



Kankakee RIVER RUNNING CLUB

The Paper Race

KRRC Newsletter, P.O. Box 339, Bourbonnais, IL 60914

MARCH 1993

March Mayhem Collector's Issue

ISSUE 61

IT'S A BOY!

When: February 10th, 1993, 1:00 P.M.

Where: Riverside Medical Center

Name: Colin Patrick Koerner

Weight: 8 lbs., 2-1/2 oz.

Length: 21 inches

Parents: Patrick & Donna Hurst
Koerner

Congratulations, Donna and Pat!

MARCH SOCIAL

On Saturday, March 13th we will have a club social at the Bird Park Fieldhouse in Kankakee. It will begin at 6:30 P.M. The club will provide everything but your covered dish. The speaker will be the race director for the Boulder Boulder Races in Colorado.

ON DAN'S RUN

By Dan Gould

FEBRUARY 1992. FEBRUARY 1992? Dave, are you trying to gaslight me? I knew I had a copy of our February issue and just about tore my files apart looking for it. When you set up the March issue, please make it 1993! Details, details.

Spelling is our next lesson. Can you spell Danial? Can you spell Lonergran? Can you spell Praire? That's as in Prairie State Running Club, a fine and fun group of which I am proud to be a member. Cornstalk and I went up to New Lenox for the annual awards banquet on January 30th while Donna stayed home awaiting the message that Colin Patrick Koerner was ready to enter this world. It was a typical running club social with good food, drink, and conversation - and you get

to see how these people look with their clothes on! Lance Bovard and Greg Rose filled their side of the table with empty beer cans and I got the feeling the "Lanceman" would not join us for a Sunday at the park, as much as he wanted to discuss opening a running store with Bill Linn. Back to our spelling lesson. A couple years ago I went to the 10 Miler in New Lenox, picked up the beautifully designed long-sleeved tee shirt, and found "Prairie" spelled "Praire." Being the devil I am, I immediately brought this to the attention of Mary Moss who promptly inflicted bodily harm on me. I just don't understand what causes women to want to reach out and touch me that way. Jeff Lonergran and I were fortunate enough to place in the Prairie State Circuit last year and received attractive plaques memorializing our accomplishments. Well, they memorialized the accomplishments of a Jeff Lonergran and Danial Gould.

ANSWER: A protective cover for his MG. QUESTION: What did Ron Piowar use his birch gray, EXTRA LARGE, Winterfest tee shirt for? Actually, these weren't really tee shirts. They were nightshirts. What responsible vendor would think a race director would want 300 XLs? They (call Bill if you want to deal with these folks) really thought Bill ordered 300 XLs and nothing else. And, of course, this was a quality, no-shrink, "Beefy-T." I think somebody should have seen a shrink.

Otherwise, the 9th Annual Winterfest Wellness 5K was quite a success. Well, yes, we did forget to put out the mile markers. Uh, yes, Dave Bohlke's computer decided to act up for the first time since he has been cranking out the results, the awards

ceremony was delayed, and we didn't have the times when we finally did announce the awards.

How about that sun breaking thru just as the race started? A number of runners got caught overdressed. Nice picture on the front page of The Daily Journal. KVPD arranged with DPW for a cherry-picker this year to give the photographer a better vantage point. Riverside once again provided us with their excellent cookies. They were also there to do body fat testing. I don't believe I'm 19.4 percent! I think that girl was awestruck at having a judge disrobe for her and so impressed by my highly toned body that she overheated her calculator. Linda, Bill, and I would like to give special thanks to all the club members who turned out to help put on this race: Ron & Nancy, Tom and Anna Goodberlet, the Shelly family, Joyce Grotevant, Pat Baldwin, Matt Gubbins, Mike McGuckin, Sue LaMore, Ken Klipp, Pat and Donna Koerner, Kathy Steffen, and the Hickey family. Since we didn't have a volunteers sign up list, I may have missed someone. Please be assured of our appreciation.

Colin Patrick Koerner's timing was excellent. February 10th was a Wednesday and Cornstalk had been to the park for his morning run. Arriving home about 10 A.M., Donna notified him that the time had come and it was off to Riverside Hospital (EDITOR'S NOTE: You should always patronize our sponsors!). After less than three hours, Colin finished his first marathon. He may have received some technically illegal assistance, but on this wind-aided course his long legs and aerodynamic haircut were of considerable benefit. Reports that he was wearing Nike racing flats is an

exaggeration. For those of you who count months, this was four days short of Pat and Donna's first wedding anniversary - Valentine's Day!

Will fatherhood slow Pat Koerner? I doubt it. You can probably watch Colin grow up in my running albums. Colin was home in time to watch the Bulls game on Friday night (he cried when they lost) and resting up on Sunday afternoon so he could watch the Daytona 500 with dad.

Valentine's Day found fifteen members in Channahon for the Frosty 5, a highly competitive race on a flat out-and-back course. This is a well-established race on a course that has been used for years, but the only two times I've run it my 5th mile was 23 seconds faster than my 4th mile. I want to believe it because I have only one 5 mile time better than this one. I did have the competitive fires burning as I went head to head with my nemesis, Bob Maszak. Bob finished just ahead of me in the Prairie State Circuit standings last year and has been just seconds ahead of me in many a race the last couple years. I hung on his shoulder until just after four miles and then I was able to pull ahead. I was focused (why does Bill Johnson come to mind?) on staying ahead of those footsteps and catching Charlie Kennedy. I think I passed Graig Hickey, who is starting to run some great times, but didn't notice that until I checked the finishing times. I didn't catch Charlie, who turns 55 in April. Cornstalk ran a sparkling 27:14 for a first in age group while Lance Bovard took third overall in 26:13. Carol Pratt-Bauer was 4th overall female and Phil Newberry was 3rd in age group. Charlie Kennedy and Lynn Troost took 1st in their age groups.

I did my cool-down run with Charlie Grotevant. Charlie will return to Ft. Worth for the Cowtown Marathon and hopes to qualify for Boston again. If so, he can use the qualifying time to enter this year or in 1994.

Janet "Buns of Steel" Brown was also at Channahon. She told me she is working out twice a week and that she is going to write a reBUTTal to last month's column. Janet, after watching your finish line sprint, I withdraw my flabby remarks. They are buns of steel!

Remember Kathy Penn? She used to

run with us, but we didn't go far enough for her. She became an ultra runner who favored us with adventures in running the Kettle Moraine in Wisconsin. She showed up at Channahon for a little pre-race socializing, but left with some lame excuse about moving a refrigerator. Kath, we miss you!

Jane Spaulding has been on the sidelines for Gale Lehnus as cheerleader and support crew for a considerable time. On March 20th they will take the vow as partners in the race of life. We wish you eternal happiness. Are you really looking for a house near a school?

Ron Riml, Ken Stark, Julie Anderson - Maine, Wisconsin, Hawaii. Our readers are leaving us! Did my deodorant fail? I should note that Ken has paid his dues for '93 (have you?) and will be only 4-5 hours away. People come, people go, and some come back. Welcome back Mike Berz! Mike was one of the founding members of our club in April of 1979 and the first to serve as Vice-President. He, along with Jack Dalton (President), Dave Dyer (Secretary), and Lynn Troost (Treasurer) conducted an organizational meeting on April 23, 1979, at which 38 runners joined the club. With the exception of Lynn, Doc Baldwin, Ken Klipp, and Howard Strassenburg, most of them have moved on down the road. Mike, an attorney, will soon be competitive in the 55-59 age group.

I talked with Gary Dupuis right after Winterfest and it appears that the Superior Silkscreen 5 Miler is a go. If so, you can pencil it in on June 13th (a week after Racing Hearts 10K and a week before the Manteno 5K). Gary could use - needs - some support besides mine. Give him some business. Do both! 939-1440.

Rich Olmstead is working on his house, but he promised me that I will be eating his dust at the Shamrock 10K. Believe it when I see it, Rich. Rich, at least, shows up. John what's-his-name doesn't even do that. Tom, you hit it right on the head - he and Elvis have something in common! That John is not to be confused with John Brinkman who not only showed up for Winterfest but ran.

If all goes well, you will be reading

KRRC OFFICERS

Henry Shelly, Pres.	933-9255
Pat Koerner, V-Pres.	932-1009
Ron Piwowar, Treas.	939-1749
Linda Krause, Social Director	472-6577

KRRC NEWSLETTER

Editors - Dan Gould	937-5500
Bill Linn	935-0815
Staff - Linda Linn	935-0815
Dave Bohlke	939-1676
FAX Number	937-5337

this as I start my second week in Florida. Each fall and spring I check up on Dad, work on my golf game, run a couple races, and improve my tan. Any February events taking place after the 15th are not covered in this column nor are the events occurring prior thereto of which I have no knowledge. In short, keep your editors informed or become a contributing writer. Tell us about your adventures in running!

Run for health, run for fun, run for your life!

PUBLISHER'S NOTE

By Dave Bohlke

When I read the first paragraph of the previous columnist's article, I initially thought that it was a personal note to me to remind me that the year had changed. Upon further reading, I realized that he actually meant it to be part of the copy, and that the aspersions continued to drip from his quill. Since I feel that these are the sorts of things that are best handled in private conversations between the offender and his many offenders, I had to struggle with my own contumacy to prevent the year on this month's edition from being converted to 1991 instead of 1993. Am I the only one who takes umbrage at this pusillanimous pedant's proclivity for hurling brickbats at others while hiding behind the skirts of this venerable publication? I don't think so. Let's go to the KRRC Speak Out mailbag and draw out a letter at random. Oh, here's an interesting one:

VOICE OF SPLEEN

(Tom Waits for No Man)

Well, it appears that Hizonner is

trying to mad-dog the publisher's tilt-a-whirl again. The one-man jury has returned a guilty verdict against our nimble-fingered little buddy for the most heinous crime there is. That crime, as you are well-aware of after reading the first paragraph of this month's Dan-O-Gram, is the commission of a typographical error in last month's Dan-O-Gram. Let's just bring in the executioner and rid this newsletter of anyone who is incapable of living up to the lofty standards set forth by the one who spends his day sitting around dressed like some sort of memsahib. Once again, Robe-O-Cop feels compelled to hang his foibles on a nail he has driven through someone's forehead.

How many times do I have to whip this dog? The animosity this sort of behavior breeds is harder to get rid of than a tattoo. This is phone-call stuff, man, not newsletter stuff. It's nothing more than little brown sausages lying in the sand.

So there you have it. The vulture's on the ladder and the scars are in the sky. It's raining trout, it's raining mackerel and here's mud in your eye. It doesn't do any good to tie your soul to a wagon made of rain, Dano, but if it's worth the going then it's worth the ride.

THE STARTING LINE

SAT, MAR 6, 9:30AM - ST. PAT'S DAY 5M RUN/5K WALK, Elks Lake Pavilion at Lake of the Woods, Mahomet, \$12/15 after 2/27, Ts, costume competition, door prizes, age group awards, and refreshments. Fundraiser for Catholic Social Service. Race managed by Second Wind Running Club, 217-384-6516.

FRI, MAR 12, 5 till 9PM - 3RD ANNUAL RUNNERS GO TO THE CABERY VOLUNTEER FIREMEN'S FISH FRY. Sample Fireman Koerner's award winning coleslaw! You may be invited to Koerner Farm for some of Mother Koerner's Kookies. Learn to be a smoke eater!

SAT, MAR 20, 8:30AM - MORRIS ROTARY 10K SHAMROCK RUN/WALK, Morris Community H.S., 1000 Union St., \$10/12, long T, awards 2-4 deep in 5 yr AG plus top 3 OA. Post-race part Ebbey George's Bar,

402 Liberty, Morris. 815-942-1955.

SAT, APR 3, 11:59PM - ONLY FOOLS RUN AT MIDNIGHT, Sports & Spirit Lounge, 3rd & Lacey, Carbon Hill, \$12/15, Ts, 2-4 deep in 5 yr AG plus top 3 OA. 815-942-1955.

SAT, APR 17, *AM - JUST A LITTLE RUN 4M, Eisenhower Fitness Center, 2550 178th St., Lansing, #13/15, Russell sweat shorts, top 3 OA, 3 deep in 5 yr AG, 708-474-8552.

THE FINISH LINE

We try our best to get complete and accurate results. You can help by calling results on race day to my office number - 937-2926 - and putting your race info on my answering machine.

FEB 7, WINTERFEST WELLNESS 5K RUN, 284 finishers

3	Lance Bovard	15:56	3OA
8	Patrick D Koerner	16:28	1AG
20	Marlin R Howe	17:43	2AG
25	Phil Newberry	18:03	
30	James P Grace	18:12	4AG
32	Mike K Hickey	18:16	
40	Graig Hickey	19:01	
43	Charles Kennedy	19:05	1AG
44	Daniel W Gould	19:06	4AG
49	Rich Olmstead	19:19	
54	Jenny Kohl	19:29	3OA
60	Thomas J Uribe	19:36	
71	Charlie Grotevant	20:01	2AG
75	Carol M Pratt-Bauer	20:09	3AG
79	Scott R Kelson	20:22	
86	Robert Pool	20:37	
91	Theresa Burgard	20:51	2AG
98	Dale E Huizenga	21:02	
113	Kathleen Steffen	21:34	2AG
120	Nancy J Ruda	22:08	1AG
131	Brian L Noffke	22:27	
136	Henry J Shelly	22:42	
137	Bill J Batkiewicz	22:45	
139	Ken L Stark	22:47	
140	Jeff P Lonergan	22:47	
142	Dan Phillips	22:50	
150	Donald Combs	23:04	
158	Randy L Devore	23:26	
170	Ronald E Piwowar	24:07	
171	John Brinkman	24:11	
179	James H Ruberg	24:41	
184	Daniel J Flynn	24:47	
193	Butch Coy	25:07	
203	Gale Lehnus	25:44	
217	Leon J Malone	26:37	
238	Krista Hickey	28:11	
239	Linda A Linn	28:12	
240	Georganne L Hickey	28:13	
255	John S Flynn	29:22	

256	Kenneth T Johnson	29:29	2AG
273	Shirley A Malone	31:58	2AG
274	Phil Angelo	32:41	
276	Lynn A Runty	32:54	
278	Dianne K Strufe	34:05	

FEB 14, FROSTY FIVE, Channahon, 213 runners, dry, 30 degrees

Lance Bovard	26:13	3OA
Pat Koerner	27:14	1AG
Phil Newberry	29:29	3AG
Mike Hickey	29:55	
Larry Lane	30:26	
Charles Kennedy	31:08	
Dan Gould	31:12	5AG
Graig Hickey	31:25	
Charlie Grotevant	32:22	
Carol Pratt-Bauer	33:07	4OA
Scott Kelson	33:52	
Jeff Lonergan	34:33	
Ken Stark	36:50	
Lynn Troost	40:24	1AG
Marlin Howe		1AG

BIRTHDAYS

Becky Criscione	3/23	52
Micah Dorn	3/15	5
Marianne Flynn	3/29	21
Sarah Goodberlet	3/12	13
Dale Huizenga	3/3	49
Sarah Huizenga	3/23	17
Ken Klipp	3/25	44
Pat Koerner	3/27	31
Terry Morse	3/12	39

NEW MEMBERS

Lisa Ballinger
Jenny Kohl
Mike Berz
Welcome to our club!

SEE YOU NEXT MONTH