

## Free No Frills 5K Run

10/20/2024

## Race Results BY AGE GROUP/FINISH

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AgeGroup	GrpPlace	Ovrall	Time	Bib#	Name	City/ST	Pace/Ml
F 30 - 34	1	7	0:34:28.8	13	Jessica Wright		11:07.4
F 40 - 44	1	11	0:47:42.7	24	Tiffany Thompson		15:23.5
F 50 - 54	1	12	0:47:43.0	25	Valery Denby		15:23.5
F 65 - 69	1	14	0:53:47.1	27	Diane DesMarteau		17:21.0
F 70 - 74	1	10	0:39:54.9	21	Kathleen Jensen		12:52.5
M 1 - 14	1	3	0:27:50.9	3	Lucas Skrobot		8:59.0
M 30 - 34	1	4	0:31:47.6	10	Keith Wright Jr		10:15.4
M 35 - 39	1	15	0:53:47.8	28	Kyle Dockemeyer		17:21.2
M 50 - 54	1	2	0:27:30.9	2	Keith Gercius		8:52.5
M 50 - 54	2	6	0:32:25.1	12	Griffin Kisner		10:27.5
M 60 - 64	1	5	0:32:07.1	11	Daniel Hall		10:21.6
M 65 - 69	1	8	0:34:36.0	14	Craig Alberts		11:09.7
M 65 - 69	2	9	0:37:56.2	15	Daniel Gerber		12:14.3
M 70 - 74	1	13	0:53:47.0	26	Rich Olmstead		17:21.0
M 75 - 99	1	1	0:26:21.7	1	Gerald Kruse		8:30.2