 or (815)729-2929 after 6 pm.

Oct. 20, Sat., 10am, Ottawa 5K, Linda (815)795-6148

Oct. 20th, Sat., Miles for Miracles 5K Run/Walk, 10:00am, Knights of Columbus Hall on Main St., Ottawa, IL
Linda (815)795-6148

Oct. 21, Sun., 8:15am, Frank Lloyd Wright 10K/5K Oak Park, IL (708)725-2200 www.oakparksports.com

Oct. 27, Sat., 6pm, Race the Dead 3.9 Miler, Towanda, IL (309)662-4014

Oct. 27, Sat., 9am, Town & Gown 5K Run & 1K Fun Walk, Normal, IL (309)438-5631

Oct. 28, Sun., 9am, Allerton Park 5.5 Mile Trail Run, Monticello, IL (217)355-6217; s-dun@uiuc.edu no race day reg.

Nov. 3, Sat., 9am, The Gourd Run 10K, Chesterton, IN, Katie (219)1842 katie.rizer@lelcompany.com

Nov. 4, Sun., 11am, Canal Connection 10K, Utica, IL Jon (815)223-8988 bastuck@gateway.net

Nov. 10, Sat., 9am, Gobbler Hobbler 10K, Montgomery, IL (630)554-1010

Nov. 17, Sat., 10:30am, Turkey Trot 10Krun & 5K run/walk, Decatur, IL (217)422-8535 JamieG@decparcs.com

Nov. 18th, Sun., 9am, Rock 'n' Sole #2 Trail Challenge 5.25 Miles Schiller Woods Forest Preserve Grove #2 Irving Park & Cumberland Ave.'s, www.signmeupsports.com (773)868-0893

Nov. 18th, Sun., 2:00pm, St. Anthony's 5K, 7659 W. Sauk Trail Frankfort, IL (815)469-3750 benefits homeless

Nov. 18, Sun., 1pm, Jingle Bell 5K, Bloomington, IL (309) 451-0785 arthritisGILmclean@juno.com

Nov. 22, Thurs., 9am, Sugar Creek Trail Pie 5k Run and 2 mile fun run/walk, Rock River Landing, 44 Rock River Ridge Rd. trailhead located on the Sugar Creek Trail, Crawfordsville, IN (765)364-5175 marla@wico.net

THE FINISH LINE

Aug. 17 USF Twilight Run 5K Tampa FL

John Hickey 27.18 1st A/G

Erma Hickey 44.05 1st A/G

Aug. 19 Danvers Days 5K

Bob Pool 22:01

John Pool 22:31

Aug. 25 Minooka 5K

Rod Kahl 18:09 2AG

Sept. 1 Education First 5K Pt Charlotte FL

John Hickey 26.41 2nd A/G

Sept. 9 Run For The Gold 5K Tampa FL

John Hickey 26.57 2nd A/G

Erma Hickey 41.21 1st A/G

Sept. 9 Chicago 1/2 Marathon

Bill Batkiewicz 1:59.10

Sept. 16 Nat'l Hert. Corr. 25K

John Bevis 1:52.47 PR

Jeff Lonergan 2:19

Sept. 30 Wild, Wild Wilderness 7.6 Mi.

Phil Newberry 54:23

Jeff Lonergan 1:02.21

Doug McWilliams 1:04.30

Marcia Lonergan 1:09.16

Randy Riegel 1:09.27

Pat Pierce 1:16.29

Sept. 2 Herscher Hare & Tortoise 5K

Troy Walker 16:43 10A

Rich Olmstead 20:19 1AG

Bob LeMaire 20:24 2AG

Taylor Bennett 20:39 20A

Marla Styck 21:37 1AG

Charlie Grotevant 21:39 2AG

Bob Pool 21:43 2AG

Dan Weber 21:46 2AG

Jeff Lonergan 21:50 3AG

Phil Newberry 22:21 3AG

Dave Merillat 22:23 2AG

John Pool 22:37 3AG

Larry Lane 23:24

Doug McWilliams 24:13 3AG

Randy Riegel 25:49

Paul Suprenant 25:55

Deb Renville 26:16 1AG

Marcia Lonergan 27:35 2AG

Pat Baldwin 29:09

Marianne Suprenant 29:57 2AG

Rasa Weber 31:03 3AG

Bev Smith 31:55 1AG

Charlie Grotevant's Times

Sept. 1 Sweetcom Classic 5K

Hoopston, IL 21:05 1AG

Sept. 8 Chebanse Homecoming 5K

Chebanse, IL 21:45 1AG 50+

Sept. 9 Mitsubishi 1/2 Marathon

Normal, IL 1:43:36 2AG 55+

Sept. 15 Morton Pumpkin Festival 10K

Morton, IL 43:46

Sept. 22 Dwight Harvest Days 5K

Dwight, IL 21:20

Herscher 2 Mile Walk

Michelle Baldwin 26.11 20A

Gale Lehnus 33:01

Kankakee River OK

9/23/01

Race Results BY OVERALL FINISH

AgeGroup	Overall	GrpPlace	Time	Bit#	Name
4 25 - 29	1	1 OA	0:34:49.3	83	Troy R Walker
4 35 - 39	2	2 OA	0:35:06.2	38	Chris Stockman
4 35 - 39	3	3 OA	0:35:25.5	1	Patrick D Koerner
4 35 - 39	4	1 AG	0:38:02.6	89	David A Barrett
4 25 - 29	5	1 AG	0:38:52.7	91	Alan Standley
4 40 - 44	6	1 MST	0:39:03.9	57	Dan Forde
4 40 - 44	7	1 AG	0:39:36.0	40	Jose L Jimenez
4 40 - 44	8	1 AG	0:39:47.4	65	Bill Wachter
4 45 - 49	9	1 AG	0:39:52.7	29	Rich W Olmstead
4 45 - 49	10	2 AG	0:40:32.4	30	Don K Lafferty
4 45 - 49	11	3 AG	0:41:10.5	35	Peter E Kershaw
4 30 - 34	12	2 AG	0:41:17.1	54	David W Cagle
4 40 - 44	13	1 OA	0:41:43.0	46	Barbarann Mallory
4 35 - 39	14	2 AG	0:42:11.6	37	John J Bevis
4 55 - 59	15	1 AG	0:42:46.2	32	Charles Kerley
35 - 39	16	3 AG	0:43:07.5	41	Phil R Newberry
25 - 29	17	2 AG	0:43:23.6	56	Brian Easter
40 - 44	18	2 AG	0:43:52.0	2	Clinton L Carter
55 - 59	19	2 AG	0:44:24.8	6	Daniel W Gould
60 - 60	20	1 AG	0:44:53.0	7	Robert E Pool
55 - 59	21	3 AG	0:44:55.4	21	Charlie Grotevant
40 - 44	22	3 AG	0:44:58.7	14	Daniel L Lavire
45 - 49	23	4	0:45:03.1	53	Domingo Becerra
20 - 24	24	2 OA	0:45:23.2	93	Jennifer Strickland
35 - 39	25	4	0:45:49.0	61	Daniel E Hall
50 - 54	26	1 AG	0:46:02.5	25	Hank Gawenda
50 - 54	27	2 AG	0:46:29.3	55	Juan Gomez
30 - 34	28	3 AG	0:46:51.1	10	David K Merrillat
45 - 49	29	5	0:47:07.5	15	Jeff P Lonergan
30 - 34	30	4	0:47:21.0	45	John Mallory
40 - 44	31	4	0:47:22.4	44	Doug McMilliams
55 - 59	32	4	0:47:30.7	34	John F Pool
40 - 44	33	5	0:47:48.8	19	Dan F Weber
35 - 39	34	5	0:48:25.5	11	Andy W Furbee
25 - 29	35	3	0:48:30.6	66	Peter Walter
40 - 44	36	6	0:48:40.4	22	Mark Sverson
40 - 44	37	7	0:48:56.3	51	Larry Bornhofen
40 - 44	38	3 OA	0:49:19.0	52	May Kelly
50 - 59	39	1 MST	0:49:54.6	13	Sandy Kurtenbach
50 - 99	40	1 AG	0:50:44.5	50	Kathleen H Steffen
50 - 54	41	3 AG	0:51:14.3	8	John A Sheridan
45 - 49	42	6	0:51:26.3	5	Glen Gabryel
40 - 44	43	1 AG	0:51:36.3	88	Theresa C Burgard
35 - 39	44	1 AG	0:51:41.5	64	Penny Ploski

M 50 - 54	45	4	0:52:09.4	92	Mark J McDemott
M 50 - 54	46	5	0:52:15.7	36	Paul L Surprenant
M 45 - 49	47	7	0:52:59.6	49	Randy Riegel
M 50 - 54	48	6	0:53:05.7	28	Art Hostert
M 45 - 49	49	8	0:53:24.7	43	Dale Johnson
M 35 - 39	50	2 AG	0:53:39.2	3	Harcia J Lonergan
M 45 - 49	51	9	0:54:08.5	17	Bob Schaumann
M 60 - 99	52	2 AG	0:55:14.8	24	Gary F Englehorn
M 45 - 49	53	10	0:55:16.3	26	Hill Love Jr
M 45 - 49	54	11	0:56:20.5	60	Gary M Westler
F 30 - 34	55	1 AG	0:56:29.4	16	Lisa Simpson
F 35 - 39	56	3 AG	0:57:30.9	87	Deborah A Renville
F 45 - 49	57	1 AG	0:57:52.0	12	Pat M Pierce
M 60 - 99	58	3	0:58:10.1	4	James Halstead
F 30 - 34	59	2 AG	0:58:46.8	23	Jenny Mamples
F 40 - 44	60	2 AG	1:00:03.9	33	Mariame Surprenant
M 45 - 49	61	61	1:00:16.2	90	Pete Klaeser
F 50 - 99	62	2 AG	1:01:52.3	18	Gayle Schaumann
F 50 - 99	63	3 AG	1:02:02.5	31	Marilyn L Graham
F 35 - 39	64	4	1:02:33.7	20	Rasa Weber
M 55 - 59	65	5	1:03:42.6	59	Sheldon S Nicol
F 35 - 39	66	5	1:07:10.2	39	Deborah Murphy
F 25 - 29	67	1 AG	1:08:22.4	90	Julie Standley
F 45 - 49	68	2 AG	1:15:01.1	86	Julie Hughes
M 55 - 59	69	6	1:24:40.5	85	John S Flynn
M 50 - 99	70	4	1:24:41.0	84	Marge Flynn
M 60 - 99	71	4	1:25:05.5	47	John O Fryklund
F 50 - 99	72	5	1:27:56.3	62	Ginny Kelly
M 50 - 54	73	4	1:28:27.0	14	John O Fryklund
M 50 - 54	74	5	1:28:32.0	15	John O Fryklund
M 50 - 54	75	6	1:28:37.0	16	John O Fryklund
M 50 - 54	76	7	1:28:42.0	17	John O Fryklund
M 50 - 54	77	8	1:28:47.0	18	John O Fryklund
M 50 - 54	78	9	1:28:52.0	19	John O Fryklund
M 50 - 54	79	10	1:28:57.0	20	John O Fryklund
M 50 - 54	80	11	1:29:02.0	21	John O Fryklund
M 50 - 54	81	12	1:29:07.0	22	John O Fryklund
M 50 - 54	82	13	1:29:12.0	23	John O Fryklund
M 50 - 54	83	14	1:29:17.0	24	John O Fryklund
M 50 - 54	84	15	1:29:22.0	25	John O Fryklund
M 50 - 54	85	16	1:29:27.0	26	John O Fryklund
M 50 - 54	86	17	1:29:32.0	27	John O Fryklund
M 50 - 54	87	18	1:29:37.0	28	John O Fryklund
M 50 - 54	88	19	1:29:42.0	29	John O Fryklund
M 50 - 54	89	20	1:29:47.0	30	John O Fryklund
M 50 - 54	90	21	1:29:52.0	31	John O Fryklund
M 50 - 54	91	22	1:29:57.0	32	John O Fryklund
M 50 - 54	92	23	1:30:02.0	33	John O Fryklund
M 50 - 54	93	24	1:30:07.0	34	John O Fryklund
M 50 - 54	94	25	1:30:12.0	35	John O Fryklund
M 50 - 54	95	26	1:30:17.0	36	John O Fryklund
M 50 - 54	96	27	1:30:22.0	37	John O Fryklund
M 50 - 54	97	28	1:30:27.0	38	John O Fryklund
M 50 - 54	98	29	1:30:32.0	39	John O Fryklund
M 50 - 54	99	30	1:30:37.0	40	John O Fryklund
M 50 - 54	100	31	1:30:42.0	41	John O Fryklund
M 50 - 54	101	32	1:30:47.0	42	John O Fryklund
M 50 - 54	102	33	1:30:52.0	43	John O Fryklund
M 50 - 54	103	34	1:30:57.0	44	John O Fryklund
M 50 - 54	104	35	1:31:02.0	45	John O Fryklund
M 50 - 54	105	36	1:31:07.0	46	John O Fryklund
M 50 - 54	106	37	1:31:12.0	47	John O Fryklund
M 50 - 54	107	38	1:31:17.0	48	John O Fryklund
M 50 - 54	108	39	1:31:22.0	49	John O Fryklund
M 50 - 54	109	40	1:31:27.0	50	John O Fryklund
M 50 - 54	110	41	1:31:32.0	51	John O Fryklund
M 50 - 54	111	42	1:31:37.0	52	John O Fryklund
M 50 - 54	112	43	1:31:42.0	53	John O Fryklund
M 50 - 54	113	44	1:31:47.0	54	John O Fryklund
M 50 - 54	114	45	1:31:52.0	55	John O Fryklund
M 50 - 54	115	46	1:31:57.0	56	John O Fryklund
M 50 - 54	116	47	1:32:02.0	57	John O Fryklund
M 50 - 54	117	48	1:32:07.0	58	John O Fryklund
M 50 - 54	118	49	1:32:12.0	59	John O Fryklund
M 50 - 54	119	50	1:32:17.0	60	John O Fryklund
M 50 - 54	120	51	1:32:22.0	61	John O Fryklund
M 50 - 54	121	52	1:32:27.0	62	John O Fryklund
M 50 - 54	122	53	1:32:32.0	63	John O Fryklund
M 50 - 54	123	54	1:32:37.0	64	John O Fryklund
M 50 - 54	124	55	1:32:42.0	65	John O Fryklund
M 50 - 54	125	56	1:32:47.0	66	John O Fryklund
M 50 - 54	126	57	1:32:52.0	67	John O Fryklund
M 50 - 54	127	58	1:32:57.0	68	John O Fryklund
M 50 - 54	128	59	1:33:02.0	69	John O Fryklund
M 50 - 54	129	60	1:33:07.0	70	John O Fryklund
M 50 - 54	130	61	1:33:12.0	71	John O Fryklund
M 50 - 54	131	62	1:33:17.0	72	John O Fryklund
M 50 - 54	132	63	1:33:22.0	73	John O Fryklund
M 50 - 54	133	64	1:33:27.0	74	John O Fryklund
M 50 - 54	134	65	1:33:32.0	75	John O Fryklund
M 50 - 54	135	66	1:33:37.0	76	John O Fryklund
M 50 - 54	136	67	1:33:42.0	77	John O Fryklund
M 50 - 54	137	68	1:33:47.0	78	John O Fryklund
M 50 - 54	138	69	1:33:52.0	79	John O Fryklund
M 50 - 54	139	70	1:33:57.0	80	John O Fryklund
M 50 - 54	140	71	1:34:02.0	81	John O Fryklund
M 50 - 54	141	72	1:34:07.0	82	John O Fryklund
M 50 - 54	142	73	1:34:12.0	83	John O Fryklund
M 50 - 54	143	74	1:34:17.0	84	John O Fryklund
M 50 - 54	144	75	1:34:22.0	85	John O Fryklund
M 50 - 54	145	76	1:34:27.0	86	John O Fryklund
M 50 - 54	146	77	1:34:32.0	87	John O Fryklund
M 50 - 54	147	78	1:34:37.0	88	John O Fryklund
M 50 - 54	148	79	1:34:42.0	89	John O Fryklund
M 50 - 54	149	80	1:34:47.0	90	John O Fryklund
M 50 - 54	150	81	1:34:52.0	91	John O Fryklund
M 50 - 54	151	82	1:34:57.0	92	John O Fryklund
M 50 - 54	152	83	1:35:02.0	93	John O Fryklund
M 50 - 54	153	84	1:35:07.0	94	John O Fryklund
M 50 - 54	154	85	1:35:12.0	95	John O Fryklund
M 50 - 54	155	86	1:35:17.0	96	John O Fryklund
M 50 - 54	156	87	1:35:22.0	97	John O Fryklund
M 50 - 54	157	88	1:35:27.0	98	John O Fryklund
M 50 - 54	158	89	1:35:32.0	99	John O Fryklund
M 50 - 54	159	90	1:35:37.0	100	John O Fryklund

AgeGroup	Overall	GrpPlace	Time	Bit#	Name
M 25 - 29	1	1 OA	0:16:43.3	371	Troy R Walker
M 30 - 34	2	1 AG	0:16:56.4	360	Patrick D Koerner
M 35 - 39	3	1 AG	0:17:18.9	373	Bryce M Baker
M 40 - 44	4	2 AG	0:17:57.5	326	Rod Kahl
M 45 - 49	5	1 AG	0:18:08.7	333	Jim Sulzberger
M 50 - 54	6	1 AG	0:18:25.8	376	Joe W Burgess
M 55 - 59	7	1 AG	0:18:32.6	329	David A Barrett
M 60 - 64	8	1 AG	0:18:42.5	370	Dan T Henry Jr
M 65 - 69	9	1 AG	0:19:19.1	372	Jose L Jimenez
M 70 - 74	10	1 AG	0:19:19.1	373	Jose L Jimenez
M 75 - 79	11	1 AG	0:19:19.1	374	Jose L Jimenez
M 80 - 84	12	1 AG	0:19:19.1	375	Jose L Jimenez
M 85 - 89	13	1 AG	0:19:19.1	376	Jose L Jimenez
M 90 - 94	14	1 AG	0:19:19.1	377	Jose L Jimenez
M 95 - 99	15	1 AG	0:19:19.1	378	Jose L Jimenez
M 100 - 104	16	1 AG	0:19:19.1	379	Jose L Jimenez
M 105 - 109	17	1 AG	0:19:19.1	380	Jose L Jimenez
M 110 - 114	18	1 AG	0:19:19.1	381	Jose L Jimenez
M 115 - 119	19	1 AG	0:19:19.1	382	Jose L Jimenez
M 120 - 124	20	1 AG	0:19:19.1	383	Jose L Jimenez
M 125 - 129	21	1 AG	0:19:19.1	384	Jose L Jimenez
M 130 - 134	22	1 AG	0:19:19.1	385	Jose L Jimenez
M 135 - 139	23	1 AG	0:19:19.1	386	Jose L Jimenez
M 140 - 144	24	1 AG	0:19:19.1	387	Jose L Jimenez
M 145 - 149	25	1 AG	0:19:19.1	388	Jose L Jimenez
M 150 - 154	26	1 AG	0:19:19.1	389	Jose L Jimenez
M 155 - 159	27	1 AG	0:19:19.1	390	Jose L Jimenez
M 160 - 164	28	1 AG	0:19:19.1	391	Jose L Jimenez
M 165 - 169	29	1 AG	0:19:19.1	392	Jose L Jimenez
M 170 - 174	30	1 AG	0:19:19.1	393	Jose L Jimenez
M 175 - 179	31	1 AG	0:19:19.1	394	Jose L Jimenez
M 180 - 184	32	1 AG	0:19:19.1	395	Jose L Jimenez
M 185 - 189	33	1 AG	0:19:19.1	396	Jose L Jimenez
M 190 - 194	34	1 AG	0:19:19.1	397	Jose L Jimenez
M 195 - 199	35	1 AG	0:19:19.1	398	Jose L Jimenez
M 200 - 204	36	1 AG	0:19:19.1	399	