

# THE PAPER RACE

## KRRC NEWSLETTER

P.O. BOX 339

AUGUST 1992

BOURBONNAIS, IL 60914

ISSUE 54

### BILL LINN'S UNBELIEVABLY STUPENDOUS SALE

Bill Linn will be holding a spectacular sample sale on Friday, August 14 and Saturday, August 15 from 9 AM to 5 PM. A special preview will be on Thursday, August 13 from 7 PM to 9 PM for KRRC members only. This will be at his home at 1226 Vantage Lane, Bourbonnais, 815-935-0815. Samples include sweatshirts, sweatpants, T-shirts, shorts, jackets, hats, etc. Do your Christmas shopping early. Lots of good stuff! Bargains, bargains, bargains!

### ON THE RUN

By Dan Gould

July. The summer doldrums. The Linn's were off to spend a couple weeks enjoying the great outdoors of Colorado. Jeff Lonergan got on his motorcycle and went northwest for a couple weeks. Rich Olmstead went to New York for a couple weeks and came home just long enough to do his laundry before heading to southern Illinois for a couple more weeks. Linda Krause, Dee Osenglewski, and Shirley Malone headed west, stopped in the Quad Cities for the Bix 7, and continued to Colorado. The Shellys went to Boston. The Hickeys went to Decatur. My wife went to Minnesota (free at last, oh Lord, I'm free at last!), but she came back. Rodney Dangerfield even went somewhere, at least for a while. Yes, folks, we got some respect!

What do local sportswriters do during the summer? Well, I assumed they sharpened their golf game. If you found somebody from Journal sports at Legion Park in Watseka at 7:30 on the Fourth of July, what would you think? They had an early tee time at Shewami Country Club and took a wrong turn? They were there to cover the mud drags? No, friends, they have finally discovered the real citizen athlete - the road runner! We got pictures, story, and results in the Sunday

Journal and, for those of us whose delivery person made the rounds on Saturday evening, we read about it the same day!

In all fairness, we have gotten some pretty fair coverage this year starting with Winterfest. There was also good coverage of The Five Miler and the YMCA 5K in June and they have finally learned the difference between pace per mile and finishing time on the computer printout. And, of course, Jeff Bonty did a real nice piece on one of our club members who happens to be a judge and on the club newsletter. The only shortcoming of the story was the inclusion of some deprecating remarks by John Shoup and Bill Linn. Thanks to Tim Yonke, Jeff Bonty, and Bryan Woodcock in sports and Bill Jurevich and his photo staff!

"I didn't think a person would intentionally inflict that kind of pain on another human being," said John Shoup. He was telling me about the doctor removing the pins that had been inserted in his fractured thumb socket. "He asked me if I wanted to lie down or sit up and I asked him if it would hurt," said John. "He told me he didn't think I would feel it and he was partially right. The pain from the removal of the first one sent me into shock so I didn't really feel the second one come out," John remembered. "After the second one, I did have to lie down." My friend Judge Michela tells me that orthopods are sadistic by nature. I'm sure one of our staff of lawyer runners - Glazar, Gubbins, Kuester, or Steffen - will be happy to discuss it with you, John.

Georganne Hickey is this year's leading candidate for the John Shoup Most Attractive Cast on the Broken Ankle Award - and, hopefully, the only one. She was showing off the latest in ankle-wear at the Performance Sports 5K on July 14th. She was just out for a training run and somehow that ankle rolled - ouch! Some years it just doesn't pay to put on the running shoes.

Georganne was sidelined earlier this year by surgery and was just getting back into form. A bummer! The new stitches in Henry Shelly's hand are really too small to talk about, but he says it is Shoup's turn. Linda Linn has a complete set of bruises resulting from a fall on a bicycle. Linda, black and blue does not become you!

We were blessed on the 4th of July with a continuation of the cool racing days we had had in June. Nancy Ruda did her usual excellent job and the spectators were treated to a real horserace as Pat Koerner pushed Trent Koplinski to a course record of 21:38. Pat, 2-1/2 seconds behind, also broke the course record he had set in 1990. Julie Anderson was unchallenged as she won in 24:17, but, for the second week in a row, failed to break her own previously established course record. That could be due to too many biathlons, triathlons, or long runs on Sunday at the park. In all fairness, I didn't break my course record either. Of particular note were the delicious chocolate cookies which I believe were courtesy of Scotchmon's. I hope Nancy can find some more sponsors for this race. There were 89 runners across the line this year, up about 20 from a year ago. Age groupings such as 1-17 and 50 and up and awards one or two deep are going to send some runners to other races. It would be nice if we could keep this one growing. By the way, our President, Henry "Running Dog" Shelly, placed in age group, right on Ken Klipp's heels.

The Kempton Boosters 7K on July 11th was low key but a good time for the 22 participants. This was a prediction race so you didn't have to bust a gut and you didn't have to find a place for another T-shirt because they didn't give them out. More good news was the \$5/6 entry fee. With awards (nice plaques) to the top ten predictors, door prizes, refreshments, good company, and entertainment, this race was hard to beat. For those of you not paying attention, this was 7:30 on a

Saturday night. Scott Stephens was not paying attention - he showed up in the A.M. to hand out the Herscher entry forms! Anyway, there were showers available and food, drink, and live entertainment by Gary House (top predictor - 1 second off). Race Director Leon Malone did a fine job!

The pleasure of the evening at Kempton was tempered by concern for Linda Krause, Dianne Strufe, and Brian Noffke, all of whom had preregistered, but failed to arrive in Kempton. There were presumed lost somewhere in the Buckingham Triangle. Next year the entry form should include directions on how to get to Kempton and avoid "The Triangle."

I had seen the name Phil Tetley on some race results and knew he was from Fairbury, but didn't know who he was until Kempton. I introduced myself and inquired if he had a sister name Mary. I had dated a Mary Tetley from Fairbury some 29 years ago when she was a freshman at NIU>

Phil acknowledged that he was her brother and that Mary was married with children and doing well. It is a small world!

Gerald Wilson was just a name on our membership list until Kempton and apparently one I forgot when going over race results. Sorry, Gerry, we will try to get you in the results column in the future. If we miss you, drop us a line.

The Performance Sports 5K on July 14th was a prediction race with age groups. This was unusual, but dictated by the trophies which had been made up before it was decided to make it a predictor. Although rain threatened, about 46 runners competed on this cool and breezy evening. Graig Hickey took advantage of the conditions to run a PR of 18:37 and was top predictor in age group. As I mentioned last month, Dale Huizenga's absence from road racing had meant gold for me. HE'S BACK! We ran most of this race together and he finished only 4 seconds off his predicted time to win our age division. Me? I was 5 seconds off! As usual, we retired to Chicago Dough to carbo re-load and celebrate the birthdays of the month. Janet Shelly brought along one of her treats to make the evening particularly special. The only discouraging word of the evening came from a blond waitress as a result of some perfectly innocent remark I made about an interpreter.

When she said she couldn't hit me because I was a customer, I said Donna never hesitated. I pointed out Donna and the waitress got Donna to come over and hit me. Blonds!

The Heart and Sole 10K on July 19th was preceded by a mini-expo on the 18th. The highlight of the expo was the talk by Dr. George Sheehan, this year's celebrity runner (Joan Benoit Samuelson last year). The race itself was well done. It is run on a scenic and slightly rolling course with lots of shade. There is a water station each mile and a competition among the water station sponsors. An insulated water bottle waited each of the 661 participants at the finish line as well as a nice assortment of refreshments. The competition was tough and we brought home no gold. Well, Dan Phillips may have won something in the cardiac division (he had bypass surgery 12 years ago), but they had a little trouble figuring that division out. Phil Newberry's goal was to break 39 minutes and he did - 38:59! This race was a little expensive as they gave sweatshirts, but it should be on your calendar for next year.

I hope you've gotten your registration in for the Momence Glad Run. Mike Hickey has over 30 door prizes including dinner for two at Dionne's, a \$20 gift certificate from California Best, and autographed pictures of your favorite ball players including Bo Jackson. Following the race is our August social at Linda Krause's and a day filled with the activities of the Gladiolus Festival - be there! The only other local race in August is the Performance Sports 5K at Governor Small Park on August 11th at 6:30.

Included with this newsletter is the registration form of the Hare and Tortoise Race in Herscher on September 6th. There are errors in the form as to age groups. For men, the 40-49 age group has been divided into five year age groups. For women, over 24, the age groups are 25-29, 30-34, 35-39, and 40 & up. Scott may expand the age groups further if registration and budget permit.

The KCC Fall Classic has been cut from the budget, but KCC has agreed to let Sue LaMore continue to direct the race if sponsorship can be found. A potential sponsor has been contacted and negotiations are in progress.

Where have you been, what have you run? Have you got a first person story

#### KRRC OFFICERS

Henry Shelly, Pres.	933-9255
Pat Koerner, V-Pres.	932-1009
Ron Ptowar, Treas.	939-1749
Linda Krause, Social Director	472-6577

#### KRRC NEWSLETTER

Editors - Dan Gould	937-5500
Bill Linn	935-0815
Staff - Linda Linn	935-0815
Dave Bohlke	939-1676
FAX Number	937-5337

for us or a five star race to recommend? Please share it with us!

Speaking of sharing, please heed the request to support your Governor's 5K/10K with your help. It is the oldest club supported race and widely recognized outside our community as one of the finest road races around. Many jobs allow you to work and run. This is but one of the chances to give something back to the sport we enjoy so much!

Marathoners - I have a supply of Columbus Marathon (Oct. 11th) forms.

SEE YOU ON THE RUN!

## YOU'RE INVITED TO THE KRAUSE HOUSE

Once again, Linda Krause and family will be hosting a party after the Momence Gladiola Race on August 8th at their home at 227 West Washington, Momence (3 blocks from the high school). Those who attended this party last year can attest to the fact that it was a great time with plenty of good food and drinks. You are also welcome to bring your swimming suit for a refreshing dip in the pool. You may bring a covered dish if you wish, but it is not mandatory. Be there or be sorry!

## EVERYONE NEEDS TO PITCH IN BECAUSE IT'S YOUR RACE!

Well, KRRC members, it that time of year again. Yes, it's the lazy hazy days of summer. Yes, it's vacation time. But yes, it's also time to begin the serious groundwork and planning for the GOVERNOR'S 5K and 10K.

The most important point for all of us to remember is that this race is OUR CLUB RACE. It's a KRRC-sponsored event...which translates to it's a team

effort. And, that means the **WHOLE** team...all 150 of us. Every club member must give something to this race...whether it's contacting businesses for financial support; organizing refreshments; handling race day traffic; manning the course; or measuring the course. There's plenty for all of us to do.

Keep in mind the classic heritage of this race. It has always been well respected in our community and by other running clubs from the Chicago-land area. A lot of non-club members talk about "that race in the state park." It's included in the Kankakee Chamber of Commerce annual guide. Last year, we invited Governor Edgar to lead the race. Although he couldn't make it, we did receive personal phone calls and letters from him. That was impressive.

It takes a lot of hard work to keep this tradition going. Witness last year's monumental effort to resurrect and re-enthuse the race. A small group of people worked really hard and put on a great, memorable race. This year, we need all of us to work really hard and put on a great, memorable race...to keep the momentum going.

Each one of us has to give something of him or herself to the Governor's race. And, that means some of us will not be able to actually run in the race. Some of us will have to be out on 102 directing traffic. Some of us will have to be organizing registration. Some of us will have to be on the race course. That's just the way it is. Believe it or not, there are several club members who have never run the Governor's race. Each year, they've worked the race. These are the club members who have made this race great. These are the club members we can all take a lesson from.

The bottom line is this: Each one of you must help with the Governor's race. Otherwise, a good thing is going to become a thing of the past. One person or a small group of people cannot - and should not - be expected to handle this important event. We know this can lead to hard times. The Governor's is a club effort. And, that's the only way it should be.

So when Henry Shelly or any other KRRC officer asks you to head up a committee or to lead some leg support, say "Y-E-S." Better yet, don't wait to be asked. Volunteer your time and services. Remember, it's a club event...and you're a member of the club.

## THE STARTING LINE

**SAT, AUG 1 - MIDWEST MILE, Pontiac (On the Square). \$8/10 w/Ts to first 200, registration 6-7 PM. Master's Mile at 7:30PM and Open Mile at 7:45PM (awards to top 15 male & top 10 female), Kids mile (13 & under, awards 5 deep). Proceeds to benefit St. Jude Children's Hospital. 815-842-2790 for info.**

**SAT, AUG 8, 8AM - MOMENCE GLAD RUN 5K, 10K & 1 MILE WALK, Momence H.S., \$9/11 after 8/1, Ts, 5yr AG, door prizes. KRRC Social after the race at Krause's and a day of Gladiolus Festival activities. Don't miss it! 472-2253.**

**SUN, AUG 9, 8:30AM - CREST HILL LIONS CLUB 4 MILER, Amerified Federal Savings Bank, 1660 N. Plainfield Rd., \$9/11, Ts, 5yr AG, door prizes, 815-838-7678.**

**TUE, AUG 11, 6:30PM - PERFORMANCE SPORTS 5K, Governor Small Park, Kankakee, \$1 for non-KRRC members. A low key good time!**

**SAT, AUG 15 - PARKERSBURG HALF-MARATHON (W. Va.)**

**SUN, AUG 16 - FALMOUTH ROAD RACE 7.1M (MA.)**

**SUN, AUG 16, 9AM - ODELL DAYS 5K RUN & .1M WALK, Odell Pool Park, \$10/12, Ts, 10yr AG, 3 deep, 815-998-2298.**

**SAT, AUG 22 - CRIM FESTIVAL OF RACES (Flint, MI.)**

**SAT, AUG 29, 8AM - MINOOKA SUMMERFEST 5 MILS, Mondamin & Wabena St., \$8/10, 5yr AG, PSRR Circuit Race.**

**SAT, AUG 29, 7:30AM - FRANKFORT/KENNEDY TORCH RUN 5K & 12K, Borg Warner Plant, Locust, one block south of Nebraska, \$12/15 after 8/20, Ts, 5yr AG (looks like ribbons in 5K except for 1st OA), raffle. Benefits developmentally disabled. 815-469-9494.**

## THE FINISH LINE

We do our best to get race results for all members. If we are missing you, please let us know.

**JUN 9, PERFORMANCE SPORTS SUMMER SERIES 5K #1**

1	Pat Koerner	16:44
2	Bryce Baker	16:52
3	Preston Provost	17:36
4	Rich Olmstead	18:20

5	Marty Klipp	18:25
6	Chad McGinnis	18:26
7	Clint Carter	18:47
8	Bill Linn	19:12
9	Tim Benolt	19:27
10	Jim Grace	19:34
11	Mark Kohl	19:46
12	Dan Gould	19:52
13	Jeff Lonergan	19:53
14	Shawn Sullivan	20:18
15	John Shoup	20:26
16	Greg Downs	20:32
17	Charlie Grotevant	20:44
18	Larry Lane	21:14
19	Jack Littrell	21:16
20	Dave Hedlin	21:19
21	Henry Shelly	21:37
22	Dan Keenan	22:09
23	Dan Phillips	22:18
24	Nancy Ruda	22:26
25	Dee Osenglewski	22:48
26	Jessica Bullock	23:12
27	Gerald Wilson	23:18
28	Katie Glenzinski	23:24
29	Tim Guerin	24:06
30	Katie McLish	25:00
31	Damian Scheidecker	25:17
32	Casey Baker	25:17
33	Butch Coy	25:36
34	Karen Sparenberg	25:56
35	Stacey Denault	26:01
36	Dave Schkerke	26:24
37	Judy Schkerke	26:39
38	Kayce McLish	26:59
39	Leon Malone	28:29
40	Keri Keenan	30:15
41	Phil Angelo	30:16
42	Shirley Malone	30:30

### WALKERS

1	Deb Hartke	
2	Jackie Forman	
3	Barb Scott	
4	Sandy McLish	
5	Gary McLish	
6	Mary Jo Guerin	
7	Lori Jo Smith	

### JUL 3, WENONA 5K

	Larry Lane	18:12	5AG
	Charlie Grotevant	19:49	2AG
	Gerry Wilson	23:--	

### JUL 4, FIRECRACKER 4 MILE RUN

2	Patrick D Koerner	21:40	2OA
6	Ken P Klipp	22:45	1AG
15	John E Brinkman	23:45	
16	Bill Linn	23:49	2AG
17	James P Grace	24:06	
18	Julie Anderson	24:17	1OA
19	Phil Newberry	24:27	
22	Daniel W Gould	25:09	2AG
23	Mark A Kohl	25:15	

24	Jeff P Lonergan	25:25	
25	Matthew T Gubbins	25:25	1AG
29	Charlie Grotevant	26:30	
31	Tom Goodberlet	27:01	
33	Brian L Noffke	27:08	
36	Theresa C Burgard	27:21	1AG
39	Henry J Shelly	27:50	2AG
41	David Hinderliter	28:09	
42	Jeff L McIntyre	28:23	
43	Kathy H Steffen	28:25	1AG
44	Dee M Osenglewski	28:29	2AG
45	Randy L Devore	28:45	
48	Dan Phillips	29:01	
52	Lindy A McIntyre	30:32	
53	Butch H Coy	30:39	
56	Donald E Combs	30:58	
61	David F Herzog	31:36	
62	Dan J Flynn	31:36	
64	Gale F Lehnus	32:16	
69	Patrick B Baldwin	33:04	
70	Michael J McGuckin	33:32	
74	Mark A Beaupre	34:46	
76	Leon J Malone	35:01	
79	Dale King	36:09	
81	John S Flynn	36:38	
88	Linda M Krause	40:36	

**JUL 4, RANTOUL 5K**

Graig Hickey	19:15	1AG
Mike Hickey	18:17	
Georganne Hickey	26:38	1AG
Lynn Troost	??	

**JUL 11, BLOOD, SWEAT & GEARS**

**BIATHLON, Danville (5K, 20M bike, 5K)**

Julie Anderson	1:34:01	1OA
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**JUL 11, KEMPTON ROOSTERS 7K PREDICTION RUN**

2	Gale Lehnus	:03
7	Charlie Grotevant	:15
9	Henry Shelly	:24

**JUL 19, HEART & SOLE 10K, Olympia Fields (70s, Sunny, 661 Finishers)**

Pat Koerner	34:15
Phil Newberry	38:59
Dan Gould	41:38
Charlie Grotevant	42:13
Theresa Burgard	42:56
Henry Shelly	45:33
Dan Phillips	46:32
Gale Lehnus	51:01

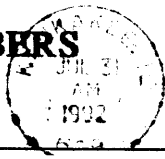
Out of the money were: Leon & Shirley Malone, Gerry Wilson, Pat Koerner & Scott Stephens

**JUL 14, PERFORMANCE SPORTS 5K PREDICTION RUN**

Age Group Winners: Graig Hickey :28 (18:37 PR!), Nancy Ruda :08, Dale Huizenga :04, Judy Kilbride :04. Out of the money were Jim Grace, Phil Newberry, Tom Goodberlet, Pat Koerner, Dave Hinderliter, Dee Osenglewski, Ron Piwowar, Ken Klipp, Mike Hickey, Dale King, Larry Lane, Dan Gould, Henry Shelly, Ken Stark, Charlie Grotevant, Leon Malone, Dan Phillips, Gale Lehnus, Shirley Malone.

**NEW MEMBERS**

Muriel DeBold-Leyland



Jeff & Renee Dixon  
Mickey Irvin  
Randy & Kyle Kiedaisch  
Michelle Lambert  
Jeff & Lindy McIntyre & Emily, Seth & Luke  
Michelle Lambert  
Jane Spaulding  
Larry & Flo Wier

**BIRTHDAYS**

Pat Baldwin	8/26	35
Kate Batkiewicz	8/3	29
Carolyn Bolden	8/24	33
Diane Brinkman	8/26	28
Sally Dorn	8/20	37
John Flynn	8/1	46
Karl Goodberlet	8/6	7
Dan Gould	8/31	48
Scott Kelson	8/31	37
Chris Kendall	8/6	42
Nathan Kendall	8/10	15
Kyle Kiedaisch	8/7	9
Donna Koerner	8/13	36
Jessica Linn	8/9	6
Shirley Malone	8/9	61
Jeff McIntyre	8/29	34
Nancy Ruda	8/16	36
Harold Stinson	8/24	43
Kathy Steffen	8/18	41
Matt Steffen	8/23	9
Michael Steffen	8/18	6
John Sullivan	8/6	34
Lynn Troost	8/6	46