



# THE PAPER RACE

## THE NEWSLETTER OF THE KANKAKEE RIVER RUNNING CLUB SINCE 1979



JULY 2001 KRRC NEWSLETTER, 5223 N PIN OAK TURN, BOURBONNAIS, IL 60914 ISSUE 161

**KRRC IS HAVING A PARTY!!!**

**SATURDAY, JULY 21<sup>ST</sup>**

**5:00 PM TO 7:00 PM**

**AT THE BBCHS TRACK & POOL**

**RUN, SWIM & EAT**

STARTING AROUND 5:00PM WE WILL HAVE KID'S RACES ON THE TRACK. ADULTS CAN RUN ON THE TRACK OR GO FOR A RUN AROUND THE NEIGHBORHOOD. AT APP. 5:30 THE POOL WILL BE OPEN FOR US TO SWIM LAPS OR JUST SPLASH AROUND. **CHICAGO DOUGH PIZZAS** WILL ARRIVE AT APP. 6PM. POP AND GATORADE WILL BE PROVIDED. NO ALCOHOL PERMITTED.

THIS EVENT IS **FREE** FOR THE FAMILIES HAVING "**FAMILY MEMBERSHIPS**". THOSE HAVING "**SINGLE MEMBERSHIPS**" AND THOSE BRINGING **NON-FAMILY MEMBERS** WILL BE CHARGED **\$3 PER ADULT AND \$1 PER CHILD**. (Family is considered the adults and children living in the same house.)

IF YOU HAVE ANY QUESTIONS, PLEASE CALL **LINDA LINN AT (815)935-0815**

**DESSERTS WELCOME IF YOU WISH TO BRING SOMETHING. HOPE TO SEE YOU THERE!**

Calling All Runners!

On Thursday, July 26, the Kankakee Area YMCA will kick off its second annual Corporate Challenge. This event brings area businesses together for four days of fun competitions ... everything from pep rallies to obstacle courses.

To launch the event, Chris Gandy (former Chicago Bulls player and BBCHS graduate) will carry an Olympic-style torch from the YMCA on Kennedy Drive to Bradley Bourbonnais High School, the host site of the Corporate Challenge.

This will all take place on Thursday evening, July 26.

The exact time that Chris will take off from the YMCA is still being determined, but it will be between 5:00 p.m. and 6:00 p.m.

Anyone interested in running with Chris is welcome to join him. (Please note: This is not a race. There are no T-shirts and no prizes!) There will be a police escort.

Opening ceremonies for the Corporate Challenge begin at BBCHS at 6:30 p.m.

All runners, family, and friends are encouraged to stay for the festivities.

For the exact time that Chris and fellow runners will leave the Kankakee Area YMCA, call Pam Gall, director of the Corporate Challenge, at 933-1741.

---

*Bill Linn's Annual Sample Sale will be held on August 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup>. There will be a lot of new items this year. More information will be in the August newsletter. Mark these dates on your calendar.*

# JULY B-days!

HAPPY BIRTHDAY TO...

Name	Birthdate	Age	
Phil Angelo	7/17/51	50	YRS
Ben Angelo	7/07/83	18	YRS
Taylor Bennett	7/11/88	13	YRS
John Bevis	7/30/63	38	YRS
Kenneth Brock	7/31/49	52	YRS
Tom Goodberlet	7/12/57	44	YRS
Antonio Acevedo	7/08/87	14	YRS
Krista Hickey	7/12/81	20	YRS
Leon Malone	7/07/30	71	YRS
Dan Noffke	7/25/84	17	YRS
Deborah Renville	7/10/65	36	YRS
ERIN RICHEY	7/14/69	32	YRS
Lisa Shelly	7/24/79	22	YRS
Mark Steffen	7/12/53	48	YRS
Paul Suprenant	7/08/47	54	YRS
John Vallone	7/19/57	44	YRS

## KRRC OFFICERS

President, Phil Newberry (815)936-0186  
V-President Dave Barrett (815)937-4668  
Treasurers Marcia Lonergan & Dave Barrett

## KRRC NEWSLETTER EDITORS

E-MAIL [RUN4FUN@DAILY-JOURNAL.COM](mailto:RUN4FUN@DAILY-JOURNAL.COM)

Marcia Lonergan (815)933-1695  
Phil Newberry (815)936-0186

## ACTIVITIES DIRECTOR

Pat Baldwin (815)932-2950

## KRRC WEBSITE

[WWW.KEYNET.NET/~KRRC](http://WWW.KEYNET.NET/~KRRC)

## Welcome New Members

## The Bennett Family of Bourbonnais

### WANTED

The Henry Shelly family is in the market for a used baby cart that goes behind a bicycle. Preferably one that converts to a stroller.

If you have such an item that you want to sell, please contact Grandpa and Grandma Shelly at (815) 933-9255.

### FAST-N-FIT FOODS

BY JANET SHELLY

#### Jenny's Pork Barbecue

2 1/2 pounds pork roast (can also use beef, turkey or chicken)  
1 onion, minced  
2 TBS. butter  
2 TBS. vinegar  
2 TBS. brown sugar  
1 TBS. lemon juice  
1 cup catsup  
1 cup beef broth  
1 cup celery, finely chopped  
2 tsp. salt  
3 tsp. Worcestershire sauce  
Cook meat as desired. Cool, shred. Brown onions and celery in butter.

Add rest except meat. Let simmer for 1 hour.

Add meat, let simmer for another hour. Serve on sandwich buns.

Enjoy! Janet

### THE STARTING LINE

KRRC MEMBERS OF ALL ABILITIES MEET AT THE KANKAKEE RIVER STATE PARK(PARKING LOT ACROSS FROM HEATED BATHROOMS) AT 8A.M. FROM MAY THRU OCTOBER AND 9A.M. FROM NOVEMBER THRU APRIL TO RUN AND SOCIALIZE ON OFF-RACE SUNDAYS. INDIVIDUALS MAY VARY THE STARTING TIME BASED ON DISTANCE THEY INTEND TO RUN AND THEIR PERSONAL OBLIGATIONS. BRING A RUNNING BUDDY AND JOIN US!

**July 10<sup>th</sup> KRRC 5K FUN RUN 6p.m. Small Memorial Park, Kankakee, IL HENRY & JANET (815)933-9255**  
July 11 6:30pm, Friendship Run 5K, Hammond, IN Joe Mis (219)931\_6587  
July 13, 6:30pm Bastille Days 5K, Chicago Hotline # (773)777-3261

**July 21 PSMH Parish Nursing "Heart of the Matter" 5K run/walk, Kankakee, IL Provena St. Mary's Hospital Conference Ctr. Patricia Kershaw (815) 936-3256 or [patriciaakershaw@provenahealth.com](mailto:patriciaakershaw@provenahealth.com)**

July 21 Lake Bloomington Dog Days 5K, 6:30pm, 206 S. Linden St., Normal, IL Mitch Hobbs (309)452-7749  
July 22 MetLife Duathlon, Tinley Park, IL 2MI Run/10 MI Bike/2MI Run 8:00am [www.signmeupsports.com](http://www.signmeupsports.com)  
Gil Hannon (708)429-4207 [ghannon@metlife.com](mailto:ghannon@metlife.com)

July 26 Sundowner 5K & kid's dash, 7:15PM, Joliet Park Dist. Horticulture Ctr. 227 N. Gougar Rd. Jeff Lindstrom (815)722-1029

**July 29 KCTC'S 3<sup>rd</sup> Annual Boxtrot 5K Run & Fitness Walk, 8:00a.m., 333 S. Schuyler, Bradley, IL David Cagle (815)932-4022 [dcagle@kctc-org.com](mailto:dcagle@kctc-org.com) Pancake & sausage breakfast after race.**  
July 29 Wilmington Catfish Fest 5K & 1 Mile Fun Walk, 9:00a.m., South Island Park on Rt. 53  
McGann & Assoc. (815)476-2079

Aug. 5 Progressive Marathon 4.05, 8am, Park Forest, IL John Kotash (708)846-0558  
Aug. 7 Progressive Marathon 4.05, 7pm, Park Forest, IL John Kotash (708)846-0558

Aug. 10 Wenona Days 5K, 7PM,  
Aug 11-8:30am Lincoln Way 5K run/walk Lincoln Way H.S. New Lenox <http://d210.lwhs.will.k12.il.us/>  
**Aug. 12<sup>th</sup> -8:00am, Momence Glad Run 10K/5K/1mile walk, Momence High School Mike Hickey (815)472-2253**  
**Aug 14<sup>th</sup> KRRC 5K FUN RUN 6p.m. Small Memorial Park, Kankakee, IL JOHN SHOUP (815)933-6909**  
Aug 18 7:30am-I Run/Walk for Autism 5K, Matteson, IL Mary Higinbotham (708)798-0923  
**Sept. 2 Herscher Hare & Tortois 5K/2 mile walk Herscher Park Rick Livesay (815)939-0719**

Sept. 3 Scenic 10 Park Forest Bud James (708)748-2005

**Sept. 7 6:30pm, Peotone Country Classic 5K , Park Dist. Bldg./High School Kirsten Steeves (708)258-3939**

Sept. 9- 8:00am Village of Oak Lawn "Fall on the Green Fest. " 10K run & 1 mile walk to benefit Advocate Hope Children's Hospital Info. Call Village of Oak Lawn (708)636-4400

Sept. 9 Mitsubishi 1/2 Marathon and 5K, Normal, IL

Sept. 9 Chicago 1/2 Marathon 7:30am, Museum of S&I Lake Shore Dr. & 57<sup>th</sup> St., (773)929-6072 [chicagohalfmarathon.com](http://chicagohalfmarathon.com)

Sept. 9 AARP's Tri-Umph Classic Triathlon ages 50 and over, 1/4 mi. swim, 12.4 mi. bike, 3.1 mi. run.  
Info. Call 1-800-424-3410

Sept. 16 8am-National Heritage Corridor 25K (815)725-6153 [jsbrun26@msn.com](mailto:jsbrun26@msn.com)

**Sept. 23<sup>rd</sup>-9:00am-Kankakee River 10K/2 Mile Walk, Kankakee River State Park, Bourbonnais, IL Jeff Lonergan (815)933-1695**

Oct. 7 The LaSalle Bank Chicago Marathon 7:30am [www.chicagomarathon.com](http://www.chicagomarathon.com)

## THE FINISH LINE

The 23rd Boulder Boulder 10k  
at 5,430 feet of altitude  
Memorial Day, 2001  
Boulder, CO  
41,117 total finishers  
19,218 male finishers  
21,899 female finishers

Ron Ruda  
54 mins 50 sec  
Overall Place: 9,350  
Place by Sex: 6,838  
295 finishers in the 50 - 54 age group  
Place by age: 69

Nancy J. Ruda  
52:32  
Overall Place: 7,120  
Place by Sex: 1,666  
415 finishers in the 40 - 44 age group  
Place by age: 28

Charlie Grotevant

June 2 YMCA 5K Kanakakee, IL 21:24

June 9 Lake Mingo Trail Run Danville, IL 1:02:47 2 AG 55-59

June 17 Killbride Family Classic 5K Kankakee, IL 21:20 3 AG 55-59

June 23 Gridley Rock n' Roll 5K Gridley, IL 21:19 1AG 55-59

June 24 Bourbonnais Friendship Festival 5K Bourbonnais, IL 20:45 2AG 55-59

Jeff and Marcia,

I'm e-mailing you from a bookstore in West Palm Beach, FL. Michelle and I are here on vacation this week. We did a race on July 1st in Deerfield Beach, FL. called the 4th of July 5k Run and Fitness Walk. They also had a People and Pooch 1 mile run. Lots of dogs running. My time was 29:40 and Michelle did the 5k walk in 44:30. It was very warm and humid. Fun race. I am doing a 5k run on the 4th of July in West Palm Beach. Should be fun. Have fun in Watseka. Run Hard! See Ya! Pat and Michelle

Thanks for the note for the race in Watseka! It was a really well organized run on a flat, fast course (perhaps a bit short of 3.1, but we don't need to go into that!). I guess the official name was the Iroquois County 5k. I ran 20:04 and placed second in my age group. On Sunday, July 1, I ran in the Liberty Run 5k in Orland Park. My time was 21:33 and I was second in my age group.

I also wanted to mention a 10k set for Sunday, September 9 in Oak Lawn. Proceeds go to the Advocate Hope Children's Hospital, and also includes a children's run (1 mile). Anyone interested can call (708) 636-4400 for info. Thanks again! Dave Merillat

FITNESS BARN 5 MILE RUN

6-9 Portage, IN

PAT KOEKNER 27:38 10A

DAN GOULD 34:56 1AG

JEFF LONERGAN 35:11

MARCIA LONERGAN 40:50

I am a runner and find that duct tape comes in handy. I put a reflective stripe of duct tape down the side of my wind pants so drivers can see me when I run at night. When I run cross-country races in the rain, I wrap duct tape around the laces and center of my shoes to keep the shoes from falling off. — **MICHAEL**

YMCA-5K 6-2-01

Race Results by OVERALL FINISH

Race Results by OVERALL FINISH

AgeGroup	Overall	GrpPlace	Time	Bib#	Name	Pace/M
M 20 - 24	1	1 OA	0:16:11.3	1	Elvis McCarter	05:13.3
M 40 - 44	2	2 OA	0:16:36.3	128	Chris Shockley	05:21.4
M 40 - 44	3	3 OA	0:16:40.4	138	Peter Slattery	05:22.7
M 20 - 24	4	1 AG	0:16:47.1	124	Matthew R Hinze	05:24.9
M 35 - 39	5	1 AG	0:16:49.4	5	Patrick D Koerner	05:25.6
M 25 - 29	6	1 AG	0:16:58.7	139	Bryce M Baker	05:28.6
M 35 - 39	7	2 AG	0:17:25.5	6	Rod Kahl	05:37.3
M 25 - 29	8	2 AG	0:18:11.5	135	Kevin L Gum	05:52.1
M 25 - 29	9	3 AG	0:18:33.0	117	Preston J Provost	05:59.0
M 40 - 44	10	1 MST	0:18:39.0	173	James L Rattin	06:01.0
M 35 - 39	11	3 AG	0:18:45.9	158	David A Barrett	06:03.2
M 55 - 59	12	1 AG	0:18:50.3	112	Pete W Mathis	06:04.6
M 20 - 24	13	2 AG	0:18:54.5	114	Dan T Henry Jr	06:06.0
M 50 - 54	14	1 AG	0:19:01.2	152	Ken P Klipp	06:08.1
M 40 - 44	15	1 AG	0:19:14.8	127	William Wachten	06:12.5
M 15 - 19	16	1 AG	0:19:21.4	119	Drew C Parsons	06:14.6
M 45 - 49	17	1 AG	0:19:30.0	136	Peter E Kershaw	06:17.4
M 35 - 39	18	4	0:19:30.5	159	Phil R Newberry	06:17.6
M 45 - 49	19	2 AG	0:20:01.1	49	Rich M Olmstead	06:27.5
M 15 - 19	20	2 AG	0:20:04.2	125	Jonathan Raiche	06:28.5
M 45 - 49	21	3 AG	0:20:17.0	50	Robert Lehaire	06:32.6
M 35 - 39	22	5	0:20:23.7	7	John J Bewis	06:34.7
M 30 - 34	23	1 AG	0:20:27.4	37	Peter Bernsdorf	06:35.9
M 60 - 99	24	1 AG	0:20:31.6	134	Ken R McMillen	06:37.3
M 30 - 34	25	2 AG	0:20:36.0	101	David M Cagle	06:38.7
M 35 - 39	26	6	0:20:47.3	147	Stefan Schulte	06:42.4
M 35 - 39	27	7	0:20:48.6	141	Douglas W Urbbe	06:42.8
F 30 - 34	28	1 OA	0:21:12.4	16	Marla J Styck	06:50.5
M 55 - 59	29	2 AG	0:21:16.6	118	Daniel W Gould	06:51.8
M 40 - 44	30	2 AG	0:21:20.1	42	Dan F Weber	06:52.9
M 55 - 59	31	3 AG	0:21:24.8	53	Charlie Groviant	06:54.5
M 60 - 99	32	2 AG	0:21:34.7	55	Robert E Pool	06:57.6
M 45 - 49	33	4	0:21:38.3	149	Jeff P Loneragan	06:58.8
M 45 - 49	34	5	0:21:47.6	48	Kurt Huddleston	07:01.8
F 15 - 19	35	2 OA	0:21:53.1	145	Amanda N Urbbe	07:03.7
M 45 - 49	36	6	0:21:53.6	113	Larry Jack	07:03.7
M 50 - 54	37	2 AG	0:22:00.9	116	Juan Gomez	07:06.1
M 30 - 34	38	3 AG	0:22:05.8	36	David K Merrillat	07:07.7
M 50 - 54	39	3 AG	0:22:37.6	120	Chuck Parsons	07:17.9
M 55 - 59	40	4	0:22:55.3	54	John F Pool	07:23.6
M 45 - 49	41	7	0:23:00.7	115	Don G Haag	07:25.4
M 20 - 24	42	3 AG	0:23:11.6	111	Jim Johnson	07:28.9
M 50 - 54	43	4	0:23:27.5	146	Wendell D Provost	07:34.0
M 40 - 44	44	3 AG	0:23:48.3	150	Randy L Rahrivg	07:40.7

AgeGroup	Overall	GrpPlace	Time	Bib#	Name	Pace/M
M 25 - 29	45	4	0:24:05.2	123	Denis Fellman	07:46.2
F 30 - 34	46	3 OA	0:24:06.1	155	Michelle Wilson	07:46.5
F 35 - 39	47	1 AG	0:24:12.6	148	Marcia J Loneragan	07:48.6
M 35 - 39	48	8	0:24:20.4	109	Chad Miller	07:51.1
M 30 - 34	49	4	0:24:38.9	142	Andy W Furbee	07:57.1
F 30 - 34	50	1 AG	0:24:50.9	143	Vienna Payne	08:00.9
M 50 - 54	51	5	0:25:00.5	102	Dale Yambor	08:04.0
M 50 - 54	52	6	0:25:05.0	51	Ron Ruda	08:05.5
M 30 - 34	53	5	0:25:08.3	39	Jim Ferris	08:06.5
F 40 - 44	54	1 MST	0:25:17.1	26	Nancy J Ruda	08:09.4
F 25 - 29	55	1 AG	0:25:22.3	130	Shannon Boudreau	08:11.1
F 15 - 19	56	1 AG	0:25:23.3	12	Peggy R Baldwin	08:11.4
F 55 - 59	57	1 AG	0:25:28.9	166	Sandy Kurtenbach	08:13.2
F 35 - 39	58	2 AG	0:25:32.0	151	Deborah A Remville	08:14.2
F 25 - 29	59	2 AG	0:25:48.7	105	Tina Riley	08:19.6
M 40 - 44	60	6	0:25:54.8	45	Eric Goodrich	08:21.5
M 45 - 49	61	8	0:25:56.9	131	Hill Love Jr	08:22.2
M 40 - 44	62	5	0:25:57.8	162	Bob V McKay	08:22.5
F 30 - 34	63	2 AG	0:26:01.4	108	Christine Beckman	08:23.7
F 30 - 34	64	3 AG	0:26:10.8	15	Jill Narrett	08:26.7
M 1 - 14	65	1 AG	0:26:18.1	34	Jase Goodrich	08:29.1
M 60 - 99	66	3 AG	0:26:23.9	103	Anjust Leone	08:30.9
M 50 - 54	67	7	0:26:24.8	156	Mark J McDermott	08:31.2
F 45 - 49	68	1 AG	0:26:46.9	172	Robert L Gammog	08:38.4
F 35 - 39	69	3 AG	0:26:55.8	167	Kathleen Kennedy	08:41.2
M 40 - 44	70	6	0:26:56.1	168	Harly J Whalen	08:41.5
M 40 - 44	71	7	0:27:00.1	4	John A Vallone	08:42.6
F 45 - 49	72	2 AG	0:27:11.6	28	Deedee L Baker	08:46.3
F 45 - 49	73	3 AG	0:27:37.1	29	Melinda Sutherland	08:54.5
M 30 - 34	74	6	0:27:42.7	38	Mark Wray	08:56.4
M 40 - 44	75	8	0:27:48.9	44	Joe Giacchino	08:58.4
M 40 - 44	76	9	0:27:49.9	47	Jerry Giacchino	08:58.7
M 40 - 44	77	1 AG	0:27:56.1	121	Donna Worth	09:00.7
F 35 - 39	78	4	0:27:57.4	21	Kelly K Haag	09:01.1
M 55 - 59	79	5	0:28:17.8	133	Harvin J Styck	09:07.7
F 30 - 34	80	4	0:28:20.7	107	Lisa Miller	09:08.6
M 40 - 44	81	10	0:28:24.3	43	Patrick J Baldwin	09:09.8
F 40 - 44	82	2 AG	0:28:32.0	24	Lindee Peters	09:12.3
F 25 - 29	83	3 AG	0:28:46.3	14	Kristin Anderson	09:16.9
F 20 - 24	84	1 AG	0:29:03.4	122	Emily Raiche	09:22.4
F 55 - 59	85	2 AG	0:29:23.8	33	Carol Sue Painter	09:29.0
F 40 - 44	86	3 AG	0:29:49.7	25	Lisa Goodrich	09:37.3
M 55 - 59	87	6	0:30:09.4	52	Kenneth T Jorgensen	09:43.7
F 50 - 54	88	1 AG	0:30:18.1	31	Janet Derrico	09:46.5
F 1 - 14	89	1 AG	0:31:48.0	11	Jenna Goodrich	10:15.5
M 30 - 34	90	7	0:31:49.9	110	Kevin Schlachter	10:16.1
F 40 - 44	91	4	0:31:52.3	104	Manatee Johnson	10:16.9
F 30 - 34	92	5	0:32:37.2	18	Cynthia Bernsdorf	10:31.4

Race Results BY OVERALL FINISH

AgeGroup	Overall	GrpPlace	Time	Bib#	Name	City/ST	Pace/M
F 35 - 39	93	5	0:32:59.9	165	Bernadette Henriott	Bourbonnais IL	10:38.7
M 1 - 14	94	2 AG	0:35:38.6	129	Daniel Kulpa	Wilmington IL	11:29.9
M 1 - 14	95	3 AG	0:35:40.5	169	Jonathan Trubach	Grant Park IL	11:30.5
F 30 - 34	96	6	0:35:41.4	17	Tambra Kulpa	Wilmington IL	11:30.8
F 50 - 54	97	2 AG	0:37:10.4	126	Madonna Raiche	Kankakee IL	11:59.5
F 45 - 49	98	4	0:37:50.5	30	Janet Eckhoff	Momence IL	12:12.4
F 20 - 24	99	2 AG	0:38:49.4	13	Abby Yergler	Cissna Park IL	12:31.4
F 45 - 49	100	5	0:41:16.6	58	Lona Jeck	Bourbonnais IL	13:18.9
F 40 - 44	101	5	0:49:27.9	23	Julie Dunham	Herscher IL	15:57.4
F 55 - 59	102	3 AG	0:55:56.2	32	Bette Vallone	Chicago Heights IL	18:02.6

# Bourbonians Friendship 5K

## Race Results by Overall Finish

6-24-01

AgeGroup	Overall	Grp/Place	Time	Blb#	Name	Pace/MI
M 20 - 24	1	1 0A	0:15:38.3	367	Elvis L McGarter	05:02.7
M 35 - 39	2	2 0A	0:15:43.0	396	Harly Wilkey	05:04.2
M 20 - 24	3	3 0A	0:16:13.7	364	Mike Larson	05:14.1
M 20 - 24	4	1 AG	0:16:31.6	348	Matthew R Hinze	05:19.9
M 35 - 39	5	1 AG	0:16:40.7	315	Patrick D Kerner	05:22.8
M 35 - 39	6	2 AG	0:17:01.6	309	Rod Kahl	05:29.5
M 15 - 19	7	1 AG	0:17:34.0	433	Kyle Horner	05:40.0
M 15 - 19	8	2 AG	0:18:01.0	333	Jim Suizberger	05:48.7
M 15 - 19	9	3 AG	0:18:15.2	365	Matt Larson	05:53.3
M 35 - 39	10	3 AG	0:18:29.5	426	David A Barrett	05:57.9
M 55 - 59	11	1 AG	0:18:33.2	346	Pete Mathis	05:59.1
M 20 - 24	12	2 AG	0:18:42.6	398	Nathaniel Drainie	06:02.1
M 15 - 19	13	4	0:18:53.3	379	Drew C Parsons	06:05.6
M 25 - 29	14	1 AG	0:18:56.7	374	Alan Standley	06:06.7
M 25 - 29	15	2 AG	0:19:00.9	428	W. Michael Whitson	06:08.0
M 30 - 34	16	1 AG	0:19:36.0	335	David W Cagle	06:19.4
M 45 - 49	17	1 AG	0:19:39.0	381	Robert Lethaire	06:20.3
M 30 - 34	18	2 AG	0:19:43.9	354	Ken B Knepper	06:21.7
M 35 - 39	19	4	0:19:49.4	386	John J Beris	06:23.8
M 45 - 49	20	1 AG	0:19:54.4	411	Daniel R Gerber	06:25.3
M 20 - 24	21	3 AG	0:19:55.8	363	Bill L Szabo	06:25.7
M 35 - 39	22	5	0:19:57.5	387	Brian Kyroneac	06:26.3
F 20 - 24	23	1 0A	0:20:06.0	353	Jamie L Zullo	06:29.0
F 30 - 34	24	2 0A	0:20:35.3	390	Harla J Stycyk	06:38.5
F 35 - 39	25	3 0A	0:20:37.8	394	Vicki Wilkey	06:39.3
M 25 - 29	26	3 AG	0:20:38.7	409	Matthew Stinger	06:39.6
M 40 - 44	27	2 AG	0:20:39.8	310	Dan F Weber	06:39.9
M 45 - 49	28	2 AG	0:20:43.3	373	Larry Jeck	06:41.1
M 55 - 59	29	2 AG	0:20:45.1	319	Charlie Grotevant	06:41.6
M 55 - 59	30	3 AG	0:20:46.5	318	Daniel W Gould	06:42.1
M 30 - 34	31	3 AG	0:20:53.0	311	David K Merritt	06:44.2
M 15 - 19	32	5	0:20:55.1	343	Brad J Kubick	06:44.9
M 20 - 24	33	4	0:20:56.3	321	Brett M Rorem	06:45.3
M 50 - 54	34	1 AG	0:20:59.0	361	Larry L Lane	06:46.1
M 35 - 39	35	6	0:21:04.1	414	Scott A Gosselin	06:47.8
M 15 - 19	36	6	0:21:13.9	372	Nick Buono	06:50.9
M 60 - 99	37	1 AG	0:21:15.3	314	Robert E Pool	06:51.4
M 45 - 49	38	3 AG	0:21:21.6	302	Jeff P Lomergan	06:53.4
M 35 - 39	39	7	0:21:37.2	339	Jim Robinson	06:58.5
M 30 - 34	40	4	0:21:42.3	420	Tom Latham	07:00.1
M 50 - 54	41	2 AG	0:21:54.7	378	Chuck Parsons	07:04.1
M 20 - 24	42	5	0:22:01.6	327	Tim George	07:06.3
M 30 - 34	43	5	0:22:04.3	334	Andy M Furbee	07:07.2
M 15 - 19	44	7	0:22:33.9	423	John R Worth	07:16.7

AgeGroup	Overall	Grp/Place	Time	Blb#	Name	Pace/MI
M 40 - 44	45	3 AG	0:22:36.2	362	Doug McWilliams	07:17
M 35 - 39	46	8	0:22:37.0	400	Phyll R Newberry	07:17
M 55 - 59	47	4	0:22:37.9	366	John F Pool	07:18
M 35 - 39	48	9	0:22:51.7	305	Rich Browne	07:22
M 25 - 29	49	4	0:22:54.8	408	Jeremy P Wilkey	07:23
M 50 - 54	50	3 AG	0:22:57.7	368	Mendell D Provost	07:24
F 15 - 19	51	1 AG	0:23:02.1	407	Allison Greinar	07:25
F 1 - 14	52	1 AG	0:23:03.3	323	Taylor Bennett	07:26
M 25 - 29	53	5	0:23:25.6	415	Joe Zens	07:33
F 30 - 34	54	1 AG	0:23:36.1	352	Wilma Payne	07:36
F 25 - 29	55	1 AG	0:23:54.7	330	Kristin White	07:42
M 30 - 34	56	6	0:23:55.5	434	Stacy D Lamb	07:43
M 30 - 34	57	7	0:23:56.2	332	Guy Atchison	07:43
F 25 - 29	58	2 AG	0:23:59.8	355	Shannon Bourdreau	07:44
F 35 - 39	59	1 AG	0:24:11.0	375	Lori Williams	07:48
M 45 - 49	60	4	0:24:16.4	304	Chris Duval	07:49
F 35 - 39	61	2 AG	0:24:17.4	303	Harcia J Lomergan	07:50
M 40 - 44	62	4	0:24:19.2	393	Daryl W Meyer	07:50
M 25 - 29	63	6	0:24:21.3	331	Andrew Hack	07:51
M 35 - 39	64	10	0:24:25.8	357	Jeff Hoffman	07:52
F 40 - 44	65	1 AG	0:24:27.7	316	Nancy J Ruda	07:53
M 45 - 49	66	5	0:24:41.8	413	Gary M Westefor	07:57
M 50 - 54	67	4	0:24:41.8	399	Mark J McDermott	07:58
F 35 - 39	68	3 AG	0:24:44.4	345	Deborah A Renville	07:58
M 50 - 54	69	5	0:24:46.4	397	Ron Ruda	07:59
M 50 - 54	70	6	0:24:55.0	388	Paul L Surprenant	08:02
M 45 - 49	71	2	0:25:00.5	317	Randy Riegel	08:04
F 15 - 19	72	6	0:25:03.8	313	Peggy R Baldwin	08:05
M 35 - 39	73	11	0:25:15.8	350	Steve Bernhardt	08:09
M 45 - 49	74	7	0:25:19.6	376	Hilli Love Jr	08:10
M 50 - 54	75	7	0:25:20.9	370	Mike Biernat	08:10
M 40 - 44	76	5	0:25:28.5	322	Bill Kraft	08:13
M 25 - 29	77	7	0:25:35.6	359	Chris Fowler	08:15
F 15 - 19	78	3 AG	0:25:37.6	412	Lynn Femina	08:16
F 1 - 14	79	2 AG	0:25:42.6	406	Katie Greinar	08:17
F 45 - 49	80	1 AG	0:26:07.5	369	Deebee L Baker	08:21
F 15 - 19	81	4	0:26:07.5	312	Handy Meyer	08:25
F 45 - 49	82	2 AG	0:26:10.0	392	Pat M Pierce	08:26
F 25 - 29	83	3 AG	0:26:21.5	377	Angela Haggard	08:30
F 45 - 49	84	3 AG	0:26:39.8	416	Roberta L Gambaos	08:36
M 55 - 59	85	5	0:27:02.9	391	Marvin J Stycyk	08:43
F 15 - 19	86	5	0:27:03.5	341	Lauren Messina	08:43
F 15 - 19	87	6	0:27:19.3	340	Andrea Pitts	08:48
F 15 - 19	88	7	0:27:21.3	337	Ellen Worth	08:49
F 1 - 14	89	3 AG	0:27:26.9	347	Katrina Donarski	08:51
F 40 - 44	90	2 AG	0:27:35.4	422	Donna Worth	08:54
F 45 - 49	91	4	0:27:45.6	305	Melinda Sutherland	08:57
M 35 - 39	92	12	0:27:55.3	356	David Duer	09:00
F 35 - 39	93	4	0:28:41.8	410	Pamela M Powell	09:15
F 40 - 44	94	3 AG	0:28:43.2	380	Lisa Goodrich	09:15
M 40 - 44	95	6	0:28:46.9	432	Dean Serletic	09:17

M 45 - 49	96	8	0:28:54.7	344	Dan G Bullock	09:19
F 40 - 44	97	4	0:29:04.8	320	Manalee Johnson	09:22
F 35 - 39	98	5	0:29:28.7	349	Gina Bernhardt	09:30
M 1 - 14	99	1 AG	0:29:38.8	338	Paul Robinson	09:33
F 40 - 44	100	5	0:30:01.2	389	Marianne Surprenant	09:41
F 25 - 29	101	4	0:30:07.9	431	Nicole Serletic	09:43
M 25 - 29	102	8	0:30:09.0	385	Aaron Tobeck	09:43
M 60 - 99	103	2 AG	0:30:56.8	383	Larry Skelly	09:59
F 60 - 99	104	1 AG	0:31:18.6	358	Edith Alsvig	10:06
F 50 - 54	105	1 AG	0:31:41.2	307	Beverly A Smith	10:13
F 1 - 14	106	4	0:31:56.8	430	Janis McGee	10:18
F 15 - 19	107	8	0:31:58.0	405	Katie A Dorn	10:18
M 40 - 44	108	7	0:32:08.5	429	Jessie W McGee	10:22
M 1 - 14	109	2 AG	0:32:14.8	395	Andrew Wilkey	10:24
F 25 - 29	110	5	0:32:39.1	424	Julie Standley	10:32

# KILBRIDE FAMILY 5K

6-17-01

## Race Results by Overall Finish

Age/Group	Overall	Grp/Place	Time	Bl#	Name	Pace/MI
M 20 - 24	1	1 OA	0:15:50.5	117	Elyvis McGarter	05:06.6
M 35 - 39	2	2 OA	0:16:30.8	82	Mike J Stjuka	05:19.6
M 15 - 19	3	3 OA	0:16:37.2	81	Larry H Huffman Jr	05:21.7
M 35 - 39	4	1 AG	0:16:38.4	48	Patrick D Koerner	05:22.1
M 15 - 19	5	1 AG	0:16:57.2	130	Adam Plaskowy	05:28.1
M 35 - 39	6	2 AG	0:17:08.0	41	Rod Kahl	05:31.6
M 25 - 29	7	1 AG	0:17:42.4	91	Preston J Provost	05:42.7
M 15 - 19	8	2 AG	0:17:46.9	121	Daniel J Flynn	05:44.2
M 45 - 49	9	1 AG	0:18:06.6	131	Jim Plaskowy	05:50.5
M 30 - 34	10	1 AG	0:18:22.4	109	Clark Anderson	05:55.6
M 55 - 59	11	1 AG	0:18:28.7	79	Pete W Mathis	05:57.6
M 50 - 54	12	1 AG	0:18:40.7	94	Ken P Klipp	06:01.5
M 15 - 19	13	3	0:18:48.9	111	Matt Larson	06:04.2
M 35 - 39	14	3	0:19:02.7	110	Rick A Anderson	06:08.6
M 45 - 49	15	2 AG	0:19:03.9	4	Peter E Kershaw	06:09.0
M 25 - 29	16	2 AG	0:19:16.2	116	Alan Standley	06:13.0
M 15 - 19	17	4	0:19:23.8	88	Benjamin Loewe	06:15.4
M 15 - 19	18	5	0:19:24.6	105	Drew C Parsons	06:15.7
F 15 - 19	19	1 OA	0:19:31.5	126	Stephanie Bone	06:17.9
M 30 - 34	20	2 AG	0:19:34.4	106	Shannon Anderson	06:18.8
M 45 - 49	21	3	0:19:38.1	24	Ritch M Olmstead	06:22.3
M 15 - 19	22	6	0:19:45.0	93	Lance Ziebart	06:24.0
F 50 - 54	23	2 OA	0:19:50.3	63	Que Harbor	06:26.7
M 35 - 39	24	4	0:19:58.8	92	John J Bevis	06:27.0
M 40 - 44	25	1 AG	0:19:59.6	123	Daniel R Gerber	06:27.5
M 15 - 19	26	7	0:20:01.1	90	Jon H Perry	06:28.0
M 30 - 34	27	3	0:20:02.8	27	David M Gagle	06:28.3
M 25 - 29	28	3	0:20:03.7	62	Andy Kilbride	06:36.5
M 20 - 24	29	1 AG	0:20:29.2	87	Bill L Szabo	06:38.9
F 15 - 19	30	3 OA	0:20:36.7	34	Jori Jacobett	06:39.1
M 15 - 19	31	8	0:20:37.2	9	Kyle Enkes	06:44.5
M 40 - 44	32	2 AG	0:20:50.9	16	Dan F Weber	06:44.8
F 30 - 34	33	1 AG	0:20:54.9	20	Harla J Styck	06:45.2
M 45 - 49	34	4	0:20:56.2	52	Jeff P Lonergan	06:45.2
M 55 - 59	35	2 AG	0:20:58.2	50	Daniel W Gould	06:45.9
M 25 - 29	36	4	0:21:09.7	103	Stevie J Toth	06:49.6
F 15 - 19	37	1 AG	0:21:14.2	64	Nichole Bendickson	06:51.0
M 55 - 59	38	3	0:21:20.1	14	Charlie Grotevant	06:52.9
M 15 - 19	39	9	0:21:28.9	76	Ryan McGovern	06:55.8
M 15 - 19	40	10	0:21:33.0	22	Daniel A Norfke	06:57.1
M OVERALL	41	9999	0:21:35.5	33	Robert E Pool	06:57.9
M 30 - 34	42	4	0:21:48.6	119	Scott A Gosestin	07:02.1

Age/Group	Overall	Grp/Place	Time	Bl#	Name	Pace/MI
M 1 - 14	43	1 AG	0:21:52.5	23	Gabe Norfke	07:03.4
M 25 - 29	44	5	0:21:54.6	46	Chris Kilbride	07:04.1
M 50 - 54	45	2 AG	0:22:02.4	104	Chuck Parsons	07:06.6
F 15 - 19	46	2 AG	0:22:06.7	120	Amanda N Urthe	07:08.0
M 30 - 34	47	5	0:22:13.3	2	David K Merrillat	07:10.1
F 25 - 29	48	1 AG	0:22:16.3	78	Elyse Strebel	07:11.1
M 50 - 54	49	2 AG	0:22:19.1	45	Sally Heath	07:12.0
M 45 - 49	50	3	0:22:20.2	89	Larry L Lane	07:12.3
M 15 - 19	51	5	0:22:27.8	53	Dan Koziol	07:14.8
M 1 - 14	52	11	0:22:34.6	65	Erk Kunsch	07:17.0
M 55 - 59	53	2 AG	0:22:35.3	66	Joe Kunsch	07:17.2
M 50 - 54	54	4	0:22:39.0	31	John Koziol	07:18.4
M 50 - 54	55	1 AG	0:22:44.7	1	Methnee Kelly	07:20.2
M 45 - 49	56	4	0:22:55.4	49	Wendell D Provost	07:23.7
M 45 - 49	57	6	0:22:56.0	85	Gil Loewe	07:23.9
M 30 - 34	58	6	0:22:58.9	57	Michael Range	07:24.8
F 15 - 19	59	3	0:23:31.7	129	Sara A Plaskowy	07:32.7
F 45 - 49	60	1 AG	0:23:31.7	7	Kathleen H Steffen	07:35.4
F 15 - 19	61	4	0:23:46.0	86	Amarda Gossage	07:40.0
F 15 - 19	62	5	0:23:51.3	36	Krista A Hickey	07:41.7
F 15 - 19	63	6	0:24:00.0	25	Peggy R Baldwin	07:44.5
F 35 - 39	64	1 AG	0:24:05.2	67	Diane Malone	07:46.2
M 35 - 39	65	5	0:24:05.9	40	Rich Browne	07:46.4
F 40 - 44	66	2 AG	0:24:07.8	60	Nancy J Ruda	07:47.0
M 20 - 24	67	2 AG	0:24:22.6	44	Tom Kilbride	07:51.8
F 35 - 39	68	2 AG	0:24:50.7	99	Deborah A Renvillie	08:00.9
F 1 - 14	69	1 AG	0:24:52.7	70	Jaye K Schmid	08:01.5
M 30 - 34	70	7	0:25:01.0	18	Jeff Sais	08:04.2
M 15 - 19	71	12	0:25:02.8	42	Marcos Gonzalez	08:04.8
M 50 - 54	72	5	0:25:11.5	102	Mike Biernat	08:07.6
M 40 - 44	73	3	0:25:13.3	21	Brian L Norfke	08:08.2
M 50 - 54	74	6	0:25:14.6	101	Mark J Mcdermott	08:08.6
M 40 - 44	75	4	0:25:27.8	112	Marty J Whalen	08:12.8
M 45 - 49	76	7	0:25:29.1	96	Hill Love Jr	08:13.3
M 60 - 64	77	1 AG	0:25:29.8	114	Phil Standley	08:13.7
F 20 - 24	78	1 AG	0:25:43.0	8	Heather Steffen	08:17.7
M 1 - 14	79	3	0:25:45.0	107	Antonio Acevedo	08:18.4
M 50 - 54	80	7	0:25:48.2	122	Ron Ruda	08:19.4
M 50 - 54	81	8	0:25:59.2	38	Paul L Surprenant	08:23.0
M 70 - 99	82	1 AG	0:26:01.2	13	John Hickey	08:23.6
F 45 - 49	83	2 AG	0:26:05.8	29	Pat M Pierce	08:25.1
M 45 - 49	84	8	0:26:06.7	37	Randy Riegel	08:25.4
M 1 - 14	85	4	0:26:21.9	98	Alex Brinkman	08:30.3
M 45 - 49	86	9	0:26:22.6	100	David R Scherke	08:30.5
M 40 - 44	87	5	0:26:23.6	97	John E Brinkman	08:30.8
F 35 - 39	88	3	0:26:38.3	113	Kathleen Kennedy	08:33.6
F 15 - 19	89	7	0:26:43.4	115	Lynn Fenema	08:37.2
M 55 - 59	90	5	0:26:58.9	95	Harvin J Styck	08:42.2
M 40 - 44	91	6	0:27:01.7	10	John T Sullivan	08:43.1
M 40 - 44	92	7	0:27:17.7	124	Russell Bone	08:48.3
M 35 - 39	93	6	0:27:25.0	55	Mark Kilbride	08:50.6
M 15 - 19	94	13	0:27:37.1	77	Adam McGovern	08:54.5
M 1 - 14	95	5	0:27:47.5	54	John Koziol	08:57.9
M 40 - 44	96	8	0:28:05.2	26	Patrick J Baldwin	09:03.6
F 45 - 49	97	3	0:28:27.6	28	Melinda Sutherland	09:10.8
F 30 - 34	98	2 AG	0:28:36.4	84	Kris D Duchene	09:13.7
F 40 - 44	99	3	0:28:47.9	32	Manatee Johnson	09:17.4
M 45 - 49	100	10	0:29:42.6	19	Dan G Bulllock	09:35.0
F 30 - 34	101	3	0:29:52.9	58	Jennifer Range	09:38.4
M 1 - 14	102	6	0:29:53.6	75	Paul Robinson	09:38.6
M 35 - 39	103	7	0:29:54.4	74	James Robinson	09:38.8
M 1 - 14	104	7	0:30:18.7	59	James Range	09:46.7
M 1 - 14	105	4	0:30:55.8	68	Bernadette Henriott	09:58.6
F 70 - 99	106	1	0:31:10.7	12	Erma Hickey	10:03.5
F 40 - 44	107	4	0:31:25.9	39	Marianne Surprenant	10:08.4
M 25 - 29	108	6	0:31:32.5	83	Tom Cooper	10:10.5
M 50 - 54	109	9	0:31:37.0	3	Richard Manthei	10:11.9
F 15 - 19	110	8	0:31:57.1	108	Melissa Trancale	10:18.4
F 1 - 14	111	2 AG	0:32:40.3	127	Janis McGee	10:32.4
F 60 - 64	112	1 AG	0:32:44.1	35	Dawn M Jarvis	10:33.6
M 40 - 44	113	9	0:32:52.0	128	Jessie W McGee	10:36.1
F 60 - 64	114	2 AG	0:32:53.8	61	Judy Kilbride	10:36.7
F 1 - 14	115	3	0:33:26.1	17	Brianna Sais	10:47.1
F 1 - 14	116	4	0:33:30.3	118	Haley Kilbride	10:48.5
F 1 - 14	117	5	0:39:48.7	173	Terria Russell	12:50.5
F 30 - 34	118	8	0:40:37.5	80	Martin Cronin	13:06.3
F 40 - 44	119	5	0:41:59.8	30	Gretchen Demarah	13:32.8
F 50 - 54	120	1 AG	0:42:47.2	43	Linda Hodges	13:48.1