

OCTOBER 1994 KRRC NEWSLETTER, P.O. BOX 534, BOURBONNAIS, IL. 60914 ISSUE 80



OCTOBER

<u>Name</u>	<u>Day</u>	Age
Jason Batkiewicz	4th	6
Mark Beaupre	1st	48
Chris Beaupre	2nd	14
Elliot Brinkman	19th	11
Stephen Hanks	22nd	47
Charlene Klipp	10th	45
Gale Lehnus	27th	57
Bill Linn	16th	42
Jared Livesey	13th	16
Mike Morel	20th	41
Brian Noffke	10th	34
Rich Olmstead	12th	43
Jack Sarowatz	8th	34
Tom Stluka	7th	35
Christina Warman	23rd	21
Marianne Warman	25th	16
Mike Wolfe	27th	19

ON DAN'S RUN by Dan Gould

don't usually "double" on the weekends because I'm too tight to do justice to the second race. Labor Day weekend I made one of those occasional exceptions in order to try the Sweetcorn Classic 5K in Hoopeston

and also support our local race in Herscher. I had met the Sweetcorn 5K race director, Bill Orr, at Krause's social, and the Hickeys had given the race a good recommendation. It was reputedly a fast course with a competitive field. In Kennekukland there is always a competitive field! Besides, this was the first weekend in my new age group.

Charlie and Joyce Grotevant joined me for the hour or so drive. The weather was cool, mostly overcast, and we chased a few drops of rain. Dave Bohlke was there to do the finish line. Fellow club members Bob Pool, Diane Strufe, and Charlie Kennedy were there. Pete Mathis was there, but for the next couple months it won't matter that I finish behind him - he is still a kid of 49.

The course lived up to it's reputation for speed. Although it does have a couple grades, there are only six turns (eight if you count a jog in the second mile). The first eleven runners were under seventeen minutes and the winning time was 15:10.

I dualed a stranger in the last mile who I correctly guessed was in my age group. Happily for me, I edged him by three seconds and we were 1-2 in age group. I also came within seven seconds of my PR. Fifty is going to be nifty if I can continue to run like this!

It was also a good outing for Bob, Diane, Charlie, and Charlie who all brought home the gold. You might add this to next year's schedule if you don't mind a double or you can't do Herscher. While the refreshments were minimal, the shirts and plaques were very nice and you can take in the festival activities. Ask Dave Bohlke about them.

The rain did not dampen the spirits of the runners and walkers who turned out for the 13th Annual Hare & Tortoise 5K in Herscher, but it looked grim for the early arrivals. With a temperature in the 60's and a drizzling rain, just standing around was a bit chilly. We queued up under the overhang of the registration building and exchanged greetings. Paul Suprenant wished me a "happy birthday" and an even more enthusiastic"thanks-for-getting-the-hellout-of-my-age-group" or words to that Taking advantage of my effect. departure from the age group, Paul brought home some gold.

Dale Huizenga made his annual or semi-annual appearance. Dale hit 50 a little earlier this year. In my early running days Dale was a serious competitor who could be counted on to take a first in age group. Now a fitness runner, Dale won the "Heavyweight Trophy."

Likewise, this is our annual or semi-annual visit with Scott Stevens. Scott has been directing this race for the thirteen years of it's existence. Scott adds something special to this race as he announces the runners approaching the finish line and in his personal remarks about the winners as he presents the awards.

Despite the gray skies and drizzle, there were over 100 runners and walkers again this year. The rain had stopped before the race started and held off for the awards ceremony.

Greg Rose, 34, Joliet, was second in 15:56 and one of the few runners that Scott didn't know. I was casually acquainted with Greg and a bit surprised to see such a talented runner at a low-key race when there were so

many other possibilities. As many of you know, I routinely take a few photos for my memory book. On this evening, one of those photos was of Greg Rose and Clint Carter after they had received their awards. A little more than fortyeight hours later. Greg would be struck and killed by a drunken driver as he ran along Briggs Street in Joliet. I got the photos back three days after his death. He was young, talented, and had so much for which to live.

Does anybody read this Last month's edition newsletter? contained the announcement that "Tom and Anna Goodberlet will host a postrace social at their home after the race" (emphasis added). I was sure somebody would say: "Dan, a postrace social means after the race!" Well, I know that but I just wanted to emphasize the fact since some of you are kind of anti-social and others need to be herded like cattle (or runners who are brain-dead after a 5K).

Well, there was a post-race social and, more importantly (I wrote that as "impotently" the first time - a Freudian slip?), a surprise birthday party for ...ME! Really! I guess I had thought about the possibility earlier in the week, but I had gotten distracted and kind of forgotten about it. Linda Linn did a great job of delaying my arrival at Tom and Anna's with a story about how she needed a ride because Bill had gone on ahead because he wasn't feeling well and we had to find a store that was open to get some more marshmallows. It was all the more natural when she borrowed two dollars from me to buy the marshmallows (we have had a long financial relationship!) and then got me turn down the wrong road. Unfortunately, a lot of people took their time getting to Tom and Anna's and the lookout (Jessica) had run off to play.

any event, it was very thoughtful. The cake was neat (two runners carrying a coffin) and tasty. The gifts were appreciated (I was almost out of Preparation H and prune juice). Special thanks to Tom and Anna for the party and the social. (Donna, about that \$2 I loaned you for those candy bars that Peggy Baldwin was peddling. I know you live next door to Linda, but I can only handle so many of

my roommate's budget.)

second weekend The September gave me a choice of Beecher on Saturday or the Stateville 10K on Sunday. I opted for Beecher so I could do a long Sunday run and to support Tom Stluka's efforts. This was my first Beecher 5K. The rolling course is a bit challenging, but, like Harrah's, a course designed to fit the strengths of the race directors, Tom Stluka and Well, if he isn't going to pay the dues, I'm not going to mention his name. They finished first and second. It got a bit warm and humid. An early morning rain provided the humidity and the sun came out before the 9 A.M. start. With Pete Mathis out of my age group, I was chasing Bob Stevens from Park Forest for first in age group. I knew it was an exercise in futility, but us old folks have these delusions. I was not close!

While Bob's presence at the race cost me a first. I found a marathon and somebody with whom to run it. As you long time members know, Bill Linn and I have been doing fall marathons for years. When Bill told me a month or so ago that a fall marathon just wouldn't work for him this fall, I wasn't sure what I was going to do. Bob and Althea Stevens told me they were going back to Cleveland in October for the Toe to Tow Marathon, most of which is run on a historic towpath located in the Cuyahoga Valley National Recreation Area. I'm not in great shape for a marathon, but I hope to be able to report next month that "we had a good time."

There were only a few KRRC members at Beecher: Tom, Cornstalk, Colin and Donna, Ken Brock, Jeff Lonergan, Charlie and Joyce Grotevant, Henry Shelly, Amanda Uribe, and Annie It's unfortunate that more Rahrig. members didn't find their way to The shirts were decent, Beecher. refreshments good, and the plaques were nice. As we gathered on the grass for refreshments and awards, you could have marveled at the Ken Brock cult: he had a friend with him who also wears cut-off jeans and they were joined by a woman runner puffing on a cigarette! We finished off the morning with a pancake breakfast at a school a

these financial relationships in light of few blocks away where runners got all they could eat for \$2!

> The 5th Annual National Heritage Corridor 25K set another record: 479 finishers. It was a beautiful day, but got a little warm toward the end. Jeff Lonergan, Pat Baldwin, Joe Page (a long story), and Ken Brock joined me in the Dan van and Mark Beaupre and Jim Grace made his own way there.

> Ken went to work the race and revel in the glow of his 16:36 second place overall at Elwood a day earlier. Elwood is a well kept secret. Ken, who turned 45 in August, has been looking for just such a race to validate his cutoff jeans. He believes that the air flow around the denim material and through the strings give him a certain lightness on his feet. He hopes to patent the Speedvieans and retain the services of Cornstalk to promote them. He has visions of advertisements featuring Pat reclining on the seat of a combine wearing Speedyjeans, a singlet, and a seed corn cap, sucking on a piece of grass or straw and captioned: always first in the field with my Speedyjeans."

> Anyway, it was a beautiful day in Channahon to run 15.5 miles. Fives were wild: 5th annual, 15.5 miles, 55th overall, 50 years old, 15 seconds slower than last year. It was the second year in a row that I was 55th!

> I should mention that Carol Pratt was first woman overall in a sizzling 1:49:18. Nice job Carol!

> The Fall Classic came a month earlier this year, several hours later in the day, offered a shirt/no shirt option for those who pre-registered, and a Depot post-race party at The John Shoup's creative Restaurant. effort netted one more runner across the finish line than last year - 59! The weather was certainly much nicer and the course was in good shape. What's the problem here? Was it the no shirt on race day? The 3:15 start? Saving yourself for the St. Anne race on Sunday? We need your input.

> Well, those of us in attendance had a good time. The sky got a bit threatening shortly before the start, but nothing came of it. The small turnout coupled with awards five deep overall resulted in a 59 year old woman

winning the master's award. Linda, Georganne, all you had to do was show up to claim that one - she wasn't fast! Rich Olmstead's sixth place overall gave him the men's master's. Rich has been running some great times. How does Rich get up for a race? I can't repeat his explanation in a family oriented publication so you'll have to ask him. Ken Klipp ran so fast that he missed the master's award. He was fifth overall!

Tom Parlin deserves special mention for his support of this race. It was his THIRD of the day! He had run a one mile and 5K that morning (Paris, I think). What?! He didn't do St. Anne There goes the Mr. on Sunday? Durable-Supports-His-Local-Race-Award. Just kidding, Tom.

The post-race at The Depot was nice. The weather made the gathering on the patio quite comfortable, but most of us moved inside for dinner. The food Thanks to John, Gary was good! Dupuis (Superior Silkscreen) and Sue LaMore (KCC) for their organization, sponsorship, and work on the race. They had to wear many hats and it appears we could have used some more volunteers.

Just 25 hours after the Fall Classic, the 6th Annual Pumpkinfest 5K was run in a steady rain with some distant lightening and thunder. start was delayed to let some of the not so distant rumblings and heavier rain pass. With the temperature in the 60's, it was a comfortable run, but a bit chilly afterwards.

Pat Koerner's first place overall made it a "four peat" at St. Anne. Pat along with John Pool, Bob Pool, Randy Devore, Paul Suprenant, Rich Olmstead, Amanda Uribe, Baldwin, Doug Uribe, Dave Schkerke, John Brinkman, and Mike Wolfe did both St. Anne and the Fall Classic.

Doc and Dorothy Baldwin were in With an eye to the attendance. weather, Dorothy remarked: confirms my suspicions about the mentality of runners." Well, they did wait until the really bad stuff had moved on.

Bill "White Shoes" Johnson was there. I figured he was there to sell some life insurance before the race, but run and their personal obligations.

him about it.

The thirty-six runners at St. Anne made the Fall Classic look like a success. A first place trophy at St. Anne is certainly a "keeper" and some of those door prizes (\$50 bills) make the trip well worth the effort. course may change next year. Mark Beaupre told me they are thinking of a cross-country race next year. It would certainly be more interesting, especially if is raining, but I know some of us have limited interest in a cross country race. Then again. Ken Klipp would love it!

I hope to run St. Anne some dav. I don't "double" very well and St. Anne has always been my second choice. This year it was second to the Fall Classic and in past years the Watseka 4 Miler. I would like to see the Fall Classic moved back to the third week in October. The St. Anne race is tied to the Pumpkinfest. The Fall Classic in late October has given us something to which to look forward after Governor's. Now we have a two month gap in local races until the Jingle Bell Run.

There you have it! Just an outline of some of the fun we had in September. October brings us more great running weather. How about of your running sharing some adventures with us. Drop me a line at 212 Julie Drive, Kankakee, IL. 60901. If you have some non-newsletter correspondence, please note we have new box number at the new Bourbonnais Post Office: 534.

Hope to see you on Dan's run!

THE

STARTING

LINE

KRRC members of all abilities meet at the Kankakee River State Park (parking lot across from heated rest rooms) at 8 AM from May through September and 9 AM from October through April to run and socialize on off-race Sundays. Individuals may vary the starting time based on the distance they intend to

he was a "sponsored" runner. Talk to Bring a running buddy and join us! Some members bring their bikes for a little cross-training after the run.

> Sat., Oct. 8, 8:00 A.M. - Autumn Shoreline Classic 15K & 5K Run/Walk, Nelson Park, Decatur, \$15/20 after 10/3, long T, 5yr AG, top 15 OA in 15K, top 3 masters in 15K, top 5 OA in 5K, teams, heavyweights, post race party, mailed results - quite an event! 217-423-8042.

> Sat., Oct. 8, 9:00 A.M. - Oak Forest Harvest Run 10K/5K, 163rd & Long Ave. \$14/15. Cindy 708-6877270.

> Sun., Oct. 8, 9:00 A.M. - Calumet Park Half-Marathon District and Memorial Park, 612 Wentworth Ave., Calumet City, \$10, Ts, 5 yr. AG to age 60 for M and 50 for F, flat course, "participation awards."

> Sun., Oct. 9, - Frank Lloyd Wright 5K/10K. Greg 708-383-0002.

Sun., Oct. 9 - Fox Cities Marathon

Sun., Oct. 16 - Detroit Free Press International Marathon.

Sun., Oct. 16 - Toe to Tow Marathon (Cleveland)

Sun., Oct. 16, 8:00 A.M. - Brookfield Zoo Run, Brookfield Zoo, \$22 (includes Zoo admission for 2 adults & 2 Children on race day and free parking for car), long T, medals in 5yr AG, results 708-485-0263 ext. 879. mailed. Benefits Chicago Zoological Society.

Sun., Oct. 23, 9:00 A.M. - Allerton Park Trail 5.5 Mile Run, Monticello, IL., \$12, long T, proportioned awards in 5yr AG. Second Wind Running adventure! Call 352-IRUN.

Sun., Oct. 23, 9:00 A.M. - 2d Annual Monster Dash 5K Run or Walk, Suburban Heights Medical Center, 333 Dixie Hwy., Chicago Heights, \$10/12, Ts. 10 yr AG, refreshments, raffle, costume award, "Little Monster .3 Dash" for children 8 & under. Colleen 708-756-0100.

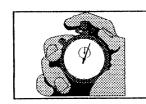
Sat., Oct. 29, 10:00 A.M. - 13th Annual Pumpkin Prance 5K & 2.5K time predicted Fun Walk, OMNI 41 Sports & Fitness Centre, 221 S. Rt. 41, Schererville, IN., \$10/12, Ts, 3 deep in 5yr AG, costume awards, refreshments. OMNI 865-6969. Gold Cup Series.

Sun., Oct. 30, 8:00 A.M. - Chicago Marathon & 5K, Grant Park. Even if you aren't going to race, you might take in the Health & Fitness Expo at the Chicago Hilton & Towers, Fri. from 11-8 or Sat. from 9-6.

Sun., Nov. 6, 11:00 A.M. - Canal Connection 10K, Utica Elementary School, \$11/13 after 10/31, crew-neck long T, proportioned awards in 5yr AG, top 3 OA, top masters, merchandise awards. Note: This is a point-to-point run mostly on the I&M Towpath. Runners will be taken by bus to the start from Utica.

THE **FINISH**

LINE



Sep. 3, Hoopeston Sweetcorn 5K Classic, 61 degrees, overcast, 149 finishers - Dan Gould, 18:34, 1AG; Charles Kennedy, 19:06, 1AG; Bob Pool, 19:39, 2AG; Charlie Grotevant, 20:38, 3AG; Dianne Strufe, 35:10, 2AG.

Sep. 4, Herscher's Hare & Tortoise 5K, 60's, drizzle, 81 finishers

Jim Warman	33:38	
Kyle Goodberlet	25:23	
Mike Wolfe	18:06	2AG
Pat Koerner	16:26	3AG
Doug Uribe	18:57	
Tom Stluka	16:15	2AG
Phil Newberry	18:55	
Jeff Lonergan	20:10	3AG
Randy Riegel	25:14	
Tom Goodberlet	25:24	
Rich Olmstead	18:05	1AG
Mike McGuckin	24:06	
Henry Shelly	28:42	
Bill Linn	19:03	2AG
Dave Schkerke	23:14	

John Shoup	19:52	3AG
Randy Devore	23:08	
Steve Zorns	26:05	
Mike Furl	26:20	
Ken Brock	18:33	1AG
Larry Lane	20:27	2AG
Paul Suprenant	22:24	3AG
Butch Coy	23:59	
Dan Gould	20:03	1AG
Charlie Grotevant	20:52	3AG
Bob Pool	20:22	2AG
John Pool	21:46	
Dale Huizenga	23:06	
Amanda Uribe	25:27	
Peggy Baldwin	24:51	3AG
Krista Hickey	25:43	
Heather Steffen	33:51	
Chris Walsh	18:42	10A
Dee Sarowatz	22:58	2AG
Nancy Ruda	21:34	2AG
Theresa Burgard	21:17	1AG
Nancy LeDuke	26:52	
Wanda Warman	24:54	2AG
Linda Linn	28:40	
Kathy Steffen	21:35	1AG
Georganne Hickey	28:40	

Sep. 5, Park Forest Scenic 10, 60 degrees, humid - Pat Koerner, 58:11; Pat Baldwin, 1:30:13; Tom Stluka, **Becky Criscione**

Sep. 10, Beecher 5K, 70+ degrees, humid, 102 Finishers

Tom Stluka	16:21	10A
Pat Koerner	16:42	30A
Ken Brock	18:31	2AG
Dan Gould	19:01	2AG
Jeff Lonergan	20:35	
Charlie Grotevant	21:20	
Henry Shelly	26:10	
Amanda Uribe	26:40	1AG
Annie Rahrig	28:29	

Sep. 11, Tri-City Triathlon - Jim Grace, 1:51:48; Kathy Steffen, 2:01:26, 1st MST: Dee Sarowatz, 2:10:37; Van A. Lewsader, 2:10:51; Carol Stapleton, 2:23:02. 1AG: Preston Provost and Pat Baldwin participated in team competition.

20A

Sep. 17, Dwight Harvest Days 5K, 72 John Pool degrees, 50-60 runners - Pat Koerner, Bob Pool

16:49, 2OA; Rich Olmstead 18:35, 1AG; Bill Linn, 18:53, 2AG; Jeff Lonergan, 20:13; Charlie Grotevant, 20:58, 1AG; Dianne Strufe, 2AG.

Sep. 18, National Heritage Corridor 25K (Channahon), 479 finishers, sunny, 60's - Jim Grace, 1:41:26; Dan Gould, 144:50, 2AG; Carol Pratt, 1:49:18, 1OA; Jeff Lonergan, 1:54:54; Becky Criscione, 2:17:11, 1AG; Pat Baldwin, 2:33:14; Mark Beaupre, 2:35:00; Mike Belletete, ????

Sep. 18, 9th Annual Panno Memorial 5K (Pontiac), 137 runners - Charlie Grotevant, 20:27, 1AG; Theresa Burgard, 21:00, 1AG; John Brinkman, 19:??: Tom Parlin, 19:??

Sep. 24, Five Kilometer Fall Classic 5K. overcast, windy, 68 degrees, 59 finishers (plus 13 walkers)

Tom Stluka

16:39 1OA

	Pat Koerner	17:01	3OA
	Ken Klipp	17:37	5OA
	Rich Olmstead	18:34	1MST
	Mike Wolfe	18:46	2AG
	Chris Walsh	18:53	10A
	John Brinkman	18:58	1AG
	Doug Uribe	19:00	1AG
	Ken Brock	19:28	1AG
	Dan Gould	19:33	1AG
	Tom Parlin	19:59	2AG
	John Shoup	20:47	2AG
	Bob Pool	21:10	1AG
	Charlie Grotevant	21:12	3AG
	Nancy Ruda	22:46	20A
	John Pool	23:08	
	Randy Devore	23:10	
	Paul Suprenant	23:14	
	Dee Sarowatz	23:18	40A
	Dave Schkerke	23:32	
	Ron Ruda	23:40	
	Monica Uribe	24:59	1AG
	Amanda Uribe	25:02	2AG
	Peggy Baldwin	25:52	3AG
	Pat Baldwin	25:52	
	Annie Rahrig	28:56	1AG
)	Diane Strufe	36:28	1AG
	Sep. 25, St. Anne	Pumpkinf	est 5K

Sep. 25, St. Anne Pumpkintest 5K, Sep. 17, Elwood - Ken Brock, 16:36, chilly rain, 36 finishers (plus 8 walkers)

> 10A 16:45 Pat Koerner 22:32 3AG 21:19 1AG

Randy Devore	23:50	2AG
Bill Johnson	19:15	3AG
Dee Osenglewski	22:34	10A
•		
Paul Suprenant	22:58	1AG
Rich Olmstead	18:57	1AG
Amanda Uribe	25:35	2AG
Peggy Baldwin	25:41	3AG
Doug Uribe	19:02	2AG
Jeff Lonergan	20:15	
Randy Riegel	25:43	
Dave Schkerke	23:15	3AG
Nancy LeDuke	27:48	1AG
John Brinkman	18:44	2AG
Mike Wolfe	18:30	2AG
Shirley Malone	32:10	2AG

The Paper Race is the newsletter of the Kankakee River Running Club and is published each month for it's members' information and enjoyment. Members are encouraged to submit accounts of their adventures in running and racing.

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FRIDAY, AUGUST 26, 1994 - USA TODAY

Boston Marathon gives non-qualifiers chance to run on 100th anniversary

Ever dreamed of running in the Boston Marathon?

This might be your best chance: As part of the race's 100th anniversary in 1996, organizers will let non-qualified athletes participate for the first time.

There is a bit of luck involved: An estimated 10,000-15,000 will be chosen through a rolling lottery, depending on how many people qualify.

Generally, to run in the race, you must qualify in a previous race (see chart). In last year's marathon, 8,000 people qualified. Organizers expect a total crowd of 25,000 for 1996.

"People have been asking me for years how they can run in the Boston Marathon," says race director Guy Morse.

Ron Bourgault, for example, has tried to qualify six times. His time of 3:13:23 though was still far from the 3:10:00 he needed. "I have

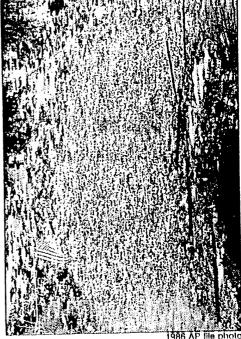
been wanting to run the Boston Marathon my whole life,"says Bourgault, 34, of Littleton, Colo.

The non-qualifiers, who will be registered and wear numbers, will run behind all qualifiers.

Every year, runners called "bandits" by locals have sneaked into the race to be part of the field. Morse hopes that while this new one-time rule will allow more to run legally, it will cut down on the bandits.

"Security is going to be tightened," says Morse. "We know this (25,000 runners) is the maximum the course can hold."

The normal 15-month qualifying period also is being pushed back three months: You can run a race



GETTING BIGGER: A field of 25,000 is expected for 100th Boston Marathon in '96.

between Oct. 1, 1994, and Dec. 31, 1995. Those who qualify for the 99th Boston Marathon after Oct. 1, 1994, also qualify for the 1996 race.

To apply for the lottery, write: the **Boston Athletic Association**, P.O. Box 1996, Hopkinton, Mass. 01748 after April 17, 1995.

IN MEMORIAM GREG ROSE 1960-1994

WE REMEMBER OUR FRIEND WITH WHOM WE RAN THE TRAILS AND ROADS, THE HILLS AND VALLEYS, IN THE SUN AND RAIN - WITH WHOM WE RAN THROUGH LIFE.

HUMBLE...UNASSUMING...WASN'T BOASTFUL...HE JUST WENT OUT AND RAN WELL...A SWEETHEART...

MAY HE RUN WITH ANGELS ON COOL DAYS IN GENTLE BREEZES ON LEGS THAT ARE FOREVER YOUNG.



Wednesday, September 7, 1994 The Herald-News

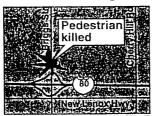
Runner killed by hit-run driver; suspect faces homicide charge

By Stewart Warren and Mark Feldmann HERALD-NEWS WRITERS

Joliet - A 34-year-old well-known area runner died Tuesday night after a hit-and-run driver swerved into him as he ran across the Briggs Street bridge over Interstate 80.

Gregory Rose, 34, of 210 Adella St., was pronounced dead at 8:35 p.m. at Silver Cross Hospital, Coroner Patrick K. O'Neil said.

County police later arrested a Crest Hill man for reckless homicide. Charles Cook, 69, of the 1900 block of Cora Street, also was arrested for driving under the influence of



State police said this morning that Cook's blood-alcohol level was not available

Rose was hit as he ran south on the west shoulder of the Briggs Street

❖ See RUNNER, on Page A2

Runner

From page A1

bridge just past the westbound entrance ramp to I-80.

Witnesses said Cook's southbound 1979 Plymouth station wagon suddenly careened off the road onto the shoulder and hit Rose. The driver stepped out of the car, looked at Rose, returned to the car and left the scene, driving south on Briggs Street.

County police later stopped Cook in his car on Collins Street, police said.

Cook was being held this morning at the county jail.

His race with life cut short

■ Hit-run fatality: The man many considered 'the best distance runner in Will County' had his best years ahead of him

By Gary Seymour HERALD-NEWS WRITER

The last dialogue Connie Rose had with her husband, Greg, was a

question she'd asked him a thousand times: How long will you be out running?

"He'd always say five miles or 10 miles, and I'd always say: 'Don't tell me miles. Tell me hours or minutes.' she said. "I was always kind of worried. There are so many idiots out there. I worried about him getting shot or something."

Greg told her that he'd be out about an hour and a half Tuesday night, meaning he'd be going about 15 miles. Such was the evening constitutional for a man

considered "the best distance runner in Will County" by his peers.

"He'd get real cranky if he didn't run," Connie said. "It relaxed him."

Kunner

From page A1

"He always ran with traffic to his back," Connie said. "He had a cou-ple of routes he'd run. Some-times, he'd run at Pilcher Park when it was light. A lot of times, he'd run on Briggs to the Round Barn.'

A couple of hours had passed before Connie began to worry about her husband. When she drove up Briggs to look for him, she saw the police starting to leave the scene. Her worst fears were a grotesque reality. With one tragic slip of the wheel, a good life was cut short in its prime, leaving a wife and 9-yearold son, Tim, to carry on.

"It's a sad day," Moss said. "We were good friends. Ours was a very friendly rivalry.

Greg - who was a retail food store manager and a 1978 Romeoville High School graduate ran third overall out of 1,500 runners at the Lake County 10K. He finished second at the John D.

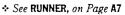
It also kept him in shape to main tain his lofty place among the elite Greg won the last race he ran. the Minooka Summerfest 5 Miler in

August, a month after his 34th birthday. That was one of three wins this season for the man named Runner of the Year by the Prairie State Road Runners club in 1993.

"Greg was a special person to all of us," said Gary Moss, a longtime officer of the Road Runners. "He was the consummate runner. He loved running just like he loved

Greg's life came to an end around the start of his run Tuesday, when he was blind-sided by a motorist. now charged with drunken

driving, who had swerved off of Briggs Road near the Interstate 80 overpass.



Paige Canal Days run, and fourth at the Sundowner 5K.

He won the St. Joe's 10K and the Armed Forces 10K and had run the past six years with the Prairie State Road Runners team. which dominated the mixed division of the downstate "River to River" run.

He was a force, arguably with his best running days ahead of

"He was having an excellent year," said Moss, also one of the area's premier runners. "He was the best runner in the area this

Moss said the upcoming National Heritage Corridor 25K road race will be held in his mem-

Visitations for Greg Rose will be between 2 to 4 p.m. and 7 to 9 p.m. Friday at O'Neil Funeral Home in Lockport. The funeral is 9:15 a.m. Saturday from O'Neil's to St. Jude's for 10 a.m. mass.

"He'll be missed very much,"
Moss said. "He'll be missed at the race. But he'll be with us in spir-