

THE PAPER RACE

KRRC NEWSLETTER

P.O. BOX 339

1993
FEBRUARY 1992

BOURBONNAIS, IL 60914

ISSUE 60

ANNUAL MEETING IN A NUTSHELL

1. Officers reelected: Henry Shelly, President; Pat Koerner, Vice-President; Ron Piwowar, Treasurer. Volunteers re-up: Linda Krause, Social Director; Bill Linn and Dan Gould, Newsletter Editors.

2. The President's Award was given to the Henry Shelly family for their outstanding service to the club.

3. Peggy Sue Bush Munday of St. Mary's Hospital proposed that the club sponsor and manage the Birdman Duathlon with some financial assistance from St. Mary's. The proposal was voted down and a committee of Henry Shelly, Ron Piwowar, Tom Goodberlet, and Mark Steffen was formed to present a counterproposal.

4. A business card sized ad will be placed in the newsletter for any person sponsoring an issue. The fee is \$20 for members and \$35 for nonmembers.

5. The Summer 5K Series will be sponsored by Tom Goodberlet, Linda Krause, and Donna Hurst Koerner. Linda Krause and Dee Osenglewski will act as race directors.

6. Tom Goodberlet and Henry Shelly will direct the Governor's 10,000.

7. Jeff Lonergan announced that the Lonergan Pre-Winterfest 5K would be held on Sunday, but the facility would not be available as he hadn't gotten the key.

ON DAN'S RUN By Dan Gould

January. Cold. Gray. Snow. Freezing rain. Nothing to do but wait for April. One of your best friends threatens to treat you like a husband. Like a husband? Yes, she really did. Well, yes, it was my fourth consecutive day at the Linn household. Yes, I had rummaged around in the fridge like I lived there. OK! I had been at the dinner table. Yes, I had partaken of some leftovers. Yes, her husband and I were both comfortably seated on the living room floor watching playoffs and putting labels on

1,300 apps for Winterfest. Come to think of it, I probably was starting to look like a husband, but it was a heck of a thing to say. Well, OK, I'll forgive her. Linda, I still love you, but don't let it happen again!

Actually, the year didn't start out all that badly. Four survivors of New Year's Eve met at the park for a run in the sun and Henry Shelly did his best "Julie Anderson" as he ran away from Bill, Pat and me. The real Julie remained in Hawaii. Now that's the way to bring in the new year!

Doc Baldwin dropped us a line along with his dues from his Florida home. He is doing a run/walk of 3-4 miles every day, playing softball twice a week, and playing some tennis. "This college life is killing me," he complains. A dirty, rotten job, Doc, but somebody has to do it. He doesn't say zipo about Dorothy, but we presume she is surviving.

Speaking of Baldwin, Pat Baldwin has revived the Bourbonnais Friendship Festival race. A 10K which died half a dozen years ago, it will be reincarnated as a 5K. In order to avoid a conflict, the YMCA 5K will move to July 10th.

The annual meeting at Mark and Kathy Steffen's was, ah, interesting. There was the usual good food and drink. There were strange people there. Ken Klipp and Scott Stephens aren't really strange, but they don't usually come to these things. The real highlight/lowlight of this meeting was the appearance of Peggy Sue Bush Munday on behalf of St. Mary's Hospital to propose that our club sponsor and manage the Birdman Duathlon. I missed Peggy's presentation, arriving just before she left. I gather she was given a "warm" reception. After her departure, the discussion proceeded according to Robert's Rules of Disorder. The bottom line was the formation of a committee to make a counterproposal. The next paragraph is my two cents' worth on the subject and you are welcome to skip it. I don't like getting serious in the middle of all this fun.

Race sponsorship by the club means two things: A financial risk for the club

treasury and the moral obligation of the members to work for the race. The Governor's is our signature race for which we put the treasury on the line and work to pay back all the other road runners who put on similar races at equal risk. Based on the conversation at the meeting, some of our members are not aware that we are also a sponsor of Winterfest along with the Kankakee Valley Park District and Riverside Medical Center. While Riverside protects us against loss up to a point, we are liable if the attendance goes too far south. We are a running club with a few members who participate in duathlons and triathlons. I admire their discipline and dedication, have and will work their events, and have some aspirations of becoming one of them. I would like to see the Birdman continue and hope to be part of it as a participant, worker, or both. I do not, however, believe the club - as a club - should commit its membership and treasury. I encourage all members to support Mark and Kathy, Jim Grace, Julie Anderson, and all the multisport athletes among us just as they support all the road races that are not club sponsored.

What if somebody threw a race and nobody came? Think about it! Had you showed up, you would have been first overall - every runner's dream! Well, it could have been you at the Lonergan Pre-Winterfest 5K because nobody was there but Jeff. This can happen, of course, if you wait until less than two days before the race to confirm that it is a go. Jeff didn't tell me if he bothered to run it before heading out to the Limestone Fire Department for breakfast with Henry, Ron, and Nancy. Jeff is thinking of moving his race to a late April date when there are no races, and the weather is more agreeable, and the firemen are still having their pancake breakfast.

There may be hope for the St. Anne Pumpkinfest 5K. I got a note from Mark Beaupre who advises me that he has been asked to co-chair this year's race. Wonderful things happen to road races when you get somebody involved who knows something about them. You do

things like move the start/finish from the hazardously congested street, accurately measure the course, provide water, and don't give the overall winners the trophies for both overall and first in age group. Cornstalk will give me some help, Mark, if fatherhood doesn't totally domesticate him.

The Daily Journal will never be the same. Ken Stark is moving to a log cabin 60 miles west of Madison, Wisconsin, to become a starving artist. Well, he doesn't plan to starve, but he is going to devote himself to his painting. We will miss Ken's perceptions of the events in our world contained in his daily newspaper cartoons as well as his companionship (I'll miss you too, Chris!).

No, John Brinkman hasn't hung up his running shoes for good. He has had a bad time recently with back problems, but he is getting therapy. He is optimistic that he will soon be back among the running. Hang in there, John!

She's b-a-a-c-k! Yes, folks, our own Julie Anderson has returned from an extended visit to Hawaii. She showed up an hour late at the park on January 24th and all we got to do was wave as we passed. She did bring me a box of chocolate covered macadamia nuts, but I'm not sure she really loves me. Macadamia nuts are 199 calories to the ounce and 95% fat. Add the chocolate covering and you have something approaching Janet Shelly's "Death by Chocolate" in nutritional value.

I know Janet Brown loves me. As long time readers of this column know, Janet has a thing about buns - she likes to show them and see them. If you don't like to show them, hang onto your shorts when she's around. Anyway, when Janet renewed her membership this year, she wrote me a very nice note which said that she bared her bottom for literary genius (that's me!) and her husband. I'm going to use her kind words in a membership drive solicitation letter later this year. I also appreciated Sue LaMore's note which said that the January issue alone was worth the price of membership. On behalf of the staff of The Paper Race, I thank both of you.

Janet was among the 250 who turned out for the 11th Annual Midwinter Frolic in Park Forest. We had sunshine, 20 degrees, and dry pavement. Carol Pratt-Bauer was a welcome sight calling splits at the 5 mile mark. That meant we were only 1.2 miles from the pancakes, coffee, and OJ. I couldn't stay with anybody and finished seconds behind Mike and Graig Hickey,

Paul Tamayo, and Bob Maszak. Graig's 40:40 was remarkable - a PR! Lynn Troost ran a CPR - Course Personal Record. There was a trophy for everyone!

As I have previously noted, Donna Koerner has been well-prepared for child rearing by living with Pat. I arrived at the Koerner home to pick up Pat, Donna, and Jim Grace for the trip to Park Forest. I backed up the ice covered driveway so Donna would be able to crawl in the passenger door and avoid the icy mess that Pat had permitted to accumulate. She and Jim came out and got in. We waited. And waited. And waited. Finally, Pat emerged. "Sorry guys, but I just realized that the shoes I had packed to race in didn't match my outfit." I wonder how long it would take him if he had any hair to comb.

There is a God! My wife got me an early Valentine's gift and I really couldn't figure out what I could get for the woman who has everything - me and my money. I was cutting coupons out of the supplements to the Sunday Trib when - BINGO! There it was before me. The "Buns of Steel Collection" for only \$29.95. The collection consists of three videos: Buns of Steel, Abs of Steel, and Legs of Steel. I know she will be thrilled! I wonder if Janet Brown would be interested. I mean, hers sagged a little the last time I looked. Janet, call 800-332-1800 for firm buns, flat abdominals, defined arms, and sleek, trim legs.

Charlie Grotevant was not at Park Forest. Charlie, Carol Pratt-Bauer, and a few others had done an 18 miler the day before between Pontiac and Dwight along old U.S. 66. Charlie has put together a mixed master's team for this April's River-to-River consisting of the Hickeys (I know, Georganne doesn't look that old; certainly doesn't act that old), Shirley Malone, Bill Linn, and ... Well, memory fails me, among other things. I think Leon and I are alternates. Go Buckingham Beefeaters!!

Pat Koerner went to Chesterton, Indiana, for his first overall win of the year. The Flurry Scurry was a 3 miler around one of those new developments on a golf course with no trees (read: no protection from the wind!). Jim Grace kept him company, but finished out of the money.

Winterfest is here! I'm sure you'll be there to run, work, or both. You should find a copy of the American Running and Fitness Association's FitNews in your bag when you pick up your pre-registration

KRRC OFFICERS

Henry Shelly, Pres.	933-9255
Pat Koerner, V-Pres.	932-1009
Ron Piwowar, Treas.	939-1749
Linda Krause, Social Director	472-6577

KRRC NEWSLETTER

Editors - Dan Gould	937-5500
Bill Linn	935-0815
Staff - Linda Linn	935-0815
Dave Bohlke	939-1676
FAX Number	937-5337

packet. I have been a member for several years and find their newsletter money well spent.

Speaking of money well spent, there is no free lunch. Pay your dues if you haven't (renewal form was in the January issue). You are not required to compliment the staff, but you are free to do that. You are also free to write about your adventures in this running life and submit them for publication. Running from bar to bar in search of love doesn't count, John!

Finally, congratulations to Henry, Janet, Allison, and Lisa Shelly on receiving the President's Award for Outstanding Service. It is because of their hard work - a labor of love - and the work of many others that we have so much fun. What are you going to do for our sport this year? It really isn't much work when everybody pitches in.

THE STARTING LINE

SUNDAY AT THE PARK - KRRC members of all abilities meet at the Kankakee River State Park at 9:00 A.M. to run and socialize on off-race Sundays. Your popularity is assured if you bring a treat from Donutland for the post-run tailgate party. JOIN US!

SUN, FEB 7, 1PM - 9TH ANNUAL WINTERFEST 5K RUN and FITNESS WALK, Small Memorial Park, \$11/14 after 2/1, long Ts, awards 2-4 deep. Call Bill Linn, 935-0815.

SAT, FEB 13, 10AM - CARIBBEAN CRUISE 5 MILER, Keeling Center, Blackhawk Jr. High, 375 Oswego St., Park Forest, \$11/14, beach towels. 5yr AG, awards to top 10%. Call Aigene, 708-339-6437.

SUN, FEB 14, 1PM - 14TH ANNUAL FROSTY 5, Middle School Gym, U.S. Route 6 & Tryon St. (3M west of I-55), Channahon, \$12/15, stocking caps to 1st 200, 5yr AG 2-5 deep plus top 5 overall, out & back flat course, refreshments,

post-race drawing, showers available.

SAT, FEB 27 - GASPARILLA DISTANCE CLASSIC 1K & 5K, Tampa, FL

SAT, MAR 6, 9:30AM - ST. PAT'S DAY 5M RUN/5K WALK, Elks Lake Pavilion at Lake of the Woods, Mahomet, \$12/15 after 2/27, Ts, costume competition, door prizes, age group awards, and refreshments. Fundraiser for Catholic Social Service. Race managed by Second Wind Running Club, 217-384-6516.

FRI, MAR 12, 5 till 9PM - 3RD ANNUAL RUNNERS GO TO THE CABERY VOLUNTEER FIREMEN'S FISH FRY. Sample Fireman Koerner's award winning coleslaw! You may be invited to Koerner Farm for some of Mother Koerner's Kookies. Learn to be a smoke eater!

SAT, APR 17, *AM - JUST A LITTLE RUN 4M, Eisenhower Fitness Center, 2550 178th St., Lansing, #13/15, Russell sweat shorts, top 3 OA, 3 deep in 5yr AG, 708-474-8552.

THE FINISH LINE

We try our best to get complete and accurate results. You can help by calling

results on race day to my office number - 937-2926 - and putting your race info on my answering machine.

DEC 26, NEWPORT RICHIE 5K, FL
Jeff Lonergan 21:07 1AG

DEC 27, BRAUNY TOWEL HALL OF FAME 5K, Tampa, FL
Jeff Lonergan 20:45

DEC 27, SANDPIPER 5K, Ormond Beach, FL
Mike Hickey 18:15
Graig Hickey 19:21
Georganne Hickey 31:30

JAN 17, MIDWINTER FROLIC 10K, Park Forest, 250 runners, 20 degrees
Pat Koerner 35:08
Jim Grace 39:48
Augie Hirt 40:15
Graig Hickey 40:40 PRI
Mike Hickey 40:40
Dan Gould 40:55
Phil Newberry 43:44
Scott Kelson 45:20
Lynn Troost 51:27 CPR
Gale Lehnus 1:03:48

JAN 23, FLURRY SCURRY 3 MILE, Chesterton, IN
Pat Koerner 16:00 1 OA
Jim Grace 18:14

BIRTHDAYS

Michelle Baldwin	2/14	37
Bill Batkiewicz	2/12	34
Jim Grace	2/24	36
Charlie Grotevant	2/18	51
Mike Hickey	2/21	43
Courtney Kendall	2/17	13
Gerry Kilbride	2/6	55
Judy Kilbride	2/24	54
Tommy Kilbride	2/14	24
Robert Krause	2/23	45
Jack Littrell Jr.	2/24	25
Lindy McIntyre	2/12	36
Emily McIntyre	2/9	13
Dan Phillips	2/7	57
Janet Shelly	2/13	40
Allison Shelly	2/22	17
Jane Spaulding	2/21	46
Tom Uribe	2/3	40
Gerald Wilson	2/23	47

NEW MEMBERS

Marlin Howe

Robert Pool

Welcome to our club!

SEE YOU NEXT MONTH

Kankakee River Running Club

P.O. Box 339

Bourbonnais, IL 60914