

Empowerment 5K Run
Race Results BY AGE GROUP/FINISH

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Empowerment 5K Run
Race Results BY OVERALL FINISH

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AgeGroup	GrpPlace	Ovrall	Time	Bib#	Name	City/ST	Pace/Ml	AgeGroup	Ovrall	GrpPlace	Time	Bib#	Name	City/ST	Pace/Ml
F 1 - 19	1 AG	12	0:39:49.0	179	Mandy White	Onarga IL	12:50.6	M 30 - 39	1	1 AG	0:17:13.6	178	Patrick D Koerner	Bourbonnais IL	5:33.4
F 30 - 39	1 AG	7	0:26:21.4	177	Marilyn Semple	Bourbonnais IL	8:30.1	M 20 - 29	2	1 AG	0:20:14.8	183	David E Zanton	Rantoul IL	6:31.9
F 30 - 39	2 AG	8	0:30:46.0	185	Kay Vinson	Manhattan IL	9:55.5	M 50 - 99	3	1 MST	0:20:57.0	175	Robert E Pool	Onarga IL	6:45.5
F 30 - 39	3	9	0:31:43.7	176	Michelle Keigher	Onarga IL	10:14.1	M 50 - 99	4	1 AG	0:21:16.0	180	John F Pool	Thawville IL	6:51.6
F 30 - 39	4	10	0:36:37.8	181	Courtnay Kondas	Frankfort IL	11:49.0	M 30 - 39	5	2 AG	0:24:05.9	173	Bill Gullquist	Clifton IL	7:46.4
F 30 - 39			D.N.F.	174	Deborah Renville	Bourbonnais IL		M 50 - 99	6	2 AG	0:26:15.7	182	Fred J Price	Onarga IL	8:28.3
M 1 - 19	1 AG	11	0:37:33.9	184	Luke Wiley	Bourbonnais IL	12:07.1	F 30 - 39	7	1 AG	0:26:21.4	177	Marilyn Semple	Bourbonnais IL	8:30.1
M 20 - 29	1 AG	2	0:20:14.8	183	David E Zanton	Rantoul IL	6:31.9	F 30 - 39	8	2 AG	0:30:46.0	185	Kay Vinson	Manhattan IL	9:55.5
M 30 - 39	1 AG	1	0:17:13.6	178	Patrick D Koerner	Bourbonnais IL	5:33.4	F 30 - 39	9	3	0:31:43.7	176	Michelle Keigher	Onarga IL	10:14.1
M 30 - 39	2 AG	5	0:24:05.9	173	Bill Gullquist	Clifton IL	7:46.4	F 30 - 39	10	4	0:36:37.8	181	Courtnay Kondas	Frankfort IL	11:49.0
M 50 - 99	1 MST	3	0:20:57.0	175	Robert E Pool	Onarga IL	6:45.5	M 1 - 19	11	1 AG	0:37:33.9	184	Luke Wiley	Bourbonnais IL	12:07.1
M 50 - 99	1 AG	4	0:21:16.0	180	John F Pool	Thawville IL	6:51.6	F 1 - 19	12	1 AG	0:39:49.0	179	Mandy White	Onarga IL	12:50.6
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