

Free No Frills 5K Run

10/19/2025

Race Results BY AGE GROUP/FINISH

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AgeGroup	GrpPlace	Ovrall	Time	Bib#	Name	City/ST	Pace/Ml
F 45 - 49	1	6	0:53:50.1	9	Sarah Hasik		17:22.0
F 70 - 74	1	7	0:53:50.2	10	Diane DesMarteau		17:22.0
M 35 - 39	1	1	0:21:44.5	1	Kyle Dockemeyer		7:00.8
M 50 - 54	1	3	0:24:11.3	6	Keith Smith		7:48.2
M 55 - 59	1	2	0:22:33.0	5	Wayne Bisailon		7:16.5
M 60 - 64	1	5	0:35:32.0	8	Daniel Hall		11:27.7
M 65 - 69	1	4	0:33:40.9	7	Daniel Gerber		10:51.9
M 70 - 74	1	8	0:54:26.5	11	Rich Olmstead		17:33.7

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Race Results BY OVERALL FINISH

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AgeGroup	Ovrall	GrpPlace	Time	Bib#	Name	City/ST	Pace/Ml
M 35 - 39	1	1	0:21:44.5	1	Kyle Dockemeyer		7:00.8
M 55 - 59	2	1	0:22:33.0	5	Wayne Bisailon		7:16.5
M 50 - 54	3	1	0:24:11.3	6	Keith Smith		7:48.2
M 65 - 69	4	1	0:33:40.9	7	Daniel Gerber		10:51.9
M 60 - 64	5	1	0:35:32.0	8	Daniel Hall		11:27.7
F 45 - 49	6	1	0:53:50.1	9	Sarah Hasik		17:22.0
F 70 - 74	7	1	0:53:50.2	10	Diane DesMarteau		17:22.0
M 70 - 74	8	1	0:54:26.5	11	Rich Olmstead		17:33.7