

# THE PAPER RACE

## KRRC NEWSLETTER

P.O. BOX 339

BOURBONNAIS, IL 60914

JUNE 1991

ISSUE 40

### ON THE RUN

By Dan Gould

The sky was gray and the Kankakee Federal sign flashed 57 degrees as I took a short warm-up for the Run for the Law. Last year was strictly spectator's weather - bright sun and a warm day by ten A.M. The turnout was very respectable this year - one hundred thirty-seven runners and five walkers would cross the finish line before the day was done.

Race Director Mark Steffen assembled the competitors at the starting line and, attempting to insure no one got lost on the 10K course, began a turn by turn and bridge by bridge description of the course. I fear only a few stayed tuned for the complete description. John Shoup was heard to yell, "Follow Pat!" A fellow next to me said, "I think I'll wait for this to come out in video." A number of others simply said, "Start the race!" With the adrenaline flowing, the starting line is no place for an extended briefing.

The race started - and so did the rain! The 10K course is a bit challenging as you leave the Shapiro grounds and hard pavement for cinders, dirt, grass and gravel. The continuing rain added to the challenge. Since I had tuned out about two bridges into Mark's description, I had to

keep somebody in sight. This day it was Julie Anderson, Matt Gubbins and Phil Newberry. The finish line was a welcome sight; I only wish I had gotten there sooner. This was my fourth and slowest 10K of the year. The weather had reduced the crowd at the finish line to only the essential personnel. Jo Boudreau was there to tear tags and Nikki McConnell to run them up to the old CYO for posting after Dave Bohlke punched the number into his computer. Computer Dave and his computer were shrouded in clear plastic giving him the appearance of a new victim for Twin Peaks.

As all runners know, the real fun is the post-race party. This was no exception. Refreshments! Whoa! Who stole the frosting off the donuts? Well, what can you expect from a race sponsored by a bunch of lawyers? They took their one-third and in this case it was the frosting off the donuts. Somebody call a cop! Actually, we had two of Kankakee City's finest, Ron Rimi and Lonnie Netzel, in attendance, but they don't want to argue with the lawyers. Maybe we should have sicked them on the bag ladies in the corner hawking jackets. Whoops! Those weren't bag ladies! That was Joyce Grotevant and Linda Linn handing out club jackets and

taking orders for more.

We had plenty of time to socialize as the computer got indigestion trying to sort through the two races, walkers, masters and attorneys divisions. Doc Baldwin had time to give me a bad time about going to those "highbinders" (Dr. Durkin) for my orthotics. "I told you two years ago that tendinitis in your knees might be cured by orthotics," he said. Yes, Doc, but two years ago I thought a podiatrist was a glorified shoe salesman. Henry Shelly was basking in the glow of a personal record on a slow day and slow course. He faithfully attended the Sunday morning runs over the winter and kept some rather fast company. Henry was just days short of joining the ranks of MASTER RUNNER - 40 years young and getting better. Bill Johnson, whose times have steadily improved over the past few months, was rewarded for his efforts with a 2nd in age group and his first gold. Wife Kim was second overall in the walkers division. Zach Leshen, running his first road race, brought home third place gold (14 and under) while Graig Hickey took first in the same division to add to his collection.

When the computer did digest everything it was fed, Ken Klipp was Master of Ceremonies for what he

dubbed the "Mother of all awards ceremonies." Just about everybody got one and they were (are) nice.

Matt Gubbins, who is trying to teach me how to run, dusted me off in the attorney's 10K division for the overall award (of course, I'm old enough to be his father and should get more respect). His law partner, Ed Glazar, who spends most Sunday afternoons trying to teach me to play golf, picked up first in his age group for the 5K. Ed's real trophy slept in his arms during the post-race festivities (Ann Marie, age 2 months).

Ken Stark was there, but Ken was only cheering and taking pictures (thanks, Ken). He is suffering from a herniated disc and his doctor and therapist have indicated they don't think he will return to running. If any of you have returned to running after experiencing this condition or you know medical professionals with a "can do" attitude, Ken would like to hear from you.

The Plainfield Wildcat 5 Miler which in previous years was run from the high school on the second Sunday in April, was reincarnated on May 11th at the Indian Trail School. As you will recall, a tornado destroyed the high school last year. We received only the shortest of notice that the race would be run this year and Pat Koerner is the only club member I know who was among the 35 who ran the race. Pat did turn a pretty good time and inquired as to the accuracy of the course. He was assured that it was a very accurate 4.9 miles. 4.9?? Yes,

sir, was the response. It was measured twice; once by an ice cream truck and once by a bread truck. 4.9 both times. And I once contemplated paying Gary Moss to measure the Small Memorial Park course. Why, we could have Pat measure it with his pickup truck and then have Tom Goodberlet's Heating and Air Conditioning pickup verify it.

Speaking of the former El Presidente, rumor has it that he had moved into the country mansion. No, it does not have an indoor track. It has an indoor pool and will probably have an outdoor track. In any event, maybe now he will have time to fix the power vent in my attic.

May 19th found John Brinkman in Cleveland for the Revco-Cleveland Marathon. It was a beautiful day with temperatures in the 50s. John found company for the first 24 miles of the race with a female CPA. He must have liked her numbers because it just doesn't figure that a talented fellow like John would only run a 4:03. He had enough gas to kick in a couple 6:30 miles at the end. Now that he has the confidence that he can go the distance, I expect we will see some good numbers from his next marathon.

Several of us went to New Lenox on May 19th for the Armed Forces Classic 12K. This is a class race on a challenging course with ample refreshments and awards. Gubbins, Anderson and Shoup knew I was ready for them - they didn't show. Gubbins had some story about the wedding reception lasting late and some of his old

buddies being there (the kid isn't old enough to have OLD buddies). Shoup was riding his motorcycle until three A.M. and didn't want to show up with all those bugs on his teeth. Julie, well, you know. In any event, it was a beautiful day and 200 runners showed up (28 of those suckers in my age group!) Bill Linn (40 in his age group) and Larry Lane (32 in his) picked up 5th place gold while Pat Koerner finished 4th overall and first in his age group. Jessica Linn and I went outside for the awards ceremony to play tag and hide and seek. President Nancy Ruda picked up 3rd in her age group. Well, the hot dogs were good.

Mark Steffen may get "Race Director of the Month" as he successfully put together the St. Mary's Hospital Birdman Duathlon for Memorial Day on very short notice. One hundred six participants completed the 5K Run-30K Bike-5K Run. KRRC members Dan Meyer, Dan Castillo, Carol Pratt-Bauer, Kathy Steffen and Al Widhalm placed in their age groups while Julie Anderson claimed the women's overall title.

The month to come has much to offer - Performance Sports 5 Miler, Manteno 5K and YMCA 5K, Performance Sports 5K Predictor. Out of county, some of us will travel to Peoria for Steamboat and to Joliet for the Racing Hearts 10K. Hope to see you there.

In the odds and ends department, congratulations to John Shoup on earning his Master's Degree in English at Olivet. In the USA movie of the month department, "I Was a Teenage Sex Mutant" gets the

nod. A number of callers tell me this was originally titled: "John Shoup, The Early Years." In the shirt of the month department, we hope to have a T-shirt with the new club logo to show you soon (will probably sell for \$10 on an order only basis). In the where-are-we-going-to-marathon-this-fall department, there is some talk about Twin Cities, but that is the same day as the Governor's

Talk to us and share your adventures - and misadventures - in running!

## **PRE-"FIRECRACKER 4" FUN RUN AND PIZZA PARTY**

**By Nancy Ruda**

Get together with your favorite KRRC friends on Friday, June 7, to run or walk the 4-mile course of the "Firecracker 4." A great way to get set for this July 4 race! We'll all meet in front of the swimming pool in Legion Park in Watseka at 6:30 PM. (Go south on Fourth Street when you come into town on the main street.) Afterwards, we'll go to Pantera's Pizza. The club will pay for the pizza - you pay for the all-you-can-eat salad bar, if you want it (\$1.45 + tax per person), and your beverages. It'll be great fun... see you there. Please RSVP to Pat Koerner, our Social Director, by June 5 (932-1009).

## **CALLING ALL VOLUNTEERS! THE "FIRECRACKER 4" NEEDS YOU!!**

**By Nancy Ruda**

All right troops...we need your help on Thursday, July 4,

at the "Firecracker 4" in Watseka. If you or your spouse and children can help at registration, along the course, at the finish line...please call Nancy and Ron at 939-1749.

The race begins at 7:30 AM. The club will receive \$100 from the major race sponsor - Watseka 1st National Bank - for our efforts at this event. With your help, we can do it up right!!

And, there's lots going on in the park and in town for your whole family to enjoy after the race...a pancake breakfast; the swimming pool opens at 9:00 AM (regular admission prices in effect); parade at 11:00; a pet parade; mud drag; volleyball tournament; a car show; and food and beer vendors.

Celebrate a good ol'-fashioned Fourth of July with the KRRC in Watseka!!

## **GOVERNOR'S 10,000 UPDATE**

**By Jo Boudreau**

Only 4 months to go! Getting sponsors is still #1 priority. Pat Baldwin has volunteered to be chairman of the newly formed sponsorship committee with Dave Hinderliter, Nancy Ruda, Pat Guthrie and Linda Krause as volunteer workers. Five times as many contacts can be made to raise the money we need. Your help is really appreciated!

At this time, we have about 18% of our budget committed--a long way to go.

By the way, any club member who would like to be a sponsor for our race, please

let one of us know. We will accept any amount of money or prize give-aways and you certainly will be acknowledged for your contribution. So far, we have 3 club members who have contributed - Donna Berns, Linda Krause and Tom and Anna Goodberlet. THANK YOU SO MUCH! Please show your appreciation to these people with your personal "Thank you."

In the next month or so I will be appointing chair "people" who will choose workers for different committees. We'll need lots of volunteers with the addition of the 5K, so keep it in mind. If you are not asked to be on a committee, and want to be, let me, Jeff or a chair person know. A committee list with the name of the person in charge will be printed in the newsletter----listen up. We would like all volunteers to be on committees BEFORE race day. It's real difficult, with everything else going on that day, for anyone just to show up and work. We hope to have hats for the workers this year, to be worn during the race, so we need to know how many to buy. We want your help, and planning ahead is important.

## **TREASURER'S REPORT**

**By Jo Boudreau**

A budget committee was formed and met on April 11 to review the financial situation of our club. As a result of that meeting, we now have a budget and those attending are requesting the following:

1. All services rendered/materials purchased should be approved by the officers of the club, namely, Nancy Ruda, Dave Hinderliter, Jo Boudreau.

2. After approval, paid receipts or a bill covering purchases, etc., should be submitted for payment right away. These can be mailed to our club mailbox, P.O. Box 339, Bourbonnais, IL 60914. (Because I may have something "special" going on and may not attend a club function, don't wait to see me to get paid.)

3. If you feel very generous and want to donate your services, or whatever, send us a bill anyway, mark it paid, so we have a record for future reference. And you deserve a THANK YOU from the club too! (We like those kind of bills.)

Membership dues have stopped coming in bunches so I think annual renewals are about complete. The only income we can expect over the next several months is from the summer 5K series. Looking at last year's record, our net income from the series was only \$25.37.

Bottom Line: Eventually, we're going to have to charge a minimal fee for our pool/pizza party, chili cookoff, membership social, to offset the costs of building rental, etc. We'll let you know how much before each event.

For those interested, our net income from the Winterfest Wellness Race was \$101. Presently, our working balance is \$1,536.98.

## NEW MEMBER

Michael McGuckin of Kankakee

Welcome to the club!

## THE STARTING LINE

SUN, JUN 2, 9AM - PERFORMANCE SPORTS 5 MILER, Kankakee Community College, \$9/10 Ts, 5yr AG, refreshments, merchandise drawing, 935-0710.

SUN, JUN 9, 8AM - RACING HEARTS 10K RUN & WALK, 290 N. Springfield, St. Joseph Med Center, Joliet, \$9/12 after 6/6, 5yr AG up to 4 deep, Ts, door prizes, Prairie State Circuit Race, 815-725-7133 ext. 3147.

TUE, JUN 11, 6:45PM - PERFORMANCE SPORTS 5K SERIES #1, Governor Small Park, Kankakee. 5K run & 1.5 mile walk. A prediction race with trophies to top 5 male and female plus master's.

SAT, JUN 15, 7AM - STEAMBOAT CLASSIC 4M & 15K, Peoria, \$10/15 after 6/7, Ts, 5yr AG, prize money, 309-676-RUNN. No registration after June 12th!

SUN, JUN 16, 8AM - MANTENO 5K, Manteno H.S., \$8/10, 5yr AG, 3 deep plus top 5 OA, trophies to top 10 walkers, 815-468-3183, Kankakee Circuit Race.

WED, JUN 19, 6:30PM - PRAIRIE STATE 5K ON THE TRACK, New Lenox, Lincoln-Way H.S., \$3, 815-723-9529.

THU, JUN 20, 7PM - PARK FOREST MILE, Rich East H.S. track, \$5, 10yr AG 3 deep, 708-748-6861.

SAT, JUN 22, 7:30AM - ST. MARY'S 5M RUN & 2M FUN RUN, Buffalo Grove, \$11/15 after 6/20, 10yr AG 3 deep, TAC cert., 708-438-7706.

SAT, JUN 22, 8AM - OGLESBY MILLER LITE 10K RUN, Oglesby Pool, \$10/13 after 6/2, \$15 after 6/28, Ts,

815-883-9106.

SUN, JUN 23, 8AM - OLIVER STRUCTURES SLICE OF AURORA 5K & 7M, Phillips Park, \$9/10, Ts, TAC cert., 5yr AG 3 deep, 708-896-8293.

SAT, JUN 29, 8AM - KANKAKEE YMCA 5K RUN & FUN WALK, \$8/10, 5yr AG, top 3 OA and 2-4 deep in AG, Ts, refreshments, 815-933-1741.

WED, JUL 3, 7PM - WENONA 5K EVENING RUN/WALK, City Park, \$10/12, Ts, male, female, and master divisions, 5yr AG, 3 deep, 815-853-4547.

THU, JUL 4, 7:30AM - FIRECRACKER 4 FUN RUN & WALK, Legion Park, Watseka, \$10/12 after 6/30, Ts, 5yr AG to age 40, then 40-49 and 50+, 2 deep (you can bet Doc Baldwin will play tennis instead), refreshments, prize drawing, 815-939-1749.

THU, JUL 4, 8AM - RUN FOR FREEDOM 10K & 2M, Lions Club Pool, \$8/10, Ts, 5yr AG 3 deep, 708-957-0300.

SAT, JUL 6, 7:30PM - ST. JUDE MIDWEST MILE, Pontiac, \$7 w/shirt, male, female, open & master's divisions, city streets, not TAC cert., Gary House 815-842-2790.

SUN, JUL 7, 8AM - BOURBONNAIS TOWNSHIP PARK DISTRICT SPRINT BIATHLON, Lil's Park, Bradley, \$15/20 after 6/14 (\$20 to run a 5K!!), NO RACE DAY REGISTRATION, Ts, 5yr AG 3 deep, 815-933-9905.

TUE, JUL 9, 6:45PM - PERFORMANCE SPORTS SERIES #2, Team 5K Run/1.5 Mile Walk. Random assignment of 3 to a team with trophies to top 5 runner and

walker teams. No charge for club members, \$1 to others.

## THE FINISH LINE

MAY 5 - RUN FOR THE LAW  
10K/5K, 137 finishers, 57 degrees, rain

### 10K Results - 62 finishers

Pat Koerner	34:49	2 OA
Mike Hickey	36:53	1 AG
Bill Linn	37:13	1 AG
Ken Klipp	37:24	2 AG
John Brinkman	38:24	1 AG
Bill Johnson	39:22	2 AG
Julie Anderson	39:38	1 OA
Phil Newberry	40:06	1 AG
Charlie Grotevant	41:12	1 AG
Scott Kelson	44:09	4 AG
Theresa Burgard	44:57	2 OA
Henry Shelly	45:02	PR!
Jack Littrell Jr	45:28	1 AG
David Lamontague	45:33	2 AG
Ron Piwowar	45:47	
Nancy Ruda	45:54	3 OA
Tim Benoit	47:11	
Kathy Steffen	48:28	1 AG
Dee Osenglewski	50:22	1 AG
Leon Malone	54:27	1 AG
Monica Uribe	54:34	1 AG
Tom Uribe	54:38	
Don Rimi	55:51	
Linda Krause	1:10:45	1 AG
Dianne Strufe	1:11:02	1 AG

### 10K Attorney's Division

Matt Gubbins	39:39	1 OA
Dan Gould	40:35	2 OA

### 5K Results - 75 finishers

Marlon Heuer	17:38	1 AG
Larry Lane	18:27	1 AG
Jeff Lonergan	18:57	2 AG
John Shoup	19:12	2 AG (How embarrassing!)
Graig Hickey	20:32	1 AG
Monte Crowl	21:12	2 AG
Randy Devore	21:55	4 AG
Tracy Curtis	22:29	
Butch Coy	22:35	
Don Combs	22:38	3 AG
Pat Baldwin	24:56	
Lynn Troost	25:38	3 OA
Zach Leshen	25:33	3 AG
Linda Linn	26:19	1 AG (Bill, get this woman a babysitter so she can develop her talent!)
Dale King	28:20	
Tom Baldwin	28:10	1 AG
Shirley Malone	28:32	1 AG
Dee Hillebrand	33:24	2 AG
Crystal Leveque	39:12	1 AG

Donna Berns 40:37 1 AG

### 5K Attorney's Division

Ed Glazar	23:46	1 AG
Ken Leshen	25:48	2 AG
Bill Herzog	26:18	3 AG

### 5K Walk

Kim Johnson 40:50 2 OA!

### MAY 11 - PLAINFIELD WILDCAT 5 MILER, 35 finishers

Pat Koerner

### MAY 11 - 5K RUN FOR THE CURE, Peoria

Shirley Malone 29:50

### MAY 18 - CRYSTAL LAKE PARK 5 MILER, Urbana

Leon Malone	43:14	2 AG
Shirley Malone	48:10	1 AG

### MAY 19 - ARMED FORCES 12K CLASSIC, New Lenox, 200 finishers, sunny, temperature in the 50s - beautiful!

Pat Koerner	41:17	1 AG
Bill Linn	44:28	5 AG
Larry Lane	46:51	5 AG
Dan Gould	47:41	
Phil Newberry	48:12	
Charlie Grotevant	49:08	
Scott Kelson	52:39	
Ron Piwowar	55:39	
Nancy Ruda	56:20	3 AG
Leon Malone	1:10:41	
Shirley Malone	1:14:52	3 AG

### MAY 19 - REVCO CLEVELAND MARATHON, temp in the 50s

John Brinkman 4:03:00

## JUNE BIRTHDAYS

Amy Baldwin	6/14/86	5
Tim Benoit	6/12/57	34
Tracy Curtis	6/15/59	32
Katie Dorn	6/01/85	6
Bill Johnson	6/01/60	31
Marty Klipp	6/23/76	15
Larry Lane	6/27/48	43
Linda Linn	6/09/54	37
Fred Mathis	6/16/49	42
Dan Morse	6/25/59	32
Heather Steffen	6/12/80	11

Albert Widhalm 6/11/47 44

## JULY BIRTHDAYS

Dan Castillo	7/08/56	35
Tyler Dorn	7/29/81	10
Robbie Foreman	7/04/77	14
Tom Goodberlet	7/12/57	34
William Herzog	7/06/44	47
Anna Herzog	7/06/79	12
Krista Hickey	7/12/81	10
Elizabeth Huizenga	7/15/79	12
Kim Johnson	7/30/60	31
Ken Leshen	7/08/50	41
Leon Malone	7/07/30	61
Lisa Shelly	7/24/79	12
Mark Steffen	7/12/53	38
Monica Uribe	7/03/81	10
Janet Velemir	7/11/54	37
Larry Wasser	7/27/43	48

## KRRC OFFICERS

President: Nancy Ruda 939-1749

Vice-President: Dave Hinderliter 432-3008

Secretary-Treasurer: Jo Boudreau

Social Director: Pat Koerner

Newsletter Editors: Dan Gould/Bill Linn

SEE YOU NEXT MONTH