

THE PAPER RACE

KRRC NEWSLETTER

P O BOX 339

SEPTEMBER 1991

BOURBONNAIS, IL 60914

ISSUE 43

ON THE RUN

By Dan Gould

How quickly we forget! I remembered the I-57 overpass hill, but not the one beyond it nor all the hills around Bayles Lake. I remembered a few gentle rises in the road on this scenic 10K in Loda. A Loda fun! Perhaps it was just as well that I forgot last year's pain and perspiration or I wouldn't have gone. It was an instant replay of last year. Overcast, humid, trying to rain, but not really doing so until after the race (I was one second faster this year!). A dozen KRRC members were there to enjoy the post-race refreshments, awards and door prizes. Dee Osenglewski was the only one I knew who enjoyed the race itself. She ran a PR and picked up second in age group. A master's division was added this year, but, without explanation, a master runner had to declare whether he was running as a master or simply in his age division. There was also a problem with the split callers being off, but Race Director Bob Cravens advised us he discovered the cause and will remedy it next year when he intends to move the race to early September and, hopefully, avoid some the heat and humidity.

August 4th at the Kankakee River State Park was a particularly memorable Sunday morning run. I was just finishing

when I noticed a brilliant flash of light coming from the parking lot where a number of runners had gathered. Closer inspection revealed that it was the sunlight reflecting off the diamond on Donna Hurst's hand. Yes, Pat Koerner and Donna are officially engaged. Much to Jo Boudreau's dismay, it came too late to make the wedding a feature of the Governor's 10,000 which would undoubtedly increase attendance (especially if invitees were required to RSVP on a registration form!). Actually, Pat has limited the number of available dates for the wedding by stipulating that it occur on a non-race weekend. There is always a race somewhere! Clever boy, that Pat!

By all appearances, this year's Momenca 5K/10K Run and Walk was very successful. Race Director Mike Hickey got Mother Nature to come up with one of her finest days and the new 10K course gave us more shade. Mike put it all together in spite of a bulging disk which caused him pain and has put his running on hold for the time being. Dave Bohlke's computerized finish got the awards ceremony going without undue delay. There was one brief moment of panic when Howard Strassenburg seized the microphone as he accepted his award, but Howard said only a few words and Mike was able to tape over the cut in the cord.

Over 150 participated in the events

Not nearly that many took advantage of Linda Krause's hospitality after the race, but, on behalf of those who did, I extend our thanks. Linda lives only 3 blocks from the high school and had arranged for a tent, tables, keg and ample food. You could cool off in her swimming pool if the mood moved you. What a great day! Thanks, Linda (and Bob)!

Three days later, August 13th, was the last of the Performance Sports 5K Series at Governor Smail Park. Race Director Nancy Ruda put together a dozen relay teams to complete the summer series. Joyce Grotevant was there again on behalf of the Dairy Association with the ice cream bars and other assorted refreshments. To both of them - thanks! Do you have any ideas for next year's summer series? Would you like to direct? These things don't just happen. We need everyone's help. Share the work, not just the fun! Continuing our fun, about 25 of us retired to Chicago Dough where we celebrated Donna Hurst's birthday.

Three days later, over 50 members enjoyed the pool party at the Bradley H.S. and then went to Chicago Dough for more of the best pizza around. Are we a fun group or what? It's just the bees' knees! Actually, I

think the bees were found at the Illinois Open Cross Country two days later, but reports are sketchy. Also sketchy (means I wasn't there and nobody took notes) is Odell, but I guess the farmer is still there. I was hill training in West Virginia.

The Shelly's "Red Rover" headed for Flint, MI, on August 23rd with six SOB (Souls On Board): Henry and Janet Shelly, Bill Linn, Graig and Georganne Hickey, and myself. I had invited my wife, but she had a dentist appointment. Given the choice of going to Flint with a bunch of runners or keeping an appointment, she chose the dentist. Linda Linn stayed home with the obligations of a soccer coach. Mike Hickey stayed home with his bulging disk. **THEY MISSED A GREAT TIME:** "The Crim" Festival of Races. There were 11,638 participants in this 15th annual event which benefits the Michigan Special Olympics. 5K, 8K and 10 mile runs and walks (6 separate starting times) begin between 7:45 A.M. and 10:45 A.M. At 1 P.M. there was the Teddy Bear Trot quarter mile for the small fry. For those who like to exercise sitting down, the Flint leg of the Tour de Michigan brought over 400 cyclists to the brick streets between 3 P.M. and 8 P.M.

But we aren't to race day yet! Pat and Donna met us at the motel and we drove downtown for the Expo and to pick up race packets. Nice Expo! Lots of vendors. Bill buys "Alena," and energy drink. We caution him about experimenting the day before a race. "Alena" comes to be known as the "Alien." Bill is voted most likely to become a restroom inspector when he

grows up. (Bill will probably want to tell you the funny story about the BIG truck driver that I met in a restroom).

Race dawns overcast and 60 degrees. Bill, Henry and I have an 8 A.M. start for the 10 mile and the best of conditions. We survived the "Bradley hills" and all the other hills, but have nothing to brag about. Pat, Graig and Georganne run the 8K at 9:30 A.M. and we have the thrill of watching Pat stride across the finish line 27:28 minutes later in seventh place out of a field of 1,344. It won him a first in age group. Graig placed a not too shabby fifth in age group.

Party time! Next to the finish line, a parking lot has been partially covered with tents to cover the 15-20 vendors for "Taste of Flint." Carnival rides for the kids and live entertainment on stage for us bigger kids are also there. The entry fee covered the first two beers and \$1 in food. We enjoyed the food, drink, fellowship, and entertainment until early afternoon. Had we been staying at the host hotel a block away, we might have been there all day, but the girls wanted to do a little marathon shopping at an outlet mall on the way to Frankenmuth. We did return for the 6:30 P.M. awards ceremony, but didn't stay for the post race dancing and entertainment later that evening.

It is difficult to convey the sheer fun of having done this as a group and all the things that made it such a great weekend. Plan now for the 16th Crim Festival of Races!

The foregoing only begins to tell the tale of running and

racing by and for our club members. If we missed a highlight in your running world that you would like to share, drop us a line. Bill and I conceived this newsletter to be a sharing of running experiences of our members. Write us!

Dan Gould Bill Linn
212 Julie Drive 465 Kristina
Kankakee 60901 Bourbonnais 60914

If you are looking for a fall marathon and someone to share it with, Charlie Grotevant is planning to run the Marine Corps Marathon on November 4th and Bill Linn, Jim Grace and I will run the Fox Cities Marathon in Appleton, WI on October 13th. If you are heading to Florida or the southeast, I receive a couple publications with extensive race calendars for those areas.

The first order of club Ts has been distributed and only a couple people have expressed interest in a second order. Please send me your name and shirt size (\$10 per shirt on delivery) so we can get another order together.

Heard on the street: Kathy Steffen celebrated being 40 years young by bringing home some age group gold at a triathlon in Milwaukee. Julie Anderson celebrated being lucky by winning a motor scooter in a drawing at the same event.

Get your entry in for the Governor's!

GOVERNOR'S 10,000 UPDATE

**By Jo Boudreau, Race
Director**

It's almost here!
Accomplishments during August include distribution and mailing

of race forms to Chicago & Joliet Health Clubs, 60-70 Illinois YMCA's, Sporting Goods stores in Kankakee, Bradley, Joliet, Matteson and Flossmoor, Special Olympics Agencies in 4 counties and numerous other places. The Athletic Congress provided us with names and addresses of Central Illinois running clubs, race forms have been sent to them. Radio "spots", traveling signs, newspaper photo releases, store bulletin boards, window will be displaying our race announcement.

I'd like to point out how important it is for all club members to be present at the Governor's, whether you work, run or just watch it. This is our one and only major club race of the year. Our present and potential "major" sponsors for next year will be looking at how much exposure is possible from this race. Big numbers are the "key" reason they donate and we need their support to continue this race. WE NEED EVERYONE!!!

A call from the Governor's office on August 13 (which initially made my day) seemed a positive for Mr. Edgar's attendance, but the eventual reply "It's still too soon" settled me down to thinking whenever they decide, we'll just have to adjust our plans to include the entourage.

Sweatshirts and hats will be ready to go in a week (bright colors and great design) and plaques (real class) will be our awards. Race packets will be stuffed with local merchant advertising and coupons, and we are still collecting financial sponsors. Yes - we have entries in already! The overall picture

looks terrific about NOW would be a good time for prayer for a perfect weather day to ensure an overwhelming turnout.

I will be talking to individual committees during September to co-ordinate responsibilities (no mass meeting). By the way - if anyone is musically talented - we're looking for musicians and any artists who would like to put their paintings and/or drawing on display at the park, call me at 936-7800 or Jeff Lonergan at 933-1695.

Thanks for your co-operation.

THE STARTING LINE

SAT, AUG 31, 7:30AM - FRANKFORT 5 MILE, Fall Festival Tent, \$10/12 after 8/15, Ts, 5yr AG 2 deep, 815-469-9435.

SUN, SEP 1, 5PM - HARE & TORTOISE 5K & 2 Mile Fun Walk, Herscher, \$8/10, Ts to 1st 100, odd age divisions, awards OA & 3 deep, 815-426-2211.

MON, SEP 2, 8AM - PARK FOREST SCENIC 10 MILE RUN, \$10/15 Aug. 11-24, NO RACE DAY REG., 5yr AG, cash prizes, Ts, beer, soft drinks, refreshments, 708-748-2005.

SAT, SEP 7, 9AM - STATEVILLE CHALLENGE 10K/5K RUNS /5K WALK, Stateville Correctional Center, 1 mi. N. of Joliet on Rt. 53, \$10/12 after 8/26, Ts, 5yr AG in 10K & 10yr AG in 5K, Overall & 2 deep in AG (10K is part of Prairie State Circuit).

SAT, SEP 14, 8:30AM - DWIGHT HARVEST DAYS 5K RUN, Renfrew Park, \$8/10, Ts, overall & top 3 in 10yr AG, refreshments, flat & fast, 815-584-3077.

SUN, SEP 22, 11:00AM - PANNO MEMORIAL 3K RUN, Pontiac H.S. \$9/11 after 9/15, sport bag, overall & 3 deep in 10yr AG, post race party, door prizes, 815-844-6771.

SUN, SEP 22, NATIONAL HERITAGE CORRIDOR CLASSIC 25K, Channahon, an out and back course this year. Details not available at press time.

SAT, SEP 28, 9AM - MIDWEST 4 MILE CLASSIC 2 MILE WALK, Watseka H.S. \$10/12, Ts 5yr AG to age 50, top 3 overall, 3-4 deep in AG, masters divisions, door prizes, food buffet -DON'T MISS IT!

SUN, SEP 29, 1:00PM, FIRE HOUSE HUSTLE 4 MILE RUN & 1.5 MILE FUN WALK, Grand Ridge (Rt. 23 between Streator & Ottawa), \$10/12 after 9/21, Long Ts & knit gloves, 5yr AG, top 3 overall, master, and 3-5 deep in AG, door prizes, 815-249-5284.

SUN, OCT 6, 9AM, GOVERNOR'S 10,000 & 5K, Kankakee River State Park, JUST BE THERE TO RUN, WORK, AND PARTICIPATE!!!

THE FINISH LINE

AUG 2 - SOMONAUK 2 MILE RUN

Pat Koerner	10:32	20A
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AUG 3 - LODA 10K - 103

finishers		
Pat Koerner	35:36	3AG
Larry Lane	39:46	3AG
Dan Gould	40:38	2AG
Dave Hinderliter	41:49	3AG
Charlie Grotevant	41:56	3AG
Dan Morse	45:36	
Dee Osenglewski	47:32	2AG/ PR
Mike Morel	48:52	
Lynn Troost	55:36	1AG
Leon Malone	55:37	1AG
Shirley Malone		2AG

**AUG 10 - MOMENCE GLAD
RUN 10K**

2	Patrick D Koerner	34:38	2OA
3	Rich W Olmstead	37:13	3OA
5	John E Brinkman	37:33	2AG
7	James P Grace	38:51	3AG
9	Tim Benoit	39:50	
10	Daniel W Gould	39:52	1AG
11	Charlie Grotevant	41:06	2AG
14	Dan Morse	43:33	
17	Graig Hickey	44:36	1AG
19	Henry J Shelly	45:23	2AG
20	Ron E Piwowar	45:28	3AG
22	Nancy J Ruda	45:39	3OA
30	Dee M Osenglewski	47:52	1AG
32	Michael Morei	48:09	
36	Gale F Lehnus	50:05	1AG
44	Leon J Malone	53:18	3AG
47	Georganne L Hickey	53:40	2AG
52	Shirley A Malone	59:36	1AG
57	Linda M Krause	05:02	1AG
60	Dianne K Strufe	12:23	2AG

**AUG 10 - MOMENCE GLAD
RUN 5K**

5	John L Shoup	18:55	1AG
7	David Hinderliter	19:37	1AG

15	Jeff Hoberg	20:22	2AG
16	Mike G Wolfe	20:31	
18	Scott R Kelson	20:44	3AG
25	Jack A Dorn	21:42	1AG
36	Donald E Combs	23:14	
37	Butch H Coy	23:20	
41	Howard Strassenburg	23:44	1AG
46	Monica M Uribe	24:49	1AG
52	Patrick J Baldwin	25:28	
54	Michael McGuckin	25:35	
59	Dale King	26:15	
65	Dr. J.T. Baldwin	28:30	2AG

AUG 11 - CREST HILL 4

MILE

Pat Koerner	21:58	1AG
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AUG 18 - ODELL 5K

Bill Linn	17:39	
Charlie Grotevant		2AG
Georganne Hickey		
Graig Hickey	20:36	3AG
Larry Lane		1AG

**AUG 24 - CRIM FESTIVAL
OF RACES - Flint, MI (11,368
participants)**

10 MILE

Bill Linn	64:04
Dan Gould	67:17
Henry Shelly	80:20

8K

Pat Koerner	27:21	1AG
Graig Hickey	34:30	3AG
Georganne Hickey	45:24	

BIRTHDAYS

Leah Huizenga	9/27/77	14
Dan Klipp	9/17/80	11
Allan Kuester	9/16/46	45
Michael McGuckin	9/7/52	39
Dan Meyer	9/16/61	30
Kathryn Penn	9/3/50	41

KRRC OFFICERS

President: Nancy Ruda 939-1749

Vice-President: Dave Hinderliter 432-3008

Secretary Treasurer: Jo Boudreau

Social Director: Pat Koerner

Newsletter Editors: Dan Gould/Bill Linn

SEE YOU NEXT MONTH