

Free No Frills 5K Run
Race Results BY AGE GROUP/FINISH

10/20/2024
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| AgeGroup | GrpPlace | Ovrall Time | Bib# | Name | City/ST | Pace/Ml |
|-----------|----------|--------------|------|------------------|---------|---------|
| F 30 - 34 | 1 | 7 0:34:28.8 | 13 | Jessica Wright | | 11:07.4 |
| F 40 - 44 | 1 | 11 0:47:42.7 | 24 | Tiffany Thompson | | 15:23.5 |
| F 50 - 54 | 1 | 12 0:47:43.0 | 25 | Valery Denby | | 15:23.5 |
| F 65 - 69 | 1 | 14 0:53:47.1 | 27 | Diane DesMarteau | | 17:21.0 |
| F 70 - 74 | 1 | 10 0:39:54.9 | 21 | Kathleen Jensen | | 12:52.5 |
| M 1 - 14 | 1 | 3 0:27:50.9 | 3 | Lucas Skrobot | | 8:59.0 |
| M 30 - 34 | 1 | 4 0:31:47.6 | 10 | Keith Wright Jr | | 10:15.4 |
| M 35 - 39 | 1 | 15 0:53:47.8 | 28 | Kyle Dockemeyer | | 17:21.2 |
| M 50 - 54 | 1 | 2 0:27:30.9 | 2 | Keith Gercius | | 8:52.5 |
| M 50 - 54 | 2 | 6 0:32:25.1 | 12 | Griffin Kisner | | 10:27.5 |
| M 60 - 64 | 1 | 5 0:32:07.1 | 11 | Daniel Hall | | 10:21.6 |
| M 65 - 69 | 1 | 8 0:34:36.0 | 14 | Craig Alberts | | 11:09.7 |
| M 65 - 69 | 2 | 9 0:37:56.2 | 15 | Daniel Gerber | | 12:14.3 |
| M 70 - 74 | 1 | 13 0:53:47.0 | 26 | Rich Olmstead | | 17:21.0 |
| M 75 - 99 | 1 | 1 0:26:21.7 | 1 | Gerald Kruse | | 8:30.2 |

Free No Frills 5K Run
Race Results BY OVERALL FINISH

10/20/2024
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| AgeGroup | Ovrall | GrpPlace | Time | Bib# | Name | City/ST | Pace/Ml |
|-----------|--------|----------|-----------|------|------------------|---------|---------|
| M 75 - 99 | 1 | 1 | 0:26:21.7 | 1 | Gerald Kruse | | 8:30.2 |
| M 50 - 54 | 2 | 1 | 0:27:30.9 | 2 | Keith Gercius | | 8:52.5 |
| M 1 - 14 | 3 | 1 | 0:27:50.9 | 3 | Lucas Skrobot | | 8:59.0 |
| M 30 - 34 | 4 | 1 | 0:31:47.6 | 10 | Keith Wright Jr | | 10:15.4 |
| M 60 - 64 | 5 | 1 | 0:32:07.1 | 11 | Daniel Hall | | 10:21.6 |
| M 50 - 54 | 6 | 2 | 0:32:25.1 | 12 | Griffin Kisner | | 10:27.5 |
| F 30 - 34 | 7 | 1 | 0:34:28.8 | 13 | Jessica Wright | | 11:07.4 |
| M 65 - 69 | 8 | 1 | 0:34:36.0 | 14 | Craig Alberts | | 11:09.7 |
| M 65 - 69 | 9 | 2 | 0:37:56.2 | 15 | Daniel Gerber | | 12:14.3 |
| F 70 - 74 | 10 | 1 | 0:39:54.9 | 21 | Kathleen Jensen | | 12:52.5 |
| F 40 - 44 | 11 | 1 | 0:47:42.7 | 24 | Tiffany Thompson | | 15:23.5 |
| F 50 - 54 | 12 | 1 | 0:47:43.0 | 25 | Valery Denby | | 15:23.5 |
| M 70 - 74 | 13 | 1 | 0:53:47.0 | 26 | Rich Olmstead | | 17:21.0 |
| F 65 - 69 | 14 | 1 | 0:53:47.1 | 27 | Diane DesMarteau | | 17:21.0 |
| M 35 - 39 | 15 | 1 | 0:53:47.8 | 28 | Kyle Dockemeyer | | 17:21.2 |