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THE PAPER RACE



KRRC NEWSLETTER

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BOURBONNAIS, IL 60914

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ON THE RUN

What's it all about? What do all these miles mean? Is it a "spiritual experience?" Perhaps you have to put it in context. It was the morning of New Year's Eve and Bill Linn, Pat "Cornstalk" Koerner and I had just completed a long run at the Kankakee State Park. "Let me see," said Cornstalk, "that's an hour and twenty-three minutes. That's a good eleven miles!" Running with these guys I could little more than grunt in acknowledgement. "What that means," continued Cornstalk, "is I can drink eleven light beers tonight." If not a spiritual experience, it was at least oriented toward "spirits."

Cornstalk may not pass up a cool one, but there were few who passed up the Cornstalk in 1989. For his efforts, he was voted 1989 Runner of the Year by the Prairie State Road Runners. He began the 1990 racing season by running away from the field of 350 at the Park Forest 10K on January 21st. It looks like a banner year for the Cornstalk!

John Shoup is running into the forties as he hit the big 40 on January 23rd. John will certainly be a MASTER RUN-

NER, but he has to stop running into every McDonald's, Dunkin Donuts, and Donutland along the way. He would have been under three hours at Memphis if there hadn't been that McDonald's at 22 miles. On a serious note, it is rumored John lost the co-presidency of KRRC when it was learned that he had spent the last couple of days before the meeting practicing to be king by sitting on the throne. Our membership doesn't want somebody with an emperor complex.

Jo Boudreau found herself on the run, but not to the throne. Only an hour before the KRRC meeting at her house, she was running to the emergency room with son Nathan who had broken his wrist. Both survived and returned before all the food was eaten. We wish to express our appreciation to Jo for opening her home to her fellow runners. A good time was had by all! Jo, if you'll get an estimate for the damages, we will take up a collection.

Kelly Proctor was the object of special recognition at the party as he celebrated his 29th birthday. Kelly, like Cornstalk, seems to be getting better with age. He

ran an impressive time at the Columbus Marathon and is looking forward to Boston.

Dave Bohlke and Kelly were so inspired by the meeting that they went out after the meeting seeking to recruit some fast women from T.J.'s, Leo's and Checkers. What team spirit!

Ken Stark, on the other hand, has been caught by a fast woman - and it couldn't happen to a nicer couple! Ken and former Journal staffer Chris Sprague have taken out a license to commit marriage. He ran for five years, but I could have told him that a woman on a bicycle was faster. Our best wishes to two very nice people!

Charlie Grotevant will be on the run in Fort Worth on February 24th in the Cowtown Marathon with hopes of running a Boston qualifying time. Good luck Charlie!

Bill Linn will be running the races in more ways than one. He is now race director for Winterfest (that is a lifetime assignment unless you move to Ohio) and for the Governor's 10K. OK, membership, let's make sure he gets the necessary support.

Members displaying sanity in January went south. Among them were Doc and

Dorothy Baldwin who are reported to be in Palm Beach, but no race results have been received. I suppose Doc has let the heart of the Florida racing season slip by. Jack Dorn and family had to give up their racing plans when one of the kids became ill on the way to a race in Tampa. That was almost as exciting as having the 20 month old fall in the aisle of the plane on the way down, split his head, and have the paramedics waiting to greet them at the airport. President Tom and First Lady Anna found exploring Epcot in an unseasonably warm Florida sufficient exercise. So, you ask, did someone race in the Florida sun? YES!

Let the record show that Mike Hickey did, on December 30th at Clearwater, race 5 kilometers in a time of 17:54 which placed him.....4th in age group. Close, but no cigar. Can you solve a mystery? Who was the runner who called out Mike's name as he walked back up the course? Mike found himself looking into the sun as he tried to identify the person and didn't recognize anyone after the race. Mike also tried the Burbank (Illinois) 5K on January 27th which he finished 7th overall and 2nd in age group. That was after they announced he was 1st in age group, but that was before they announced he was 3rd in age group. Confused? They certainly were. When the wheel stopped spinning he was2nd. If you are impressed, Mike also reports they had no

split callers, no miles marked, and screwy age groups. They also started on a corner....which they had to turn. Make your reservation now for next year's Burbank Frosty 5K.

The warmth of a female companion would appear to be the only reason to travel to Portland, Oregon, to bring in the New Year and that is what Jeff Lonergan did. He joined about 1,000 others for the New Year's Resolution 8K Run on the morning of New Year's Day. Jeff said he was amazed to find that many people in shape and sober that day. Jeff also directed the first Pre-Winterfest Run on the Winterfest course for those not going to the Park Forest 10K. He reports that he won, but gave the first place quart of ice cream to Ken Stark in hopes the extra weight will slow him down (Jeff hears footsteps behind him!) Pat Baldwin picked up the last place bunch of carrots. Also participating were Henry Shelly and Rich Muniz.

Mark Steffen is busy preparing for the first annual Run for the Law 5K and 10K on May 6, 1990. The course has not been finalized, but the races will start at the Kankakee County Courthouse. It is sponsored by the Kankakee County Bar Association and Salkeld and Sons. Be sure to let Mark know if you can lend a hand or know someone who will.

Matt Gubbins (lawyer) was heard telling John Brinkman (Juror) about the injury that may keep him from beat-

ing Dan Gould (Judge) at the Winterfest 5K. Matt claims he took an elbow in the ribs playing basketball. He says it is on the wrong side for Lori to have done it. Matt, you will remember from last year, suffered a knee injury when he was attacked by a desk drawer. When the jury laughs, you know the verdict is in!

Linda Linn and Diane Smith are still on the run to graduate school. I hope they do their running homework and participate in some of the great races we will have on the schedule.

Jack and Elly Dalton have gotten into the swing of things in the Middletown, Ohio area. They have joined a running club, entered a number of local races, and checked out some of the fine restaurants around Cincinnati and Dayton. Jack says he is feeling and running better than he has since his back injury in 1985 (a 5K in 19:04 and 8K in 32:00!).

Lynn Troost continues her active participation in club activities and area races even though living in Champaign. She attended the meeting and social at Jo's on January 13th and ran Park Forest on January 21st. Lynn reports that former KRRC member and newsletter editor Dan Slack has moved back to Champaign from Rock Island and recently married.

Donna Hurst is now a member of the Runner's Council of the Prairie State Road Runners. Donna attends numerous road races to

work, cheer and take pictures. I wouldn't be surprised if she started running some, but it is great to have her along whether she runs or not. Donna remarked at Jo's that she had lost her mind. I explained to her the story of the guy that went into this bar and.... Ah! She didn't believe me. So, if you have any idea where Donna's mind is, please get in touch.

No, I don't know where Harry and Jamie are. It would be nice to have them back even if they are a couple hundred pounds overweight and slightly out of shape. I'll donate what's left of the can of Slimfast when my wife gets done with her latest diet. Most of them over by five in the afternoon. Maybe they are with Jim and Nancy Smith - haven't seen them in a month of race days either.

If you haven't paid your dues, please do so now! We can't keep you on the mailing list if you don't. Run into the '90s with us! We'll load up Bill's bus or Dan's van - or both - and be off to the races!

DAN GOULD

HASTE MAKES WASTE DEPARTMENT

In our haste to get you all the news while it's news, the December edition contained a number of omissions (although handsomely printed by Acme Printing a.k.a. John Shoup). We believe in giving credit where credit is due!

-Memphis Odyssey was

written by John Shoup

-Ottawa 10-miler, Pat Koerner 56:34 (yes John, it was a PRI); Jo Boudreau 81:09, also a PRI

-From the President - These words to live by and run by were written by President Tom Goodberlet. Had we not had "Co-Presidents", it would be obvious.

-Female and Male Runners of the Year - These were the John Shoup awards (highly prized!) as our club does not vote thereon.

-There was no "Starting Line" due to space considerations and to the fact that at press time we had not received notice of any area races for January.

-The amount of dues did not appear on the new membership form because I didn't proofread it - Sorry! \$10 for singles and \$15 for family.

ANNUAL ORGANIZATIONAL MEETING

The annual organizational meeting was held at Jo Boudreau's on January 13th, 1990. In the absence of both co-presidents, Bill Linn conducted the meeting with some assistance from the 29 members present. Since all officers had volunteered to serve another term and no one strenuously objected, the only change was to eliminate the co-presidents. Pursuant to KRRC parliamentary procedure, the flip of a coin made Tom Goodberlet President and John Shoup Vice-President. Pat Baldwin was

re-elected Secretary-Treasurer. Jeff Lonergan was appointed Publicity Chairman, Pat Koerner continues as Social Chairman, and Bill Linn and Dan Gould continue as Newsletter Editors.

THE STARTING LINE

FEB 4, 1PM - WINTERFEST WELLNESS 5K RUN, Small Memorial Park, Kankakee. \$10/12, long Ts, awards to top 3 and 2-4 in 5yr AG. Prairie State and Kankakee County Circuit Race #1.

FEB 11, 1PM - FROSTY FIVE MILER, Middle School, Channahon. \$8/10, knit hat, awards to top 5 and 2-5 in 5yr AG. Prairie State Circuit Race #2.

FEB 17, 10AM - PARK FOREST FIVE MILER, Keeling Center, Park Forest. \$6/9, knit hat, awards to overall, team, and 3 deep in 10yr AG.

THRU THE CHUTE

JAN 21 - PARK FOREST 10K
(350 runners)

Pat Koerner	35:11	1st OAI
Mike Hickey	38:30	14th
Dan Gould	39:46	26th
John Brinkman	42:00	
Lynn Troost	Time withheld by request	
Randy Riegel		
Leon Malone		

DEC 30th - CLEARWATER, FL
- 5K

Mike Hickey	17:54	4th AG
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JAN 27 - BURBANK, IL - 5K

Mike Hickey	18:24	2nd AG
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PORTLAND, OR - 8K

Jeff Lonergan	36:20	
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SEE YOU NEXT MONTH