

# THE PAPER RACE

## KRRC NEWSLETTER

P.O. BOX 339

NOVEMBER 1992

BOURBONNAIS, IL 60914

ISSUE 57

### ANNUAL CHILI COOKOFF and ELECTION OF OFFICERS

Friday, the thirteenth of November, 6:30, at Bird Park we will again gather to taste the finest chili north of the border. This will be the perfect opportunity for all you closet chili makers to put forth your greatest efforts for all to enjoy. All chili makers will be rewarded for their efforts, with a grand prize to the top chili chef (to be decided by secret ballot).

We would also like to take this night to honor our "Athletic Supporters." All those wives, husbands, friends and significant others who contribute their time, suffer through carbo loads, and wait patiently at finish lines through all kinds of weather (John Shoup, there's a ballad in the makin' here). Special gifts await these fine people, so we hope to see them there.

We have also arranged for many other unique door prizes and awards for all who attend.

And last but not least, we will be holding election of officers for the coming year. So plan to participate in this great democratic process.

The club will provide drinks and eating utensils, etc. If you don't bring chili, please bring another dish or dessert to pass. Remember November, Friday the Thirteenth, 6:30, Bird Park. For further info call Linda Krause at 472-6577.

### GOVERNOR'S THANK YOU

By Henry and Janet Shelly

We would like to thank all the club members who helped with "The Governor's 10K & 5K." We were amazed to find out the amount of time and effort that goes into a race. We are so lucky to have people who were willing to give of their time. Thanks a lot!

### ON DAN'S RUN

By Dan Gould

Thank you, Henry and Janet! Our President and First Lady put forth the effort to make this year's Governor's another successful outing (10K - 123 finishers, 5K -

66 finishers). Many other club members contributed to its success. The Ken Stark designed shirt showing a number of club members on a run through the woods was very popular. KRRC members Pat Koerner and Theresa Burgard won the 5K. Cornstalk shaved 10 seconds off his last year's winning time. In the 10K, it was old-timers and out-of-towners Gary Moss and Que Harbor who took the honors.

The gray sky and fog that started the day didn't help with the fair-weather runners. If you weren't pre-registered, it would have been easy to roll over. The racing conditions were excellent and the sun materialized mid-morning for the post-race festivities. If you worked the race and didn't get enough donuts and pizza, there was lunch on the house at Chicago Dough. I went for a second run mid-afternoon just for the calorie burn.

Will we have a new 10K course next year? Will we avoid Altorf Road and Route 102? Creative minds are already looking at the trail extension with anticipation. Your ideas?

October 10th was the 1st Annual Irish Alumni 5K Run at Bishop McNamara H.S. with Ken Klipp directing. Thirty runners toed the line for the noon start under a sunny sky and temperatures in the 60s. Cornstalk was once again a winner. Two members of the Kilbride Racing Team - Gerry and Judy - made one of their rare appearances.

October 10th was also the hayride and hotdog roast club social at the Goodberlets' country estate. It was a beautiful evening and setting for the festivities which included horseback rides for the children while waiting for the sun to set. Bales of straw around the fire provided comfortable seats while we roasted the dogs and enjoyed the array of delicious dishes brought by various members.

After dark, the hayrack was loaded with giggling children - and, by this time, some giggling adults - for a ride in the country. The Dan van was the "backdoor" (you got your ears on, good buddy?) as we meandered along country roads and through at least one subdivision. For those of you

who weren't on this hayride and haven't been in a while, part of the fun consists of periodically jumping off the hayrack and stuffing mail boxes with hay. Yes, Shoup is a little old for that, but he swears it was Bohlke's idea. Anyway, one resident, not quite sure what was going on, jumped in his car and raced after the speeding hayrack. When he pulled alongside me and demanded to know what was going on, I could not lie. "Pat Koerner did it." That slowed him down. He didn't know what a Pat Koerner was. We finally satisfied him that no vandalism was going on and he departed. Lucky for him. Bill Linn wanted to stuff his car and shorts with straw.

We had a great time. Thanks to Tom and Anna for the hospitality. If they offer again next year, don't miss it! Almost everybody who is anybody was there. Almost. A couple of you let it slip by.

Team Hickey missed the Goodberlets' hospitality. They spent October 10th in Decatur. Decatur! I know, I know. They also spent part of October 9th and 11th in Decatur. Why? Well, in Mike's words, to run the "best race in Illinois. Puts Steamboat to shame." The race was the 4th Annual Autumn Shoreline Classic 15K Run and 5K Run/Walk. The Hickeys have done this one before and have been equally enthusiastic. One year Mike won a Goretex suit at the pre-race pasta dinner. In the 15K, the top 2 males and top 25 females receive plaques and they go three deep in five year age groups. All finishers receive a custom medallion. Mike found the food "unreal" - and there was plenty of it. While waiting in the food line, volunteers with carts of Gatorade serve any thirsty runners. When asked what could be improved, the only thing Mike could think of was to put out more garbage cans.

Mike and Georganne had a beautiful day to race and finished second in the husband-wife over 80 division. Carol Pratt-Bauer and her mother were first in the mother-daughter division. Carol, by the way, has moved to Barna (near Peoria) as her husband passed the bar and joined a law firm in that area (NOTE: Carol, have you sent us a change of address?). Charlie Kennedy was third in age

group which shows just how tough a field they turn out. Charlie is usually first! Gerry Donakowski was the overall winner with a course record 46:01. Let's put this race on the travel schedule for next year!

The only trouble with doing Decatur, of course, is that we would miss the Prairie State 10 Miler, always a quality race. We had 50 degrees and sunny which is a hard combination to beat. There was a bit of a breeze, but it wasn't a problem. The problem was I couldn't catch Bob Maszak. Well, the pumpkin pie tasted just as good, the trophies were nice, and there were some good raffle prizes. Since they didn't run the 5K this year, it was a smaller group. A couple of the regulars were doing the Columbus Marathon. Gary Moss says they are thinking of shortening the distance or maybe moving the date. I would hate to see the distance shortened. Park Forest and Ottawa are the only other ten milers around. One is too crowded and expensive and the other is too cold. Perhaps this was just an off year.

The next-to-last local race was the revamped Fall Classic. It was classic, but, with John Shoup directing, could it be anything else? No! Elliot Brinkman, age 7, ran his first race and finished dead last. The Brinkman name does ring a bell, but it was always associated with "first." John is still around, but taking care of all those kids keeps him pretty busy. Back to John Shoup, he also went 10 deep in his own age group, 40-44. Ah, those special touches!

Speaking of special touches, the new course met with general approval. The only real complaints were the grass transitions from path to road to vita course and there isn't much you can do about that. Well, maybe Sue LaMore could talk KCC into connecting the vita course to the road. Anyhow, it was a pretty day and you couldn't expect John to do much about that nasty north wind!

Oh. The shirts, you say. The cheap, white shirt with the brown circle in the upper left breast. Well, I tried to tell him and I don't really want to put him down for that one error in judgment. Yes, well, it is a major one. I suppose it was said best by John's best friend, John Grebe. Grebe said: "I drove down from Wheaton and spent \$9 for this! I wouldn't use this shirt to change my baby's diaper!" It is true, however, that Grebe hasn't been the same since he got hit by that car a few years ago, but this certainly is the car wash shirt of the year. Well, in all fairness, he spent the money on the trophies, but who wants to be fair? I'm sure he'll do better next year.

FLASH! Jim Grace completed the Florida

Ironman in 12:42! Now we have an Ironman and an Ironwoman.

I am happy to report that Dianne Strufe completed the Chicago Marathon. Linda Krause and Shirley Malone acted as the support crew. In spite of getting off course once and becoming physically ill in the last few miles, Dianne hung in there. She is officially a MARATHONER! Jeff Lonergan had the unhappy experience of putting a "DNF" in his log for this year's Chicago Marathon. Jeff does not recommend a marathon on thirty miles a week and a long run of ten miles. Ken Stark, who ran the Rogaine 5K in 22:22, joined Jeff midway in the marathon to give him support and encouragement. Ken also went to get the car when Jeff "died" at 22 miles. There will be better days!

Enclosed with this issue is the app for the Jingle Bell Run. Phil Angelo is putting together this new race in our community and it looks like a quality effort. Although there usually is little offered in December, this race is the same weekend as the Ottawa 10 Miler and the Memphis Marathon. I hope those of you who will be in town will support this race which has much to offer. Help is usually needed and there are jobs which permit you to work and run. Phil's phone number is on the app. Give him a call and give something back to your sport!

Don't miss the Chili Social/Election of Officers. Linda has a great deal of fun planned. We also need to take a little time to plan who is going to handle the club's business - calling meetings, organizing socials, and directing races. When everybody does their share, it really isn't work. "Somebody Else" doesn't have any more hours in their day than you do!

Nancy Ruda has some hats left over from the Governor's - great hats at only \$3! Give her a call or see her at the social.

What happened on your run? Share your adventures! Hope to see you on the run!

## ON JOHN'S RUN

By John Shoup

I would like to express my appreciation to everyone who participated in the Five Kilometer Fall Classic on October 18th at Kankakee Community College. Over a third of those who entered the 5K Race and the One Mile Walk were members of the Kankakee River Running Club. I would also like to thank Sue LaMore at KCC for all the help she gave in putting on the race. The Fall Classic wouldn't have happened without her effort. I was moved by all of the assistance I received from club members, as well as non-members, before, during and

### KRRC OFFICERS

Henry Shelly, Pres.	933-9255
Pat Koerner, V-Pres.	932-1009
Ron Piwovar, Treas.	939-1749
Linda Krause, Social Director	472-6577

### KRRC NEWSLETTER

Editors - Dan Gould	937-5500
Bill Linn	935-0815
Staff - Linda Linn	935-0815
Dave Bohlke	939-1676
FAX Number	937-5337

after the race. I tried to thank everyone on race day for their involvement, whether they ran, walked or worked. If I missed the opportunity to thank anyone, I apologize.

Was the Fall Classic a success? That depends on one's definition of success. If success is measured by hard work, a commitment to running a safe race, providing a course which is free of hazards and insuring that its participants are well cared for, then yes, the Fall Classic was a success. As far as I'm concerned, that is what a good race is all about.

After reading the previous column, however, it appears that the Fall Classic, by definition, was not a success. It seems that success is only possible if someone gets a multi-colored-top-of-the-line-long-sleeve T-shirt. Somehow, that saddens me. It saddens me that what someone can wear home after the race is more important than what that person contributes to the race itself, whether it is assistance, financial support, or effort during the race. The race should be the focal point of a person's criticism, not whether or not he cares for a shirt.

What is difficult for me to understand is how this newsletter has become this person's little center of the universe. What is more difficult for me to understand is why the missives from this pundit are rife with sentence fragments, improper pronoun references and misplaced modifiers. What is most difficult for me to understand is why newsletter after newsletter is filled with this person's derogatory venom about races, places and individuals. The true purpose of this newsletter is both to enlighten and to entertain its readers. I'm sure that this issue will do both. This newsletter is not a personal forum. When it becomes such, it loses all of its merit and integrity.

Will there be a Five Kilometer Fall Classic next year? That is very doubtful. The race lost money this year and I'd only be able to afford a one-color car wash rag again in 1993. A good alternative, of course, is for

my critic to provide all of the financial support for the race next year. Ah, a T-shirt, a T-shirt, his kingdom for a T-shirt.

Have I been hurt by the contents of "On Someone's Little Center of the Universe Run?" That's difficult to say. When you're the target of a drive-by shooting with ego-piercing rounds you can only try to duck and then be amazed when you realize who it is taking shots at you.

## IN THE NEWS

The winners of the Detroit Free Press International Marathon proved that 40 isn't so old. Doug Curtis, 40, and Karen Hubbard, 42, won both the overall and masters competitions. Curtis finished in 2:19:25. Hubbard on in 2:45:21. It was Curtis' sixth consecutive victory.

Mary Decker-Slaney led from start to finish to beat Zola Budd-Pieterse and win the Diet Coke Mile road race in Sydney. Decker-Slaney was timed in 4:23:15.

Brad Hudson passed Chad Bennion in the 24th mile and won the Columbus Marathon in 2:13:49. Joan Benoit-Samuels took the women's title in 2:32:18. Ann Walters of Champaign won the women's wheelchair race in 1:55:56.

## 1992 CIRCUIT RESULTS

The 1992 KRRC Circuit is now complete. The following list shows all runners who completed at least the minimum of 5 races.

Age Group Name	Points
F Overall Julie Anderson	50
M Overall Patrick D Koerner	49
F 1 - 14 Monica M Uribe	49
F 30 - 34 Nancy A Thompson	41
F 35 - 39 Theresa Burgard	47
F 35 - 39 Nancy J Ruda	46
F 35 - 39 Dee M Osenglewski	42
F 40 - 44 Kathleen H Steffen	49
F 40 - 44 Georganne L Hickey	32
F 40 - 44 Linda M Krause	31
F 50 - 54 Dianne K Strufe	43
F 60 - 99 Shirley A Malone	50
M 1 - 14 Graig Hickey	49
M 15 - 19 Preston J Provost	49
M 15 - 19 Bryce M Baker	44
M 15 - 19 Glenn R Warman	25
M 25 - 29 Jerry R Bell	49
M 30 - 34 Phil Newberry	39
M 30 - 34 John E Brinkman	36
M 30 - 34 Clinton L Carter	29
M 30 - 34 Brian L Noffke	16
M 35 - 39 Marlin R Howe	48
M 35 - 39 James P Grace	37
M 35 - 39 Tom Parlin	31
M 35 - 39 Jeff P Lonergan	30
M 35 - 39 Tim L Benoit	22
M 35 - 39 Thomas J Uribe	19
M 35 - 39 Tom Goodberlet	18
M 35 - 39 Hill Love Jr	13
M 35 - 39 Scott R Kelson	10
M 35 - 39 Donald E Combs	6
M 35 - 39 Patrick J Baldwin	2
M 40 - 44 Ken P Klipp	50

M 40 - 44 Rich W Olmstead	44
M 40 - 44 Bill Linn	40
M 40 - 44 Mike K Hickey	34
M 40 - 44 Henry J Shelly	32
M 40 - 44 Allen Montalto	24
M 40 - 44 Randy L Devore	18
M 40 - 44 Ellis S Stephens	11
M 40 - 44 Dale King	2
M 40 - 44 Bob A Galica	1
M 45 - 49 Pete W Mathis	50
M 45 - 49 Daniel W Gould	44
M 45 - 49 Ron E Piwowar	33
M 45 - 49 Ken L Stark	28
M 45 - 49 Louis H Coy	25
M 45 - 49 Michael Furl	14
M 45 - 49 John S Flynn	7
M 50 - 54 Charlie Grotevant	50
M 50 - 54 David B Hedlin	40
M 50 - 54 Gale F Lehnus	33
M 50 - 54 David F Herzog	29
M 55 - 59 Dan Phillips	48
M 55 - 59 Constantinos Orfanos	36
M 60 - 99 Leon J Malone	48

## THE STARTING LINE

SUN, NOV 1, 11AM - CANAL CONNECTION X (a 10K), Elementary School, Utica, crew neck long Ts, \$10/12 after 10/26, top 3 OA & 2-5 deep in 5yr AG, merchandise drawing. 434-7681.

SAT, NOV 7 - PALOS PARK TURKEY TROT 3 MILE - Call Marilyn 708-361-1535.

SUN, NOV 8, 9:30AM - FALL 4 FROLIC & 2.5M FITNESS WALK, Purdue Calumet's Fitness Center, Hammond, IN, Ts, \$11/15 after 11/3, cash awards to top 5 OA & top masters, Nike Sports Bag to top 3 in 5yr AG to age 50, TAC cert. and billed as the fastest four mile in Chicagoland, refreshments. 219-845-1977.

SUN, NOV 8 - WESTCHESTER VETERANS DAY RUN 5K/10K - Tom, 708-562-7063.

FRI, NOV 13, 6:30PM - KRRC CHILI COOKOFF & ELECTION OF OFFICERS. Whether you get the runs or are just running for office, be there or you may be elected/appointed/talked about. Bird Park, 6:30, with your chili or covered dish (I suppose at some point you might uncover her!). Adults Only XXX.

SAT, NOV 14 - OAK BROOK CHALLENGE. Oak Brook Sports Core on the Oak Brook Golf Course and Polo Fields. TAC Junior Olympics, Open, and Masters X-Country State Championships and an All Comers 5K. Some events require TAC membership. TAC 708-833-7303.

SUN, NOV 15, 8:30AM - LINCOLNWOOD 5K/10K TURKEY TROT, 6900 N. Lincoln, \$12/15, 10yr AG, Ts, raffle.

SAT, NOV 21, 11AM - KRR TURKEY TROMP 5K HANDICAP RACE, Kennekuk Cove County Park. Also 5K Poker Run/

Walk, 217-431-4243.

SAT, NOV 21, 8AM-5PM - 2ND ANNUAL TAC ROAD RACE DIRECTOR CERTIFICATION COURSE, Lisle Community H.S., 1800 Short St. \$40 includes course materials, snacks & lunch. Contact: Ray Vandersteen, 708-833-7303.

SUN, NOV 22, 8:30AM - TINLEY PARK TURKEY TROT 5K, Deb, 708-532-8698.

THU, NOV 26 - PSRR PILCHER PARK POULTRY PACER 4 MILE. (I got this out of the PSRR Newsletter, but they didn't include the time, an app, or a number to call.)

SAT, NOV 28 - JINGLE BELL RUN 5K, Chicago. Hank, 312-868-3010.

SUN, DEC 6, 9AM - JINGLE BELL RUN FOR ARTHRITIS, Shapiro Developmental Center, Kankakee, \$12/15, long Ts, age group awards for runners and walkers, overall awards, awards for costumes, prizes for fundraisers, refreshments. KRRC Member Phil Angelo directs his first race in the community - let's support him in this worthy cause. See app enclosed!

SUN, DEC 6, 9AM - OTTAWA 10 MILER, K.C. Hall, Washington & Rte. 23, \$12/15 after Nov 23rd, long T, gloves, 5yr AG 2-5 deep. This is really well done, but why drive 1-1/2 hours when you have the Jingle Bell Run in your own backyard.

SUN, DEC 6 - 5TH ANNUAL MEMPHIS MARATHON. As we go to press, four club members are scheduled to make the 8 hour drive to Memphis to run 26.2 miles instead of the Jingle Bell or Ottawa. There is still time for them to come to their senses, but there isn't much hope with Shoup leading Memphisto II.

## THE FINISH LINE

We try our best to get complete and accurate results. You can help by calling results on race day to my office number - 937-2926 - and putting your race info on my answering machine.

SUN, SEP 27 - WORLD ENDURANCE DUATHLON, Vancouver, B.C. (112 mile bike ride sandwiched between two half marathons)

Julie Anderson 9:29:02 10A & 14/44

SUN, OCT 4 - SAFETY LANE 10K, Kailua-Kona, Hawaii

Julie Anderson 39:21 20A

SUN, OCT 4 - GOVERNOR'S 10,000	
16 Bill Linn	38:14
21 Rich W Olmstead	38:39 2AG
29 Phil Newberry	40:18
31 Muriel DeBold-Leyland	40:58 2OA
38 Thomas J Uribe	42:04

39	Charlie Grotevant	42:07	1AG
40	Jeff P Lonergan	42:13	
48	Tom Goodberlet	43:03	
55	Ronald E Piwowar	44:28	
58	Scott R Kelson	44:40	
61	Kathleen H Steffen	45:05	3AG
64	Robert Tenczar	45:12	
65	Dee M Osenglewski	45:16	2AG
69	Nancy J Ruda	46:25	3AG
70	Ken L Stark	46:44	
80	Steve Zorns	48:17	
81	Nancy A Thompson	48:21	2AG
102	Glen Grant	53:12	
111	Dale King	55:24	
112	Monica M Uribe	55:34	1AG
117	Lynn A Runty	58:59	
122	Shirley A Malone	05:54	1AG

SUN, OCT 4 - GOVERNOR'S 5K

1	Patrick D Koerner	16:27	1OA
7	Dan Castillo	18:05	2AG
9	Charles R Kennedy	19:09	1AG
10	Daniel W Gould	19:32	1AG
14	Daniel R Gerber	20:21	2AG
16	Theresa C Burgard	21:25	1OA
17	Jeff L McIntyre	21:48	3AG
20	Dan Phillips	22:31	1AG
27	Butch H Coy	23:56	3AG
28	Patrick J Baldwin	24:00	
29	Lynn A Troost	24:17	1AG
32	John T Sullivan	24:46	
33	Lindy A McIntyre	24:53	1AG
42	Linda A Linn	26:36	3AG
43	Georganne L Hickey	27:05	2AG
54	Phil J Angelo	29:59	

SAT, OCT 10 - IRISH ALUMNI 5K, 30 finishers, 60s, sunny

Pat Koerner	16:43	1OA
Bill Linn	18:34	1AG
Rich Olmstead	18:48	1AG
John Shoup	19:09	2AG
Tom Uribe	19:50	2AG
Charlie Grotevant	20:37	2AG

Jeff Lonergan	20:40	
Jack Littrell	22:37	
Judy Kilbride	25:54	
Howard Strassenburg	29:19	
Gerry Kilbride	29:48	
John Flynn	30:14	
Linda Krause	30:20	1AG
Shirley Malone	30:21	1AG

SAT, OCT 10 - AUTUMN SHORELINE CLASSIC 15K & 5K, Decatur, 50s, partly sunny, 858 participants

Mike Hickey	58:21	and
Georganne Hickey	1:26:18	2nd H&W
Carol Pratt-Bauer	1:09:08	1st Mother & Daughter
Charlie Kennedy	59:57	3AG

SUN, OCT 11 - PRAIRIE STATE 10 MILER, 113 finishers, 50s, partly breezy

Pat Koerner	56:11	1AG
Phil Newberry	1:03:48	
Dan Goud	1:06:16	3AG
Charlie Grotevant	1:09:18	2AG
Ron Piwowar	1:14:15	
Nancy Ruda	1:14:39	3AG
Jeff Lonergan	1:14:56	
Henry Shelly	1:16:46	
Scott Kelson	1:18:47	
Lynn Runty	1:43:02	2AG

SUN, OCT 18 - FIVE KILOMETER FALL CLASSIC

1	Patrick D Koerner	16:32	1OA
2	Ken P Klipp	16:55	2OA
10	Phil Newberry	18:19	2AG
11	Mike K Hickey	18:20	1AG
12	Julie Anderson	18:41	1OA
13	Rich W Olmstead	18:49	2AG
14	Bill Linn	18:52	3AG
17	Larry L Lane	19:15	4AG
19	Daniel W Gould	19:34	2AG
20	Thomas J Uribe	20:08	

22	Charlie Grotevant	20:20	1AG
26	Jeff P Lonergan	20:47	
30	Daniel R Gerber	20:59	
31	Scott R Kelson	21:00	
32	Theresa C Burgard	21:07	2OA
33	Tom Goodberlet	21:10	
34	Robert Tenczar	21:29	
35	Henry J Shelly	21:41	6AG
38	Ken L Stark	21:56	
39	Ronald E Piwowar	22:01	
41	Kathleen H Steffen	22:11	3OA
44	Randy L Devore	22:27	8AG
46	Dan Phillips	22:57	3AG
47	Nancy J Ruda	23:00	4OA
50	Steve Zorns	23:15	10AG
53	Patrick J Baldwin	24:04	
55	Monica M Uribe	24:17	1AG
60	Pat Guthrie	25:17	1MST
61	Butch H Coy	25:26	
64	Daniel J Flynn	26:19	
65	Leon J Malone	26:20	
66	Georganne L Hickey	26:38	1AG
68	Dale King	27:20	
73	John S Flynn	29:15	
75	Phil J Angelo	29:46	
79	Elliot Brinkman	34:02	LAST

SUN, OCT 18 - BROOKFIELD ZOO 5K RUN (2,000+)

Dee Osenglewski	21:18	PRI
Mike Morel	22:52	
Linda Krause	28:58	
Shirley Malone	29:10	

**BIRTHDAYS**

Andy Baldwin	11/6	4
Dorothy Baldwin	11/10	73
Don Combs	11/1	40
Kevin Flynn	11/24	22
Dick Kendall	11/10	46
Jan McClarey	11/13	34
Richard Monk	11/13	??
Carol Pratt-Bauer	11/5	33
Lynn Runty	11/15	31